

BASIC PROGRAM INFORMATION

Program Review is about documenting the discussions and plans you have for improving student success in your program and sharing that information with the college community. It is also about linking your plans to decisions about resource allocations. With that in mind, please answer the following questions.

Program/Department Name:

Personal Trainer Certificate

Division Name:

Kinesiology and Athletics

Please list all team members who participated in this Program Review:

Name	Department	Position
Donald Mac Neil	Kinesiology and Athletics	Faculty

Number of Full Time Faculty:

1

Number of Part Time Faculty:

Please list all existing Classified positions: *Example: Administrative Assistant I*

SECTION 1: PROGRAM REFLECTION

1A. Program Update: Based on the program review [data](#), please tell us how your program did last year. We are particularly interested in your proudest moments or achievements related to student success and outcomes.

This program finest moment last year was being move on to the state and we expect to be an approved CTE by spring of 2016, so that we can offer this program fall of 2016. We believe that this program will help stabilize and then grow the Kinesiology courses that have shown a drop in enrolled students. This will also be a new CTE program for the department which will help provide the needed skills for students to enter the workforce.

1B. Program Improvement: What areas or activities are you working on this year to improve your program? Please respond to any feedback from the supervising administrator from last year's program review.

Once approved, we will be looking to partner with local high schools to offer this program so that these student may have a chance to earn college credit and have the skills necessary to enter the workforce. We will also be looking at marketing plans to grow this program. One area that we will attempt grow, is the face to face courses that are needed for this certificate, at present there are only three courses offered face to face two other are hybrid so there will be an effort to offer those three course's that are online to be given at least once a year face to face to capture those students who prefer face to face course's over online. The workforce committee is committed to this program and gave it start up amount \$ 500 perkins fund to this program.

1C. Measures of Success: What data or information will you use to measure your success (e.g. student success rates, changes in student or program learning outcomes)?

We will be looking at student success rates.

1D. EMP Goal: The 2015-2020 Educational Master Plan (EMP) includes the following goal:
"Create a culture of equity that promotes student success, particularly for underserved students."

Based on the program review [data](#), tell us some of the things your program will be doing this year to support this goal. You will be asked to report on any accomplishments on your next comprehensive program review.

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SECTION 2: PROGRAM OBJECTIVES & RESOURCE REQUESTS

2A. New Program Objectives: Please list any new objectives (do not list your resource requests).

Program Objective	Implementation Timeline	Progress Measures
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<i>Example: Offer 2 New Courses to Meet Demand</i>	<i>Winter 2016 Term</i>	<i>Course Enrollment</i>
offering face to face course's	Fall 2016	Course enrolment
offering face to face course's	Winter 2017	Course enrolment
offering face to face course's	Spring 2017	Course enrolment

2B. Resource Requests: Using the table below, summarize your program's unfunded resource requests. Refer to the Operations Planning Committee (OPC) [website](#) for current guiding principles, rubrics and resource allocation information.

Resource Request	\$	Program Objective (Section 2A)	Type of Resource Request			
			Full-Time Faculty/Staff Position	One-Time B-Budget Augmentation	Ongoing B-Budget Augmentation	Facilities and Equipment
Mask v2 with headgear & turbine adapter RMR flowmeter 18mm adult med 2@ \$169 ea.	338	offer new course				x

Mask v2 with headgear & turbine adapter vo2 max small 2 @\$169 ea	338	offer new course	x
Mask v2 with headgear & turbine adapter RMR flowmeter 18mm adult small 2@ \$169 ea.	338	new course offering	x
Mask v2 with headgear & turbine adapter vo2 max med 2 @\$169 ea	338	new course offering	x

Cleaning solution and test strips	140		x
Blood pressure monitors 10 @ \$70.00 ea	700	New course offering	x
Fan	200	new course offering	x
Service contract	1300	new course offering	x
Electrical impedance 10@ 65 ea	650	new course offering	x
Bod pod	52,00	new course offering	x

2C. Unbudgeted Reassigned Time: Please list and provide rationale for requested reassign time.

SECTION 3: LEARNING OUTCOMES ASSESSMENT SUMMARY

3A. Attach 2015-2016 Course-Level Outcomes: Four Column Report for CL-SLO Assessment from TracDat. Please contact the Office of Instruction to assist you with this step if needed.

3B. Attach 2015-2016 Program-Level Outcomes: Four Column Report for PL-SLO Assessment from TracDat. Please contact the Office of Instruction to assist you with this step if needed.

SECTION 4: FEEDBACK AND FOLLOW-UP

This section is for the Dean/Supervising Administrator to provide feedback.

4A. Strengths and successes of the program as evidenced by the data and analysis:

This program is rather hard to assess as the first course was taught in fall 2016. I feel that the Personal Trainer program is paving the way for the whole KINS/ATHL division to rethink its mission and look at exactly what our students need in terms of GE classes, degrees, and career pathways.

We were able to get \$16 k in funding over the summer to buy the basic equipment needed to get the program off the ground and the (Personal Trainer) PT program is now receiving both Perkins and Strong Workforce money. Don Mac Neil should be applauded for getting this program started and also developing relationships with local businesses to place our students in internships. The PT program does have an advisory board.

The goal this year is to establish a track record, use the Strong Workforce and Perkins dollars to upgrade our equipment and facilities and get the first 12-15 students through the initial sequence of classes and into local internships.

4B. Areas of concern, if any:

Enrollment is always a concern in the KINS/ATHL division and the first two classes had 12 and 17 students in them. Our goal is to keep enrollment above 20, but we will have to let lower-enrolled classes run to establish the courses in the schedule. As noted in all the KINS/ATHL program reviews, our facilities are in desperate need of updating and the PT program really needs a dedicated space to be used as a classroom and diagnostic room for the students to practice their clinical skills (fitness assessments, etc.).

4C. Recommendations for improvement:

At this point, we are just starting the program, so any recommendations are really the initial goals we set for the PT program last spring. We need more equipment, better facilities, and a strong marketing effort to advertise the PT program locally. Having said that, the PT program started in record time and has already served 29 students in two classes.

4D. Recommended Next Steps:

- Proceed as Planned on Program Review Schedule
- Further Review / Out-of-Cycle In-Depth Review

Upon completion of Section 4, the Program Review document should be returned to department faculty/staff for review, then submitted to the Office of Instruction and Institutional Research for public posting. Please refer to the Program Review timeline.

Unit Assessment Report - Four Column
 Foothill College
 Program (KA-PHYS) Personal Trainer Certificate

PL-SLOs	Means of Assessment & Target / Tasks	Assessment Findings/Reflections	Action Plan & Follow-Up
<p>Program (KA-PHYS) Personal Trainer Certificate - 1 - Skills - Upon completion of the Personal Trainer Certificate, students will demonstrate an entry-level of knowledge and skill in a variety of personal training disciplines, including athletic training, physical therapy, strength and conditioning and emergency medical care.</p> <p>Year PL-SLO implemented: End of Quarter</p> <p>SLO Status: Active</p>	<p>Assessment Method: Students will be able to demonstrate an entry level of knowledge and skills needed to be a personal trainer</p> <p>Assessment Method Type: Presentation/Performance</p> <p>Target: 70% of the students will be able to demonstrate the needed skills.</p>		
<p>Program (KA-PHYS) Personal Trainer Certificate - 2 - National Level - Upon completion of the Personal Trainer Certificate, students will provide quality training as recognized by national professional organizations.</p> <p>Year PL-SLO implemented: End of Quarter</p> <p>SLO Status: Active</p>			