

Basic Program Information		
Name	Department	Position
Please list all Program Review team members who participated in this Program Review:		
Naomi Kitajima	Health Services	Director

Department Name:

Health Services, Foothill College

Division Name:

Student Activities

Program Mission(s):

The mission of Health Services & Psychological Services is to strengthen student learning, retention and success. This is facilitated by supporting the physical, emotional, and social well-being of students through accessible, high-quality, health activities and services. Our primary goal is to assist students in establishing healthy lifestyles which will have long-term benefits for them, their families and the community.

Total number of Full Time Faculty:	1
Total number of Part Time Faculty:	0

Please list all existing Classified positions: 0

Section 1: Data and Trend Analysis

Provide a short narrative analysis of the following indicators. Please attach supporting studies or data to the final program review that is submitted to your Dean/Director.

Patient Visits-Students (Excludes Health Fairs, Lectures, Tabling)

Dimension	2011-2012	2012-2013	2013-2014
Students Served (Appointments)	5014	4,819	2,286
Full-time FTEF	1	1	1
Part-time TEA/Consultant			
Smoke Cessation	.4	0	.0
Nutritionist	0	0	.0
Full-time Staff (Planned Parenthood)	1.5	1.5	1.5
Planned Parenthood			
Part-time Medical Assist/HSS	0.8	0.8	0.8
Part-time MD	0.2	0	0
Part-time NP/PA	0.4	.4	0.4
FH Students	2	2	3

Demographics analysis: (example: Is the ethnic breakdown of students you serve proportional to the general college ethnic distribution?) If not, please include possible explanations for the disparity.

	2013-14 Foothill College (28,241)	2013-14 FH Health Services (1,784 Clinical appointments)
Filipino	3.4%	
Amer Ind/Nat	.22%	
Asian	23.94%	
Black	3.5%	
Hispanic	21.44%	
Pac Isl/Haw	0.67%	
Multi-Ethnicity	4.77%	
White Non-Hispanic	35.49%	
Unknown	6.52%	

Health Services staff reflects the diversity of the population served:

- 1 Vietnamese/Chinese
- 1 Taiwanese
- 1 White
- 1 Japanese
- Students/Volunteer (1 Hispanic, 1 White, 1 Jewish)

Health Services staff educational level:

- 2 Master's
- 3 Bachelor's
- Volunteers
 - 1 Bachelor's Nutrition Specialist
 - 1 Master's, RN
 - 1 student

- b. Please describe services offered off campus and how the effectiveness of these services is assessed.

- a. Middlefield Campus
- i. Over the Counter Medications \$2,500/yr
 - ii. Flu vax 2 evenings in Fall qtr—200 vax.

Data for this area is based on services offered at the following locations:

1. ☒ Middlefield

1. **Staffing structure:** Does the staffing structure meet the program or department's needs? **No**

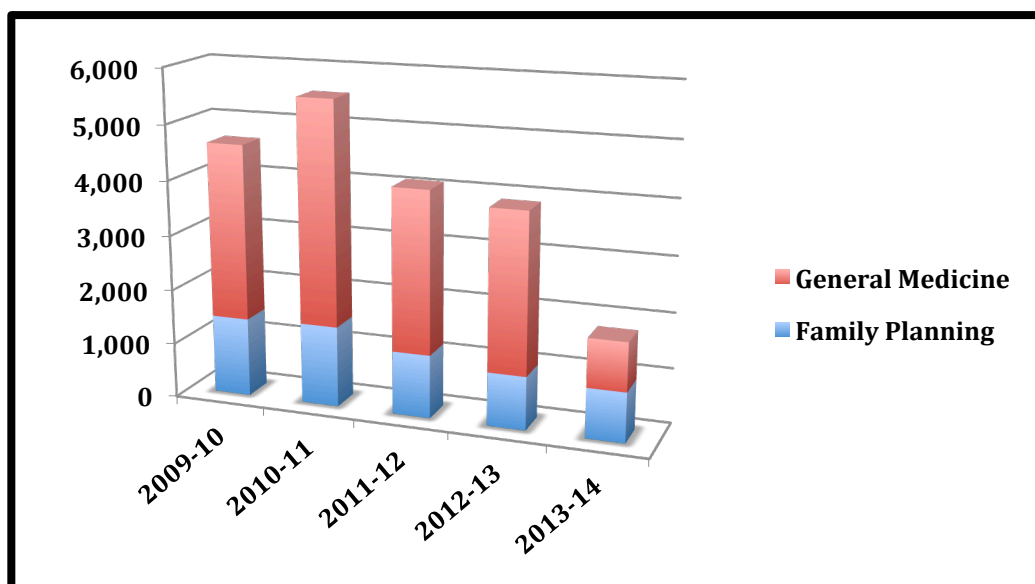
b. Department Level Data

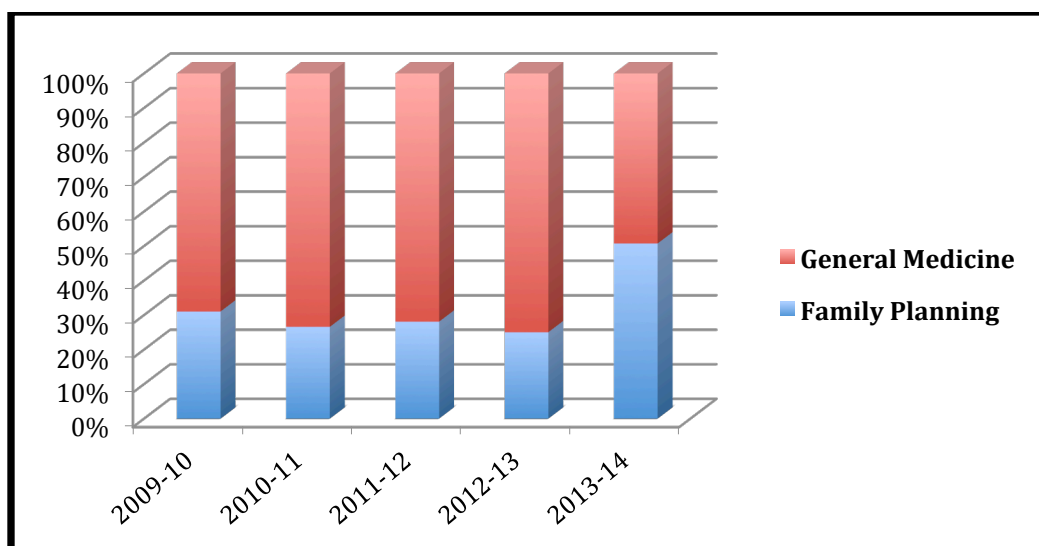
Using the prompts and the data from the tables above, provide a short, concise narrative analysis for each of the following indicators. If additional data is cited (beyond program review data sheet), please indicate your data source(s).

c. **Enrollment trends:** Over the last three years, is the enrollment in your program holding steady, or is there a noticeable increase or decline? Please comment on the data and analyze the trends.

Foothill College Health Services - Patient Visits					
	2009-10	2010-11	2011-12	2012-13	2013-14
Family Planning	1,435	1,471	1,148	969	905
Family Planning %	31%	27%	28%	25%	51%
General Medicine	3,189	4,064	2,940	2,902	879
General Medicine %	69%	73%	72%	75%	49%
TOTAL VISITS	4,624	5,535	4,088	3,871	1,784
Annual Enrollment	34,513	30,029	27,341	27,521	28,241

This data was obtained via the following sources: **NexGen Electronic Records**





- d. **Student Demographics:** Please comment on the enrollment data, comparing the program-level data with the college-level data. Discuss any noticeable differences in areas such as ethnicity, gender, age and highest degree.

Section 2: Institutional Standards

As part of an accreditation requirement, the college has established institutional standards across specific indicators that are annual targets to be met and exceeded.

Please comment on how the services offered by your program support / contribute to attainment of the institutional standards.

1. Transfer—Providing Entry and transfer physicals, immunizations to meet program standards.
2. Life-long learning—Teaching skills in self-care, prevention, life-long health skills and providing reproductive choices.
3. Public Health Infectious disease control (flu vax, Pertussis vaccine screening, immunizations, pandemic surveillance)
4. Safety/Disaster (Emergency response in clinic, AED, District committees)
5. Success--Retention of students on campus by providing a safe environment and preventative services/screenings (Lipid, diabetes, HIV/AIDS, hypertension, Breast Cancer, Smoke Cessation, Rape Prevention, Drug and Alcohol education, Suicide Prevention).

Section 3: Core Mission Support and Student Equity

The College's Core Missions are reflected below. Please respond to each mission using the prompts below.

a. Basic Skills

How does your service area support the basic skills needs students or programs? Please discuss current outcomes or initiatives related to this core mission and how those initiatives contribute to student equity and success in this core mission area.

1. Life-long learning—Teaching skills in self-care, prevention, life-long health skills and providing reproductive choices.
2. Primary Care, Reproductive visits with ability for the student to receive confidential, free services through the State Office of Family Planning (Independent of their parents insurance).

b. Transfer

How does your service area support the transfer needs of students or programs? Please discuss current outcomes or initiatives related to this core mission and how those initiatives contribute to student equity and success in this core mission area.

Transfer—Providing Entry and transfer physicals, immunizations to meet program standards or transfer to other universities/colleges/programs.

c. Workforce

How does your service area support the workforce needs of students or CTE programs? Please discuss current outcomes or initiatives related to this core mission and how those initiatives contribute to student equity and success in this core mission area.

- 1) Success--Retention of students on campus by providing a safe environment and preventative services/screenings (Lipid, diabetes, HIV/AIDS, hypertension, Breast Cancer, Smoke Cessation, Rape Prevention, Drug and Alcohol education, Suicide Prevention.
- 2) Transfer—Providing Entry and transfer physicals, immunizations

Section 4: Learning Outcomes Assessment Summary

a. **Attach 2013-2014 Program Level SA- SLO** – Four Column Report for PL-SLO Assessment from TracDat, please contact the Office of Instruction to assist you with this step if needed.

See attached

Section 5: SLO Assessment and Reflection

Based on your assessment data and reflections, please respond to the following prompts.

a. How do the objectives and outcomes in your service area relate to the program-level student learning outcomes and to the college mission?

	<p>* FH Health Services:</p> <ul style="list-style-type: none"> * Facilitates transfer and entry of students to programs and colleges. * Provides Reproductive health (birth control, PAPs, STI, Emergency contraception, HIV and pregnancy testing) * Provides Public Health Infectious disease surveillance * Provides Safety/Disaster District guidelines and surveillance. * Provides public health screenings and Preventative Services Screenings: (Lipid, Diabetes, HIV/AIDS, hypertension, diabetes), Campaigns/Education: Breast CA, Nutrition, Smoke Cessation, Suicide Prevention. Campaigns/Education: <p>Compliance with Federal/State/Title V/District Board Policy—Programs such as Violence/Rape</p>	<ul style="list-style-type: none"> * Students are encouraged to enroll in the Affordable Care Act * Collaborates with Planned Parenthood. Links campus with community. * Collaborates with Santa Clara County Public Health Dept. Links campus with community. * Collaborates with ACHA (Amer College Health Assoc), HSACCC (State Health Services Assoc) , CCC Chancellor's Office & Santa Clara County Services. * Follows Public health guidelines State & Fed

- b. If your service area has other outcomes or assessments at the program level, comment on the findings.

c. How has your service area engaged in dialogue about student learning outcomes?

Collaboration with De Anza Health Services for District-wide surveys and policy changes.

d. Analyzing your most recent annual program review, discuss any emerging trends related to SLO reflections and any action taken.

Decline in student census and advent of Covered California/Affordable Care Act have influenced the Health Services decline in census.

e. What summative findings can be gathered from the Program Level Assessments?

Health Services supports the retention of students on campus with supportive, self-help Services.

b. How has your department engaged in dialogue about student learning outcomes?

- * Monthly staff meetings
- * Inservices this year for the entire staff:
 - 1) Tobacco/Smoke Cessation Certification
 - 2) Santa Clara County, TB Guidelines training
 - 3) Medi-Cal Administrative Activities
 - 4) Epi-Pen Certification
 - 5) Long Acting Reversible Contraception
 - 6) Disaster/Safety Training
- * Educational outreach events
- * Participation in Heritage Months
- * Behavioral Evaluation Strategies Team (BEST)

Section 6: Service/Program Goals and Rationale

Program goals address broad issues and concerns that incorporate some sort of measurable action and connect to Foothill's core missions, [Educational & Strategic Master Plan \(ESMP\)](#), the division plan, and SLOs. Goals are not resource requests.

List Previous Program Goals from the last academic year: check the appropriate status box & provide an explanation in the comment box

Goal/Outcome (This is NOT a resource request)	Completed? (Y/N)	In Progress? (Y/N)	Comment on Status
1. SAO #1	No	Yes	100% Smoke-free campus
2. SAO #2	No	Yes	Stabilizing Staff Jan 2015 will have a complete staff
SAO #3	Yes	Yes	Continue Public Health vigilance and immunizations
SAO #4	No	Yes	Stabilizing Staff Jan 2015 will have a complete staff

New Goals: Goals can be multi-year (in Section 6 you will detail resources needed)

Goal/Outcome (This is NOT a resource request)	Timeline (long/short-term)	How will this goal improve student success or respond to other key college initiatives?	How will progress toward this goal be measured?
1. SAO #1	2011 District-wide Smoking survey 2011 Passed AB795 2012 District-wide Smoking survey 2012 Instituted AB795 2013 (Spring)ACHA-NCHA Survey 2013 FH/DA Smoking Survey 2013 HSACCC/Student Services CCC support of CCC 100% Smoke free campuses 2015 ACHA-NCHA Survey 2015 FH/DA Smoking Survey	* Educating on preventative health self-care. *Providing a healthy smoke free environment.	Access and implement a District-wide policy change for a 100% Smoke-free campuses.
SAO #2	2015-16	*Education and Outreach	ACHA/NCHA Survey to measure awareness. Spring 2016

SAO #3	Continuing/On-going	Provide preventative immunizations, screenings for students; thus providing a “herd” protection of the Foothill Community.	
SAO #4	Continuing/On-going	*Education/Outreach	

Section 7: Service/Program Resources and Support

Using the tables below, summarize your program's unfunded resource requests. Refer to the Operations Planning Committee website: <http://foothill.edu/president/operations.php> for current guiding principles, rubrics and resource allocation information.

Full Time Faculty and/or Staff Positions

Position	\$ Amount	Related Goal from Table in section 5 and how this resource request supports this goal.	Was position previously approved in last 3 years? (y/n)
Nurse Practitioner FTE	\$97,000/yr with benefits	MAA, International Students and Academic Counselors	No
Registered Dietician	\$20,000 without benefits	MAA, International Students and Academic Counselors	No

Unbudgeted Reassigned Time (calculate by % reassign time x salary/benefits of FT)

Has the program received college funding for reassign time in the last three years? (y/n) NO	If yes, indicate percent of time.
Has the program used division or department B-budget to fund reassign time? (y/n) NO	0%

Indicate duties covered by requested reassign time:

Responsibility	Estimated \$	Related Goal from Table in section 5 and how this resource request supports this goal.	Est hours per month	% Time

One-Time B Budget Augmentation

Description	\$ Amount	Related Goal from Table in section 5 and how this resource request supports this goal.	Previously funded in last 3 years? (y/n)
0			

Ongoing B Budget Augmentation

Description	\$ Amount	Related Goal from Table in section 5 and how this resource request supports this goal.	Previously funded in last 3 years? (y/n)

Facilities and Equipment

Facilities/Equipment Description	\$ Amount	Related Goal from Table in section 5 and how this resource request supports this goal.	Previously funded in last 3 years? (y/n)
Complete construction and installation of disability accessible door for Psychological Services	\$12,000	*Compliance with National Ambulatory Care Accreditation standards. *Provide better access to services. *Provide efficient usage to the Health Services and Psychological Services	No
Massage Chairs (1) Middlefield Campus and (2) Foothill College	\$18,000	Stress reduction	No
* Automated Blood Pressure Monitor/Health Station	\$6,000	Wellness resource for students to measure their BP	No
* Electronic Medical Records Computers and Stands for 4 stations.	\$12,000	* EMR for charting is pending for Foothill.	No
* Laptop/carrying case for Health Educator/HSS lectures	\$2,500	* On campus lectures	No
* TV screen with looped DVD	\$2,000	* Outreach/awareness	No

- a. Please review the goals and resource requests that were granted over the last three years and provide evidence that the resource allocations supported your goals and led to student success.

None of the requested resources were granted over the 3 yrs.
The Disability door for Psychological Services is pending installation.

Section 11: Service/Program Review Summary

Address the concerns or recommendations that were made in prior program review cycles, including any feedback from Dean/VP, Program Review Committee, etc.

Recommendation	Comments
<ul style="list-style-type: none"> 1. Explore grants through Santa Clara County, the CCC Chancellor's office, Breathe California, SAMSHA. 	<p>Major CCC grants were not applied for. All CCC colleges who applied for the grants received \$29,000 to \$125,000/ 3 years. The next round of CCC grants will be released in Jan 2015.</p>
* Inadequate staffing	<p>*Academic Counseling diverts approximately \$90,000/yr. Needed staffing includes:</p> <ul style="list-style-type: none"> * Psych Services Psychiatrist consultant * NP * Nutritionist

a. After reviewing the data, what would you like to highlight about your service area?

The Health Services is highly productive, fiscally sound & research based. The professional, diverse staff provides on-site emergency care, triage, first-line primary care, reproductive health, primary care, preventative education/screening, immunizations and physicals for transferring & entry students. The Health Services monitors safety and public health standards for the college and maintains critical communication with the CCCs, California State and Federal agencies concerning health issues.

Section 12: Feedback and Follow Up

This section is for the Dean/Director to provide feedback.

a. Strengths and successes of the program as evidenced by the data and analysis:

Strengths	<ul style="list-style-type: none"> * FH Health Services: <ul style="list-style-type: none"> * Facilitates transfer and entry of students to programs and colleges. * Provides Reproductive health (birth control, PAPs, STI, Emergency contraception, HIV and pregnancy testing) * Provides Public Health Infectious disease surveillance * Provides Safety/Disaster District guidelines and surveillance. * Compliance with Federal/State/Title V/District Board Policy—Programs such as Violence/Rape * Provides public health screenings and Preventative Services Screenings: (Lipid, Diabetes, HIV/AIDS, hypertension, diabetes), Campaigns/Education: Breast CA, Nutrition, Smoke Cessation, Suicide Prevention. <li style="padding-left: 100px;">Campaigns/Education: Compliance with Federal/State/Title V/District Board Policy—Programs such as Violence/Rape 	
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b. Areas of concern, if any:

- Collaboration and communication with students and campus community by instituting a Medical Advisory Committee and continuing on campus/district committees that enhance the learning environment on campus and adds to the success of students academically.
- Remove Academic Counselors from the Health Services account in compliance with Title V Reg 54702.
- Collaborate to implement a Drug Free School's Act activities and Biennial Review.
- Survey 2016: ACHA/NCHA and District-wide 100% Smoke-Free Campuses.

c. Recommendations for improvement:

- Medical Advisory Committee
- Budget Deficit
- Drug Free School's Act and Biennial Review
- 100% Smoke Free FH/DA District

This section is for the Vice President, Student Services to provide feedback.

d. Strengths and successes of the program as evidenced by the data and analysis:

Health services does a good job serving the needs of Foothill students.

e. Areas of concern, if any:

None

f. Recommendations for improvement:

None

a. Recommended next steps:

- ☒ Proceed as planned on program review schedule
☐ Further review/Out of cycle in-depth review

Upon completion of section 12 by the Vice President, the Program Review should be returned to the service area for review, then submitted to the Office of Instruction and Institutional Research for public posting. See timeline on Program Review Cover Sheet.



*Denise Swett, EdD
Vice President, Student Services*

Foothill College
SA - Health Services

Primary Core Mission:	Transfer
Secondary Core Mission:	Basic Skills

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Service Area SLOs (SA-SLOs)	Means of Assessment & Target / Tasks	Assessment Findings/Reflections	Action & Follow-Up
	<p>lots)</p> <ul style="list-style-type: none"> * UCs are 100% smoke free * CSUs are slated to be 100% smoke free by Jan 2015 * K-12 have a pending AB320 to eliminate smoking on campuses. * Foothill College smoke cessation program includes one-to-one counseling, nicotine replacement products, Great American smoke out and Campus Police enforcement of the no smoking policy District-wide. <p>Assessment Method Type: Survey</p> <p>Target: Increase student awareness of smoking cessation services and to advance Smoking Policy to 100% Smoke Free FH/DA campuses.</p>	<p>Resource Request: Funds for smoke cessation services, supplies, smoke cessation counselor, signage and maps</p> <p>GE/IL-SLO Reflection: 1/11/12</p> <ul style="list-style-type: none"> a) Improve signage on campus, ground signage b) Explore grants with Santa Clara County, Calif Youth Advocacy Network & Breathe California c) Continue Student Health 101 on-line newsletter to all students/staff 2011-12. d) Tabling a health/campus fairs; Great American Smoke Out, environmental fair, volunteer fair, Transfer/Career Fair, Welcome Week e) Continue Smoke Cessation Program (Fee one-to-one counseling, free nicotine gum/patches) f) Sponsor speakers on smoking addiction g) Host every 2 yrs Smoke Cessation counselor workshops for HSACCC and CYAN. h) Continue Distric-wide Non-Smoking Policy Committee. i) Work with District Wellness Committee and advocate for inclusion of smoke cessation for employees. j) Marketing with LCD in Dining Loung, large banners, T-shirt campaign, website, Fusion and Student Health 101. k) Continue grant with Breathe California for free Nicotine replacement supplies. l) Explore grant for staffing, supplies and signage with Breathe California. m) Post current policy in Fusion, website, Student Handbook and the FH catalogue. n) Apply for grants when available. o) Continue to monitor citations. 	<p>Committee</p> <ul style="list-style-type: none"> d) 3/15/12 District Board Policy 3217 and Administrative Procedures enacted e) 3 grants funded at Foothill College from Santa Clara County Breathe California <ul style="list-style-type: none"> * \$3,500 for signage and education * \$5,000 for Smoke Cessation Counselor salary and signage and education * \$3,000 for Nicotine Gum and Patches <hr/>

Service Area SLOs (SA-SLOs)	Means of Assessment & Target / Tasks	Assessment Findings/Reflections	Action & Follow-Up
		<p>10/13/2011 - Smoking habits extracted from the ACHA-NCHA survey and the FHDA District smoking survey:</p> <p>1) What were the most important findings from your data? #I FHDA 2011 survey revealed: 87% are aware of the current smoking policy 58% want a 100% smoke free campus 32% were aware of the Smoke Cessation Program 36% encounter second hand smoke regularly on campus 79% are affected by secondhand smoke on the campus 58% believe that a smoke free environment would improve their learning/working environment 76% feel the current policy is not enforced 65% state that needs better signage 58% would like the campus to be 100% smoke free (including parking lots) 3% smoke daily 1% have used e-cigarettes 3% have used tobacco from a water pipe 30% encountered 2nd hand smoke on campus</p> <p>Result: Target Met Year This Assessment Occurred: 2010-2011 Resource Request: Necessite: Increased signage on the campus Increased butt receptacles Increased personnel to monitor and enforce the current District Smoking Policy</p>	<p>10/13/2011 - a) Improved signage on campus, floor signage b) Explore grants with Santa Clara County c) Explore smoke free workplace options with District/campuses with Administration/District d) Continue class presentations and campus orientation e) Continue Student Health 101 Newsletter to all students/staff 2010-11. f) Tabling at Health/ campus fairs: Great American Smoke Out, Environmental fair, Volunteer fair, Club Day, Transfer/Career Fair, Welcome Week g) Continue Smoke Cessation Program (Free one-to-one counseling, free nicotine gum/patches) h) Sponsor speakers on smoking addiction i) Host every 2 yrs Smoke Cessation counselor workshops for HSACCC and CYAN j) Continue District-wide Non-Smoking Policy Committee k) Work with District Wellness Committee and advocate for inclusion of smoke cessation for employees. l) Marketing with LCD in Dining Lounge, large banners, T-shirt campaign, web site, Fusion and Student Health 101 Newsletter Student handbook, FH catalogue. m) Apply for grants when available. n) Continue to monitor citations.</p>

Service Area SLOs (SA-SLOs)	Means of Assessment & Target / Tasks	Assessment Findings/Reflections	Action & Follow-Up
	Assessment Method: The NexGen electronic medical system will be able to collect data on appointments and services utilized for the Smoke Cessation visits. Assessment Method Type: Data Target: Maintain access to smoke cessation services for students.	10/01/2012 - 2011-12 368 Visits (NexGen EMR) Result: Target Met Year This Assessment Occurred: 2012-2013 Resource Request: 1) Signage for announcing AB795 and Smoke Cessation Counselor (half-time), Tables/signage for designated smoking areas on campus, Smoke Cessation Supplies (Nicotine gum and patches) GE/IL-SLO Reflection: 1) Instituting AB 795 for smoking infractions on campus (\$25, \$50, \$75), may deter smoking outside of designated areas 2) Target the expanding programs of International Students, Veterans, Middle College, Foster Care students.	
	Assessment Method: Biennial FHDA Smoking Survey Fall. (Next Survey 2013) Assessment Method Type: Survey	10/10/2012 - Increase in smoke cessation visits/year 2009-10 162 visits 2011-12 368 visits 2013-14 64 visits Result: Target Met Year This Assessment Occurred: 2013-2014 Resource Request: Funds for smoke cessation services, supplies, smoke cessation counselor, signage and maps GE/IL-SLO Reflection: 1) Maintain AB795 with ability to access fines (\$25, \$50, \$75) at FHDA 2) Continue District wide Smoking Policy Committee 3) Continue Smoke Cessation Program on	

Service Area SLOs (SA-SLOs)	Means of Assessment & Target / Tasks	Assessment Findings/Reflections	Action & Follow-Up
		<p>Campus (One-to-one counseling, free Nicotine gum and patches. 4) Next FHDA Smoking Policy Survey, Fall 2015 5) Explore District Policy change to 100% Smoke Free District. 5) Explore grants with Santa Clara County, Calif Youth Advocacy Network & Breathe California</p>	
		<p>09/21/2012 - New survey data for FHDA Annual Fall 2011 Result: Target Met Year This Assessment Occurred: 2011-2012 Resource Request: Funds for smoke cessation services, supplies, smoke cessation counselor, signage and maps GE/IL-SLO Reflection: 1) Institute AB795 with ability to access fines (\$25, \$50, \$75) at FHDA 2) Continue District wide Smoking Policy Committee 3) Continue Smoke Cessation Program on Campus (One-to-one counseling, free Nicotine gum and patches. 4) Next FHDA Smoking Policy Survey, Fall 2013 5) Explore grants with Santa Clara County, Calif Youth Advocacy Network & Breathe California</p>	<p>09/21/2012 - 1) Institute AB795 with ability to access fines (\$25, \$50, \$75) at FHDA 2) Continue District wide Smoking Policy Committee 3) Continue Smoke Cessation Program on Campus (One-to-one counseling, free Nicotine gum and patches. 4) Next FHDA Smoking Policy Survey, Fall 2013 5) Explore grants with Santa Clara County, Calif Youth Advocacy Network & Breathe California</p>
	<p>Assessment Method: Survey including smoking policy and enforcement Assessment Method Type: Survey</p>		

SA - Health Services - 4 - Planned
Parenthood - Students will increase their

Service Area SLOs (SA-SLOs)	Means of Assessment & Target / Tasks	Assessment Findings/Reflections	Action & Follow-Up
awareness/census of Planned Parenthood/Mar Monte Services at Foothill College Health Services. Start Date: 01/13/2014 End Date: 01/12/2015 SA-SLO Status: Active	Assessment Method: 1) Continue campus outreach efforts at the Foothill campus (tabling and orientation to college classes). 2) Record the number and categories of reproductive services offered at Planned Parenthood and Health Services through the NexGen electronic medical system. Assessment Method Type: Data Target: Increase student awareness of what services are offered.	12/08/2014 - Due to the decreased student enrollment, the appointment census decreased and the initiation of Covered California. Result: Target Not Met Year This Assessment Occurred: 2013-2014 GE/IL-SLO Reflection: As of Fall 2014, Foothill/Planned Parenthood now bills for Medi-Cal, Covered California, Blue Cross/Shield and Covered California. This is now in addition to FamPact, State Office of Family Planning for "sensitive services" (confidential from parents insurance).	
		12/08/2014 - Planned Parenthood appointments have decreased due to the decline in student enrollment and initiation of the Affordable Care Act. Result: Target Not Met Year This Assessment Occurred: 2013-2014 GE/IL-SLO Reflection: As of Fall 2014, Foothill Planned Parenthood is now able to bill the Medi-Cal, Blue Cross/Shield PPO and Covered California, as well as FamPact and State Office of Family Planning for students requesting "sensitive services" (to allow confidentiality from parents insurance).	
		01/13/2014 - Health Services statistics revealed: Family Planning Visits and General Medicine visits (without Flu immunizations) 2007-08= 1,348 2008-09= 1,170 2009-10= 1,435 2010-11= 1,471 2011-12= 1,148	01/13/2014 - a) Continue class presentations and orientations b) Re-establish Student Health 101 On-line Newsletter to all students/staff 2009-11, Suspended 2011-12, re-established Jan 2014. c) Tabling at Health/ campus fairs:

Service Area SLOs (SA-SLOs)	Means of Assessment & Target / Tasks	Assessment Findings/Reflections	Action & Follow-Up
		2012-13= 969 2013-14= 905 General Medicine Visits 2007-08= 1,346 2008-09= 2,348 2009-10= 2,600 2010-11= 3,189 2011-12= 1,562 2012-13= 3,865 2013-14= 1,512 Result: Target Met Year This Assessment Occurred: 2013-2014 Resource Request: Full time Nurse Practitioner, 3 computers and portable stands, ADA door for Psych Services GE/IL-SLO Reflection: Visits indicate continued awareness of Planned Parenthood services on the Foothill campus and reflect decrease student enrollment	Great American Smoke Out, Environmental fair, Volunteer fair, Club Day, Transfer/Career Fair, Welcome Week d) Continue Health Screenings (HIV testing, Chlamydia) and Health Fairs (Hepatitis B vaccines, Tetanus/diphtheria/Pertussis, Lipid Screening, Optometry, Skin Cancer, HPV vaccines) e) Sponsor speakers on health and psychological issues f) Establish Health Services Advisory Board g) Work with District Wellness Committee and advocate for employee health maintenance programs <hr/> 01/13/2014 - Action steps for increase in census: a) Institute electronic medical records. b) Reestablish Nurse Practitioner back up staffing at Foothill Health Services.
SA - Health Services - 3 - Pandemic Prevention Program - Students will receive information and influenza vaccines for the Pandemic Education and Prevention Program. Start Date: 01/13/2014 End Date: 01/12/2015	Assessment Method: 1) Continue class orientations, tabling, campus outreach efforts at the Foothill campus. 2) Record the number of Seasonal vaccines given by the Health Services. 3) Record the number of hits on the website for the PEP Talk (Pandemic Education and Prevention) video co-	12/09/2014 - Continue free flu fax through Santa Clara County Immunizations Result: Target Met Year This Assessment Occurred: 2013-2014 GE/IL-SLO Reflection: Compliant with Santa Clara Public Health Dept.	

Service Area SLOs (SA-SLOs)	Means of Assessment & Target / Tasks	Assessment Findings/Reflections	Action & Follow-Up
SA-SLO Status: Active	produced by Foothill Health Services and Toucan Ed for the California Community College State Chancellor's Office and the student produced youtube 'Get Healthie'. Assessment Method Type: Data Target: Increase students self awareness of preventative measures and personal responsibility.	GE/IL-SLO Reflection: Compliant with Santa Clara Public Health Dept.	
		12/09/2014 - * Continue Public Health vigilance on pandemic status for Santa Clara County Result: Target Met Year This Assessment Occurred: 2013-2014	
		01/13/2014 - 1) Pandemic information presented as follows: Counseling 50 classes Tabling at welcome weeks, Wednesday college hours 2) Fall 2011 Pandemic Youtube for Calif Community Colleges--16,098 hits Flu vaccinations at Foothill College --850 Flu vax 3) Fall 2012 Flu vaccinations (FH)--954 Flu vax Prevalent influenza in the United States is H3N2 (contained this seasons flu fax) 4) Fall 2013 Flu vaccinations (FH)--774 5) Fall 2014--1,000 flu vax ordered (pending final count at end of flu season) Result: Target Met Year This Assessment Occurred: 2013-2014 Resource Request: Flu vaccines and supplies, posters and PR materials GE/IL-SLO Reflection: Maintain Santa Clara County Public Health guidelines	
		10/13/2011 - What were the most important findings from your data? * 914 Seasonal Flu vaccines (2011)	03/19/2012 - Steps to be taken to continue action: a) This year, the influenza vaccine

Service Area SLOs (SA-SLOs)	Means of Assessment & Target / Tasks	Assessment Findings/Reflections	Action & Follow-Up
		<p>15,006 hits 2011: Youtube Pandemic Education Prevention-- http://www.youtube.com/watch?v=vl0f1bzlhcg 1/11) Result: Target Met Year This Assessment Occurred: 2010-2011 Resource Request: Increase need for adequate vaccines, personnel to administer vaccines, educational materials, handsanitizers and clinical supplies. Need full-time Nurse Practitioner. With the State budget crisis and the loss of access to free vaccines and supplies</p>	<p>matched the pandemic in Santa Clara County. b) Continue influenza vaccine to minimize absenteeism of students/employees related to pandemic influenza.</p> <hr/> <p>10/13/2011 - The Center for Disease Control predicts several years of health care vigilance is necessary concerning the H1N1/Seasonal flu affecting our high risk college population. Therefore, concerted preventive education and vaccination campaigns will be the focus of college health for several years. 2) Increased expenditures for vaccines and educational materials will be needed.</p> <hr/>
<p>SA - Health Services - 2 - Awareness - Students will increase their utilization/census of Foothill College Health Services. Start Date: 01/13/2014 End Date: 01/12/2015 SA-SLO Status: Active</p>	<p>Assessment Method: Assessment strategy for SAO assessing this year 1) American College Health Survey (ACHA) National College Health Assessment (NCHA) Survey administered Spring 2010 (1,102 FH respondents) and (123,078 students nationally) NCHA Survey Spring 2013 (1,015 respondents) 2) FHDA Smoking Survey-Fall 2010 with 7,441 student (including 49 employees) 3) The NexGen electronic medical system will be able to collect data on appointments and services utilized for</p>	<p>12/09/2014 - Stable and complete staffing will access more students. Result: Target Met Year This Assessment Occurred: 2013-2014 Resource Request: Staffing: Nurse Practitioner, Nutritionist GE/IL-SLO Reflection: In past years, when the staffing has been consistent and complete the census reflected higher numbers.</p> <hr/> <p>10/10/2012 - NexGen EMR records indicate increase in Health Services utilization (includes flu</p>	

Service Area SLOs (SA-SLOs)	Means of Assessment & Target / Tasks	Assessment Findings/Reflections	Action & Follow-Up										
	<p>each program</p> <p>4) NCHA Survey Spring 2016 (pending results)</p> <p>Assessment Method Type: Survey</p> <p>Target: * ACHA-NCHA District wide survey Spring 2016 * To increase awareness and census.</p> <p>Related Documents: Amer College Health-Nat'l College Health Assessment Survey</p>	<p>vax)</p> <table><tr><td>2007-08</td><td>2,694</td></tr><tr><td>2008-09</td><td>3,518</td></tr><tr><td>2009-10</td><td>4,624</td></tr><tr><td>2010-11</td><td>5,535</td></tr><tr><td>2011-12</td><td>5,014</td></tr></table> <p>Result: Target Met</p> <p>Year This Assessment Occurred: 2011-2012</p> <p>Resource Request: Electronic Medical/Census Program for Psychological Services and Health Services. Two computers and mobile stands (Health Services) and a EMR for Psych Services.</p> <p>GE/IL-SLO Reflection: Health Services has slowly increased its census each year.</p>	2007-08	2,694	2008-09	3,518	2009-10	4,624	2010-11	5,535	2011-12	5,014	<p>10/04/2011 - *To establish an electronic medical records and appointment system for Psychological Services.</p> <p>*To provide psychiatric consultation and services to support the staff in Health Services and Psychological Services in the provision of student Mental Health services. 4 hrs (two times per month).</p> <p>*To provide evidence-based practices with a Clinical Psychologist to provide consultant services in the provision of student mental health services. 4 hours (two times per month)</p> <p>*Collaborate to establish a campus wide Behavioral Intervention Team</p> <p>*Establish a system where the phone is answered every time in the Health Services.</p> <p>*Establish Health Service in the CAIR (Calif Immunization Records) system</p> <p>*Re-establish compliance with the Federally mandated (DFSCA) Drug-Free Schools and Communities Act and Campuses Regulations.</p> <p>*Re-establish AB 1088 (Oropeza) Mandatory Orientation: Sexual Violence Prevention: to provide educational/prevention programming on the campus.</p> <p>*Re-establish Health Services Advisory Committee.</p> <p>*To implement Pandemic Education and Prevention strategies to the Foothill College campus and provide H1N1 and seasonal influenza vaccines. Calif Ed Code, Section 76403.</p>
2007-08	2,694												
2008-09	3,518												
2009-10	4,624												
2010-11	5,535												
2011-12	5,014												

Service Area SLOs (SA-SLOs)	Means of Assessment & Target / Tasks	Assessment Findings/Reflections	Action & Follow-Up
			<p>*To increase reproductive visits, providing access for students to the SOFP/FAMPACT (State Office of Family Planning) funding and services.</p> <p>To hire a full-time Nurse Practitioner for consistent, professional delivery of quality medical care for students</p>
		<p>10/13/2011 - ACHA-NCHA 2010 statistics revealed: Foothill College (1,102 students) received information on campus concerning: Cold and flu 59.1% Nutrition 36.4% Pregnancy prevention 37.3% Sexually transmitted diseases 40%</p> <p>Health Services statistics revealed: Family Planning Visits 2007=1,348 2008=1,170 2009=1,435 2010=1,471 General Medicine Visits 2007=1,346 2008=2,348 2009=3,189 2010=4,064</p> <p>FHDA Fall 2011 Smoking Survey revealed: 38% of students reported they know that Health Services at FHDA currently have a tobacco cessation program</p> <p>Result: Target Met Year This Assessment Occurred: 2010-2011</p>	<p>01/13/2014 - Action steps below reflect needed changes on awareness: a) Increase exposure of reproductive health. b) International student utilization needs to be documented in the ACHA separately. c) Re-establish Health Educator/HSS position with Planned Parenthood</p> <hr/> <p>10/13/2011 - Formulate a response plan to the NCHA Survey and contact visits results. Key points to address: a) Continue class presentations and orientations b) Continue Student Health 101 Newsletter to all students/staff . c) Tabling at Health/ campus fairs: Great American Smoke Out, Environmental fair, Volunteer fair, Club Day, Transfer/Career Fair, Welcome Week d) Continue Health Screenings (Depression, Suicide, Alcohol and other CPR Saturday, Drugs, Domestic/Relationship Violence &</p>

Service Area SLOs (SA-SLOs)	Means of Assessment & Target / Tasks	Assessment Findings/Reflections	Action & Follow-Up
		<p>Resource Request: Needed increase personnel, as follows Full time Nurse Practitioner Part-time Psychologist (for supervision) Part-time Psychiatrist (for supervision of clinical services) Network with: ACHA (American College Health Assoc) HSACCC (Health Services Assoc</p>	<p>Eating Disorders) e) Sponsor speakers on health and psychological issues f) Establish Health Services Advisory Board g) Work with District Wellness Committee and advocate for employee Health maintenance programs. h) Marketing with LCD in Dining Lounge, large banners, T-shirt campaign, web site, Fusion and Student Health 101 Newsletter, Student handbook, FH catalogue. i) Apply for grants when available. j) Increase census for 2010-11</p>

Foothill College

Executive Summary

Spring 2013

American College Health Association
National College Health Assessment II



ACHA-NCHA II

The ACHA-NCHA II supports the health of the campus community by fulfilling the academic mission, supporting short- and long-term healthy behaviors, and gaining a current profile of health trends within the campus community.

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ACHA, the nation's principal advocate and leadership organization for college and university health, represents a diverse membership that provides and supports the delivery of health care and prevention and wellness services for the nation's 20 million college students. For more information about the association's programs and services, visit www.acha.org, and www.acha-ncha.org.

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American College Health Association. American College Health Association-National College Health Assessment II: Foothill College Executive Summary Spring 2013. Hanover, MD: American College Health Association; 2013.

Introduction

The ACHA-National College Health Assessment II (ACHA-NCHA II) is a national research survey organized by the American College Health Association (ACHA) to assist college health service providers, health educators, counselors, and administrators in collecting data about their students' habits, behaviors, and perceptions on the most prevalent health topics.

ACHA initiated the original ACHA-NCHA in 2000 and the instrument was used nation wide through the spring 2008 data collection period. The ACHA-NCHA now provides the largest known comprehensive data set on the health of college students, providing the college health and higher education fields with a vast spectrum of information on student health.

The revised survey, the ACHA-NCHA-II, was developed following a thorough pilot testing process. Although the general categories of information for which data are collected remain the same between the original ACHA-NCHA and this revised survey, a number of questions have been modified, and new questions have been added to monitor a variety of health constructs. Specific revisions include updated lists of illegal drugs, contraceptive methods, and vaccines. New items have been added to capture sleep behaviors, self-injury, the use/abuse of prescription drugs and additional mental health issues.

Please note the ACHA-NCHA II is not appropriate for trend comparison of items from the original ACHA-NCHA survey. A new baseline for ACHA-NCHA II began in the fall of 2008. Directly comparing pre- and post-redesign estimates on similar data points, without taking into account the impact of the survey's redesign, might lead to an erroneous conclusion. Documentation regarding the results of the pilot study and differences between the instruments can be obtained at the ACHA-NCHA website, www.acha-ncha.org. □

For additional information about the survey's development, design, and methodology, email Mary Hoban, PhD, CHES, (mhoban@acha.org), E. Victor Leino, PhD (vleino@acha.org), or visit www.acha-ncha.org.

Note on use of data:

Missing values have been excluded from analysis. Students responding "not applicable" were excluded from several analyses, which are specifically noted throughout this document. All response categories were included, including "don't know" or "0" unless otherwise noted.
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This Executive Summary highlights results of the ACHA-NCHA II Spring 2013 survey for Foothill College consisting of 1015 respondents.

The overall response proportion was 17.0%.

Findings

A. General Health of College Students

■ 52.2 % of college students surveyed (57.6 % male and 49.4 % female) described their health as *very good or excellent*.

■ 86.8 % of college students surveyed (89.0 % male and 85.6 % female) described their health as *good, very good or excellent*.

Proportion of college students who reported being diagnosed or treated by a professional for any of the following health problems within the last 12 months:

Allergies:	18.0 %	Hepatitis B or C:	0.6 %
Asthma:	6.4 %	High blood pressure:	5.4 %
Back pain:	14.6 %	High cholesterol:	5.7 %
Broken bone/Fracture/Sprain:	6.0 %	HIV infection:	0.6 %
Bronchitis:	3.9 %	Irritable Bowel Syndrome:	2.4 %
Chlamydia:	1.3 %	Migraine headache:	7.2 %
Diabetes:	1.7 %	Mononucleosis:	1.1 %
Ear infection:	5.0 %	Pelvic Inflammatory Disease:	0.6 %
Endometriosis:	0.8 %	Repetitive stress injury:	2.7 %
Genital herpes:	1.1 %	Sinus infection:	7.8 %
Genital warts/HPV:	2.1 %	Strep throat:	4.8 %
Gonorrhea:	0.3 %	Tuberculosis:	0.7 %
		Urinary tract infection:	7.5 %

■ 47.9 % of college students (42.4 % male, 50.8 % female) reported being diagnosed or treated by a professional with one or more of the above conditions within the last 12 months.

Proportion of college students who reported any of the following:

Attention Deficit and Hyperactivity Disorder (ADHD)	9.6 %
Chronic illness (e.g., cancer, diabetes, auto-immune disorders)	5.3 %
Deafness/Hearing loss	2.2 %
Learning disability	8.5 %
Mobility/Dexterity disability	1.7 %
Partial sightedness/Blindness	2.2 %
Psychiatric condition	7.5 %
Speech or language disorder	1.7 %
Other disability	3.3 %

B. Disease and Injury Prevention

College students reported receiving the following vaccinations (shots):

- 61.5 % reported receiving vaccination against hepatitis B.
- 34.5 % reported receiving vaccination against Human Papillomavirus/HPV (cervical cancer vaccine).
- 46.7 % reported receiving vaccination against influenza (flu) in the last 12 months (shot or nasal mist).
- 59.5 % reported receiving vaccination against measles, mumps, rubella.
- 36.0 % reported receiving vaccination against meningococcal meningitis.
- 49.2 % reported receiving vaccination against varicella (chicken pox).

Other disease prevention practices reported by college students:

- 64.3 % reported having a dental exam and cleaning in the last 12 months.
- 26.1 % of males reported performing a testicular self exam in the last 30 days.
- 30.6 % of females reported performing a breast self exam in the last 30 days.
- 43.0 % of females reported having a routine gynecological exam in the last 12 months.
- 52.6 % reported using sunscreen regularly with sun exposure.
- 37.4 % reported ever being tested for Human Immunodeficiency Virus (HIV) infection.

College students reported the following behaviors within the last 12 months:

Percent (%)	N/A, did not do this activity within the last 12 months		Never*	Rarely or sometimes*	Mostly or always*
Wear a seatbelt when you rode in a car	0.5		0.2	1.0	98.8
Wear a helmet when you rode a bicycle	48.6		25.6	20.4	53.9
Wear a helmet when you rode a motorcycle	84.8		3.9	1.9	94.2
Wear a helmet when you were inline skating	86.4		29.2	27.7	43.1

* Students responding "N/A, did not do this activity within the last 12 months" were excluded.

C. Academic Impacts

Within the last 12 months, students reported the following factors affecting their individual academic performance, defined as: received a lower grade on an exam, or an important project; received a lower grade in the course; received an incomplete or dropped the course; or experienced a significant disruption in thesis, dissertation, research, or practicum work; (listed alphabetically):

Alcohol use:	2.9 %	Gambling:	0.2 %
Allergies:	4.6 %	Homesickness:	2.7 %
Anxiety:	21.9 %	Injury:	3.8 %
Assault (physical):	1.1 %	Internet use/computer games:	14.3 %
Assault (sexual):	1.3 %	Learning disability:	6.3 %
Attention Deficit/Hyperactivity Disorder:	7.0 %	Participation in extracurricular activities:	6.2 %
Cold/Flu/Sore throat:	14.1 %	Pregnancy (yours or partner's):	0.8 %
Concern for a troubled friend or family member:	13.2 %	Relationship difficulties:	11.6 %
Chronic health problem or serious illness:	4.3 %	Roommate difficulties:	4.2 %
Chronic pain:	4.0 %	Sexually transmitted disease/infection (STD/I):	0.4 %
Death of a friend or family member:	7.5 %	Sinus infection/Ear infection/Bronchitis/Strep throat:	4.4 %
Depression:	17.0 %	Sleep difficulties:	23.3 %
Discrimination:	2.0 %	Stress:	32.7 %
Drug use:	1.7 %	Work:	20.6 %
Eating disorder/problem:	1.0 %	Other:	2.4 %
Finances:	13.6 %		

D. Violence, Abusive Relationships and Personal Safety

Within the last 12 months, college students reported experiencing:

	Percent (%)	Male	Female	Total
A physical fight		6.6	3.1	4.3
A physical assault (not sexual assault)		4.3	3.9	4.1
A verbal threat		16.5	14.5	15.0
Sexual touching without their consent		1.7	5.3	4.1
Sexual penetration attempt without their consent		0.9	2.2	1.7
Sexual penetration without their consent		0.3	1.5	1.1
Stalking		2.9	8.6	6.6
An emotionally abusive intimate relationship		6.7	11.3	9.7
A physically abusive intimate relationship		2.3	2.5	2.4
A sexually abusive intimate relationship		0.6	3.0	2.2

Findings continued

College students reported feeling *very safe* :

	Percent (%)	Male	Female	Total
On their campus (daytime)		87.3	77.9	80.9
On their campus (nighttime)		54.3	24.5	34.9
In the community surrounding their school (daytime)		75.7	71.6	72.7
In the community surrounding their school (nighttime)		52.2	31.2	38.5

E. Alcohol, Tobacco, and Other Drug Use

Reported use versus perceived use - reported use for all students within the past 30 days compared with how often students perceived the typical student on campus used substances within the same time period. The last line of each table combines all categories of any use in the last 30 days.

Alcohol

	Percent (%)	Actual Use		
		Male	Female	Total
Never used		31.0	27.5	28.3
Used, but not in the last 30 days		16.2	21.0	19.5
Used 1-9 days		37.7	42.4	41.0
Used 10-29 days		13.9	7.6	9.8
Used all 30 days		1.2	1.6	1.4
<i>Any use within the last 30 days</i>		52.8	51.6	52.2

Perceived Use		
Male	Female	Total
15.0	8.7	10.8
5.9	3.5	4.3
40.4	36.7	38.0
31.3	39.8	37.0
7.4	11.3	10.1
79.1	87.8	85.0

Cigarette

	Percent (%)	Actual Use		
		Male	Female	Total
Never used		65.3	70.2	68.2
Used, but not in the last 30 days		18.4	18.5	18.7
Used 1-9 days		9.6	4.9	6.7
Used 10-29 days		1.2	2.5	2.0
Used all 30 days		5.5	3.9	4.5
<i>Any use within the last 30 days</i>		16.3	11.3	13.1

Perceived Use		
Male	Female	Total
14.8	10.4	11.8
13.1	9.5	10.9
37.1	31.4	33.5
16.3	24.2	21.3
18.7	24.5	22.6
72.1	80.1	77.4

Marijuana

	Percent (%)	Actual Use		
		Male	Female	Total
Never used		62.8	65.2	64.0
Used, but not in the last 30 days		20.6	24.1	23.1
Used 1-9 days		8.7	7.6	7.9
Used 10-29 days		5.5	2.0	3.2
Used all 30 days		2.3	1.1	1.8
<i>Any use within the last 30 days</i>		16.6	10.7	12.9

Perceived Use		
Male	Female	Total
21.7	13.3	16.2
11.0	9.0	9.6
34.4	35.4	35.0
21.7	28.8	26.4
11.3	13.5	12.8
67.4	77.7	74.2

Findings continued

Tobacco from a water pipe (hookah)

Percent (%)	Actual Use		
	Male	Female	Total
Never used	69.5	72.7	71.3
Used, but not in the last 30 days	24.6	19.7	21.6
Used 1-9 days	5.9	7.0	6.7
Used 10-29 days	0.0	0.6	0.4
Used all 30 days	0.0	0.0	0.0
<i>Any use within the last 30 days</i>	5.9	7.6	7.1

Perceived Use

Male	Female	Total
28.4	18.2	21.6
17.8	18.8	18.4
39.9	45.7	43.6
11.2	13.2	12.7
2.7	4.1	3.7
53.8	63.1	60.0

All other drugs combined*

Percent (%)	Actual Use		
	Male	Female	Total
Never used	63.6	74.1	70.0
Used, but not in the last 30 days	24.3	18.8	21.0
Used 1-9 days	6.9	5.1	5.8
Used 10-29 days	2.0	1.5	1.7
Used all 30 days	3.2	0.5	1.5
<i>Any use within the last 30 days</i>	12.1	7.1	9.0

Perceived Use

Male	Female	Total
21.8	14.1	16.6
15.0	15.1	15.1
39.4	39.6	39.3
18.8	22.4	21.6
5.0	8.8	7.5
63.2	70.8	68.3

* Includes cigars, smokeless tobacco, cocaine, methamphetamine, other amphetamines, sedatives, hallucinogens, anabolic steroids, opiates, inhalants, MDMA, other club drugs, other illegal drugs. (Excludes alcohol, cigarettes, tobacco from a water pipe, and marijuana).

■ 1.8 % of college students reported driving after having **5 or more drinks** in the last 30 days.*

■ 25.2 % of college students reported driving after having **any alcohol** in the last 30 days.*

*Students responding "N/A, don't drive" and "N/A don't drink" were excluded from this analysis.

Estimated Blood Alcohol Concentration (or eBAC) of college students reporting 1 or more drinks the last time they "partied" or socialized. **Students reporting 0 drinks were excluded from the analysis.** Due to the improbability of a student surviving a drinking episode resulting in an extremely high eBAC, all students with an eBAC of 0.50 or higher are also omitted from these eBAC figures. eBAC is an estimated figure based on the reported number of drinks consumed during the last time they "partied" or socialized, their approximate time of consumption, sex, weight, and the average rate of ethanol metabolism.

Estimated BAC	Percent (%)	Male	Female	Total
< .08		86.2	81.8	83.3
< .10		92.2	86.5	88.4
Mean		0.04	0.05	0.04
Median		0.02	0.02	0.02
Std Dev		0.06	0.06	0.06

Findings continued

Reported number of drinks consumed the last time students "partied" or socialized. Only students reporting one or more drinks were included.

Number of drinks*	Percent (%)	Male	Female	Total
4 or fewer		66.5	83.9	78.1
5		12.2	8.0	9.3
6		8.1	3.0	4.6
7 or more		13.1	5.1	7.9
Mean		4.30	2.97	3.41
Median		3.00	2.00	3.00
Std Dev		4.53	2.46	3.34

* Students reporting 0 drinks were excluded.

Reported number of times college students consumed five or more drinks in a sitting within the last two weeks:

	Percent (%)	Male	Female	Total
N/A don't drink		29.6	27.9	28.1
None		47.5	56.0	53.2
1-2 times		16.2	13.2	14.4
3-5 times		6.1	2.2	3.6
6 or more times		0.6	0.8	0.7

Percent of college students who reported using prescription drugs that were not prescribed to them within the last 12 months:

	Percent (%)	Male	Female	Total
Antidepressants		2.3	3.9	3.4
Erectile dysfunction drugs		2.3	0.9	1.4
Pain killers		8.7	9.5	9.3
Sedatives		2.9	3.4	3.4
Stimulants		4.7	5.0	4.8
<i>Used 1 or more of the above</i>		12.7	14.1	13.7

Findings continued

College students reported doing the following *most of the time* or *always* when they "partied" or socialized during the last 12 months:*

	Percent (%)	Male	Female	Total
Alternate non-alcoholic with alcoholic beverages		36.2	42.3	40.3
Avoid drinking games		47.4	55.3	52.6
Choose not to drink alcohol		23.7	34.0	30.2
Determine in advance not to exceed a set number of drinks		44.0	57.1	52.5
Eat before and/or during drinking		78.0	81.8	79.9
Have a friend let you know when you have had enough		32.5	47.2	42.3
Keep track of how many drinks being consumed		69.4	77.2	74.4
Pace drinks to one or fewer an hour		34.2	51.8	45.7
Stay with the same group of friends the entire time drinking		79.9	90.7	86.9
Stick with only one kind of alcohol when drinking		52.8	64.6	60.9
Use a designated driver		74.8	86.0	82.6
<i>Reported one or more of the above</i>		94.1	96.7	95.8

*Students responding "N/A, don't drink" were excluded from this analysis.

College students who drank alcohol reported experiencing the following in the last 12 months when drinking alcohol:*

	Percent (%)	Male	Female	Total
Did something you later regretted		22.1	25.1	24.1
Forgot where you were or what you did		18.7	19.3	19.2
Got in trouble with the police		2.6	2.6	2.6
Someone had sex with me without my consent		0.4	1.7	1.3
Had sex with someone without their consent		0.4	0.6	0.6
Had unprotected sex		18.8	13.4	15.0
Physically injured yourself		7.8	9.1	8.7
Physically injured another person		2.2	1.1	1.6
Seriously considered suicide		1.3	2.0	1.7
<i>Reported one or more of the above</i>		39.3	39.4	39.3

*Students responding "N/A, don't drink" were excluded from this analysis.

F. Sexual Behavior

College students reported having the following number of sexual partners (oral sex, vaginal or anal intercourse) within the last 12 months:

	Percent (%)	Male	Female	Total
None		42.9	32.4	35.8
1		39.4	51.8	47.5
2		6.8	8.1	7.8
3		5.3	4.1	4.5
4 or more		5.6	3.6	4.4

Number of partners among students reporting to have at least one sexual partner within the last 12 months:*

	Male	Female	Total
Mean	1.93	1.47	1.62
Median	1.00	1.00	1.00
Std Dev	3.17	1.26	2.04

*Students reporting 0 sexual partners within the last 12 months were excluded.

College students reported having oral, vaginal or anal sex in the last 30 days:

Oral sex within the past 30 days

	Percent (%)	Male	Female	Total
No, have never done this sexual activity		33.9	31.8	32.3
No, have done this sexual activity but not in the last 30 days		30.1	29.1	29.5
Yes		35.9	39.2	38.2

Vaginal sex within the past 30 days

	Percent (%)	Male	Female	Total
No, have never done this sexual activity		38.1	28.0	31.2
No, have done this sexual activity but not in the last 30 days		20.9	21.4	21.2
Yes		41.0	50.6	47.6

Anal sex within the past 30 days

	Percent (%)	Male	Female	Total
No, have never done this sexual activity		70.2	72.5	71.4
No, have done this sexual activity but not in the last 30 days		22.8	23.0	23.1
Yes		7.0	4.6	5.4

Findings continued

Using a condom or other protective barrier within the last 30 days (*mostly or always*):

	Percent (%)	Male	Female	Total
<i>Sexually active students reported*</i>				
Oral sex		6.3	9.8	8.7
Vaginal intercourse		42.2	38.0	39.3
Anal intercourse		28.3	26.3	27.0

*Students responding "Never did this sexual activity" or "Have not done this during the last thirty days" were excluded from the analysis.

Contraceptive use reported by students or their partner the last time they had vaginal intercourse:

	Percent (%)	Male	Female	Total
Yes, used a method of contraception		46.1	51.9	50.0
Not applicable/Didn't use a method/Don't know		53.9	48.1	50.0

If YES to contraceptive use the last time student had vaginal intercourse, reported means of birth control used among college students or their partner to prevent pregnancy:

	Percent (%)	Male	Female	Total
Birth control pills (monthly or extended cycle)		47.5	44.0	45.6
Birth control shots		3.2	5.9	4.9
Birth control implants		2.6	3.4	3.1
Birth control patch		3.9	3.1	3.3
Vaginal ring		5.8	4.3	4.7
Intrauterine device		9.7	13.3	12.1
Male condom		55.4	47.1	49.9
Female condom		0.0	0.9	0.6
Diaphragm or cervical cap		0.6	0.3	0.4
Contraceptive sponge		0.0	0.0	0.0
Spermicide (foam, jelly, cream)		3.2	1.9	2.3
Fertility awareness (calendar, mucous, basal body temperature)		7.1	4.3	5.1
Withdrawal		15.5	19.8	18.9
Sterilization (hysterectomy, tubes tied, vasectomy)		3.9	5.0	4.5
Other method		0.7	2.5	1.9
Male condom use plus another method		33.1	28.4	30.0
Any two or more methods (excluding male condoms)		20.9	21.6	21.5

- 16.8 % of sexually active college students reported using (or reported their partner used) emergency contraception ("morning after pill") within the last 12 months.
(male: 15.9 %; female: 17.3 %).*

*Students responding "Not sexually active" were excluded from the analysis.

- 2.1 % of college students who had vaginal intercourse within the last 12 months reported experiencing an unintentional pregnancy or got someone pregnant within the last 12 months.
(male: 1.5 %; female: 2.5 %).**

**Students responding "Have not had vaginal intercourse within the last 12 months" were excluded from the analysis.

G. Nutrition and Exercise

College students reported usually eating the following number of servings of fruits and vegetables per day:

	<i>Percent (%)</i>	Male	Female	Total
0 servings per day		7.8	5.4	6.3
1-2 per day		57.3	53.6	55.1
3-4 per day		28.2	33.1	31.1
5 or more per day		6.6	7.9	7.5

College students reported the following behaviors within the past 7 days:

Do moderate-intensity cardio or aerobic exercise for at least 30 minutes:

	<i>Percent (%)</i>	Male	Female	Total
0 days		17.7	22.0	20.7
1-4 days		57.8	64.3	61.9
5-7 days		24.4	13.7	17.4

Do vigorous-intensity cardio or aerobic exercise for at least 20 minutes:

	<i>Percent (%)</i>	Male	Female	Total
0 days		34.0	42.0	39.3
1-2 days		32.6	33.5	33.1
3-7 days		33.4	24.5	27.5

Physical Activity and Public Health: Updated Recommendations for Adults. From the American College of Sports Medicine and the American Heart Association (2007): Moderate-intensity cardio or aerobic exercise for at least 30 minutes on 5 or more days per week, or vigorous-intensity cardio or aerobic exercise for at least 20 minutes on 3 or more days per week.

Students meeting the Recommendations for moderate-intensity exercise, vigorous-intensity exercise, or a combination of the two (2 moderate-intensity exercise periods = 1 vigorous-intensity exercise period).

	<i>Percent (%)</i>	Male	Female	Total
Guidelines met		51.7	44.7	47.0

Findings continued

Estimated average Body Mass Index (BMI): This figure incorporates reported height, and weight to form a general indicator of physical health. Categories defined by The World Health Organization (WHO) 2000, reprinted 2004. Obesity: Preventing and Managing the Global Epidemic. WHO Tech Report Series: 894.

BMI	Percent (%)	Male	Female	Total
<18.5 Underweight		3.5	8.7	6.9
18.5-24.9 Healthy Weight		50.1	62.3	57.9
25-29.9 Overweight		28.0	18.2	21.8
30-34.9 Class I Obesity		12.2	6.5	8.5
35-39.9 Class II Obesity		4.1	3.0	3.4
≥40 Class III Obesity		2.0	1.2	1.5
Mean		25.61	23.73	24.39
Median		24.39	22.60	23.18
Std Dev		5.32	5.30	5.38

H. Mental Health

Students reported experiencing the following within the last 12 months:

Felt things were hopeless

Percent (%)	Male	Female	Total
No, never	36.7	26.9	30.1
No, not last 12 months	20.5	22.7	21.9
Yes, last 2 weeks	16.2	17.0	17.0
Yes, last 30 days	7.2	12.0	10.3
Yes, in last 12 months	19.4	21.5	20.6
<i>Any time within the last 12 months</i>	42.8	50.4	48.0

Felt overwhelmed by all you had to do

Percent (%)	Male	Female	Total
No, never	23.4	11.0	15.2
No, not last 12 months	11.6	8.4	9.3
Yes, last 2 weeks	30.1	40.4	37.1
Yes, last 30 days	14.7	14.9	14.9
Yes, in last 12 months	20.2	25.4	23.5
<i>Any time within the last 12 months</i>	65.0	80.7	75.5

Felt exhausted (not from physical activity)

Percent (%)	Male	Female	Total
No, never	23.3	13.6	17.0
No, not last 12 months	11.2	9.5	10.1
Yes, last 2 weeks	33.7	40.0	38.0
Yes, last 30 days	15.6	15.8	15.7
Yes, in last 12 months	16.1	21.1	19.2
<i>Any time within the last 12 months</i>	65.4	76.9	72.9

Felt very lonely

Percent (%)	Male	Female	Total
No, never	30.5	20.6	23.9
No, not last 12 months	20.5	21.9	21.5
Yes, last 2 weeks	20.7	25.0	23.7
Yes, last 30 days	8.6	10.5	10.0
Yes, in last 12 months	19.6	21.9	20.9
<i>Any time within the last 12 months</i>	49.0	57.5	54.6

Felt very sad

Percent (%)	Male	Female	Total
No, never	28.0	16.6	20.4
No, not last 12 months	22.3	18.0	19.3
Yes, last 2 weeks	20.2	28.3	25.7
Yes, last 30 days	6.4	14.1	11.7
Yes, in last 12 months	23.1	23.1	22.8
<i>Any time within the last 12 months</i>	49.7	65.5	60.2

Felt overwhelming anxiety

Percent (%)	Male	Female	Total
No, never	41.5	29.9	33.7
No, not last 12 months	17.3	14.9	15.9
Yes, last 2 weeks	17.3	21.5	20.1
Yes, last 30 days	8.1	11.0	10.0
Yes, in last 12 months	15.9	22.7	20.3
<i>Any time within the last 12 months</i>	41.2	55.2	50.4

Seriously considered suicide

Percent (%)	Male	Female	Total
No, never	74.1	73.1	73.1
No, not last 12 months	16.7	18.2	17.8
Yes, last 2 weeks	2.0	2.0	2.2
Yes, last 30 days	2.6	1.9	2.2
Yes, in last 12 months	4.6	4.8	4.8
<i>Any time within the last 12 months</i>	9.2	8.7	9.1

Intentionally cut, burned, bruised, or otherwise injured yourself

Percent (%)	Male	Female	Total
No, never	83.8	77.6	79.6
No, not last 12 months	12.5	16.0	15.1
Yes, last 2 weeks	1.4	1.6	1.5
Yes, last 30 days	0.0	1.2	0.8
Yes, in last 12 months	2.3	3.6	3.1
<i>Any time within the last 12 months</i>	3.8	6.4	5.4

Felt so depressed that it was difficult to function

Percent (%)	Male	Female	Total
No, never	45.5	35.4	38.7
No, not last 12 months	21.4	25.1	24.0
Yes, last 2 weeks	11.6	14.4	13.4
Yes, last 30 days	8.4	7.9	8.0
Yes, in last 12 months	13.0	17.2	15.8
<i>Any time within the last 12 months</i>	33.0	39.5	37.2

Felt overwhelming anger

Percent (%)	Male	Female	Total
No, never	43.6	34.7	37.6
No, not last 12 months	23.1	21.1	21.8
Yes, last 2 weeks	11.6	15.0	13.9
Yes, last 30 days	6.9	8.8	8.4
Yes, in last 12 months	14.7	20.3	18.4
<i>Any time within the last 12 months</i>	33.2	44.1	40.7

Attempted suicide

Percent (%)	Male	Female	Total
No, never	88.7	88.5	88.5
No, not last 12 months	9.6	9.4	9.5
Yes, last 2 weeks	0.3	0.8	0.6
Yes, last 30 days	0.3	0.0	0.1
Yes, in last 12 months	1.2	1.4	1.3
<i>Any time within the last 12 months</i>	1.7	2.2	2.0

Findings continued

Within the last 12 months, diagnosed or treated by a professional for the following:

	<i>Percent (%)</i>	Male	Female	Total
Anorexia		1.2	1.1	1.1
Anxiety		11.1	14.1	13.1
Attention Deficit and Hyperactivity Disorder		9.8	4.1	6.0
Bipolar Disorder		3.7	1.7	2.5
Bulimia		1.7	1.2	1.4
Depression		10.7	16.0	14.1
Insomnia		6.6	7.3	7.2
Other sleep disorder		3.8	3.4	3.5
Obsessive Compulsive Disorder		1.7	2.0	1.9
Panic attacks		4.6	6.7	6.1
Phobia		2.0	0.5	1.0
Schizophrenia		2.3	0.2	0.9
Substance abuse or addiction		2.3	1.9	2.0
Other addiction		0.9	0.6	0.7
Other mental health condition		2.9	4.1	3.6
<i>Students reporting none of the above</i>		77.8	75.4	76.2
<i>Students reporting only one of the above</i>		7.8	7.4	7.6
<i>Students reporting both Depression and Anxiety</i>		6.6	9.9	8.6
<i>Students reporting any two or more of the above excluding the combination of Depression and Anxiety</i>		6.3	9.0	8.1

Within the last 12 months, any of the following been traumatic or very difficult to handle:

	<i>Percent (%)</i>	Male	Female	Total
Academics		42.9	48.6	46.7
Career-related issue		33.7	37.3	36.3
Death of family member or friend		15.3	17.4	16.6
Family problems		30.3	41.6	37.7
Intimate relationships		26.8	32.9	30.8
Other social relationships		23.5	26.2	25.4
Finances		44.2	43.6	44.0
Health problem of family member or partner		19.9	23.7	22.5
Personal appearance		18.5	29.8	26.2
Personal health issue		24.0	26.0	25.4
Sleep difficulties		29.4	32.7	31.7
Other		14.2	12.7	13.4
<i>Students reporting none of the above</i>		25.6	17.9	20.6
<i>Students reporting only one of the above</i>		11.2	9.9	10.6
<i>Students reporting 2 of the above</i>		14.7	13.8	13.9
<i>Students reporting 3 or more of the above</i>		48.4	58.4	55.0

Findings continued

Within the last 12 months, how would you rate the overall level of stress experienced:

	<i>Percent (%)</i>	Male	Female	Total
No stress		4.3	1.7	2.6
Less than average stress		15.6	8.9	11.1
Average stress		40.5	39.6	39.8
More than average stress		30.3	35.3	33.6
Tremendous stress		9.2	14.5	12.9

I. Sleep

Past 7 days, getting enough sleep to feel rested in the morning:

	<i>Percent (%)</i>	Male	Female	Total
0 days		11.0	11.2	11.6
1-2 days		26.8	32.9	30.5
3-5 days		46.1	42.8	43.9
6+ days		16.1	13.1	14.0

Past 7 days, how often felt tired, dragged out, or sleepy during the day:

	<i>Percent (%)</i>	Male	Female	Total
0 days		13.9	8.3	10.2
1-2 days		34.7	28.5	30.6
3-5 days		38.7	44.3	42.3
6+ days		12.7	18.9	16.9

Past 7 days, how much of a problem with sleepiness during daytime activities:

	<i>Percent (%)</i>	Male	Female	Total
No problem		16.2	11.2	12.8
A little problem		41.9	47.8	45.9
More than a little problem		25.7	24.1	24.5
A big problem		12.7	9.9	11.0
A very big problem		3.5	7.0	5.8

Demographics and Student Characteristics

■ Age:

Average age:	26.82 years
Median:	23.00 years
Std Dev:	11.21 years

18 - 20 years:	34.3 %
21 - 24 years:	26.7 %
25 - 29 years:	15.8 %
30+ years:	23.2 %

■ Gender*

Female:	63.9 %
Male:	34.2 %
Transgender:	0.3 %

■ Student status:

1st year undergraduate:	27.9 %
2nd year undergraduate:	26.1 %
3rd year undergraduate:	14.2 %
4th year undergraduate:	3.8 %
5th year or more undergraduate:	5.1 %
Graduate or professional:	7.0 %
Not seeking a degree:	9.0 %
Other:	6.7 %

Full-time student:	60.8 %
Part-time student:	35.9 %
Other student:	3.3 %

■ Relationship status:

Not in a relationship:	43.9 %
In a relationship but not living together:	29.2 %
In a relationship and living together:	26.9 %

■ Marital status:

Single:	77.7 %
Married/Partnered:	17.5 %
Separated:	1.0 %
Divorced:	2.0 %
Other:	1.8 %

■ Students describe themselves as:

White:	42.1 %
Black or African American:	3.8 %
Hispanic or Latino/a:	19.6 %
Asian or Pacific Islander:	34.9 %
American Indian, Alaskan	
Native or Native Hawaiian:	1.7 %
Biracial or Multiracial:	6.3 %
Other:	5.5 %

■ International Student:

International:	17.0 %
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■ Students describe themselves as:

Heterosexual:	87.7 %
Gay/Lesbian:	3.2 %
Bisexual:	4.6 %
Unsure:	4.4 %

■ Housing:

Campus residence hall:	0.1 %
Fraternity or sorority house:	0.3 %
Other university housing:	0.3 %
Parent/guardian home:	47.4 %
Other off-campus housing:	35.2 %
Other:	16.8 %

■ Participated in organized college athletics:

Varsity:	4.8 %
Club sports:	7.6 %
Intramurals:	3.5 %

■ Member of a social fraternity or sorority:

Greek member:	3.3 %
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■ Primary Source of Health Insurance:

College/university sponsored plan:	13.6 %
Parents' plan:	33.6 %
Another plan:	30.0 %
Don't have health insurance:	18.5 %
Not sure if have plan:	4.2 %

* Cases where sex is missing are included in the calculation of percentages for this variable

Foothill College Visits

	2014	2013	2012	2011	2010	2009	2008	2007
Family Planning	905	921	1148	1471	1,435	1,161	1,170	1,348
General Medicine	879	2833	2940	4064	3189	2600	2348	1346
Total	1784	3754	4088	5535	4,624	3,761	3,518	2,694
Tdap	141	134	135	177			207	208
HPV	25	28	36	33		33	39	8
Varicella	24	21	19	23		15	12	11
Td	0	0	0	0	0	0	0	9
MMR	299	418	226	0		23		
Hep A	17	13	9	13			189	194
Hep B	126	145	149	201		100		289
Total	632	759	574	447				
TST								1091
Flu-Vax	774	954	872	914	2200	0	2,000	2,500
H1N1					2500	0		0
TOTAL						171	2447	4310

January 6, 2012

TO: FHDA Smoking Policy Committee

FROM: Andrew LaManque, Ph.D.
Executive Director of Institutional Research and Planning

SUBJECT: Fall 2011 Smoking Survey

Please find attached a tabulation of the Fall 2011 Smoking Survey compiled by our student assistant Nergal Issaie. An electronic survey of enrolled students and active employees at Foothill and De Anza Colleges was administered via email and portal message in December 2011. About 2,000 Foothill and about 3,700 De Anza students completed the survey online, resulting in a response rate of about 14 percent. About 600 employees also completed the survey. Almost 30% of respondents are current or former tobacco users.

Responses to the questions:

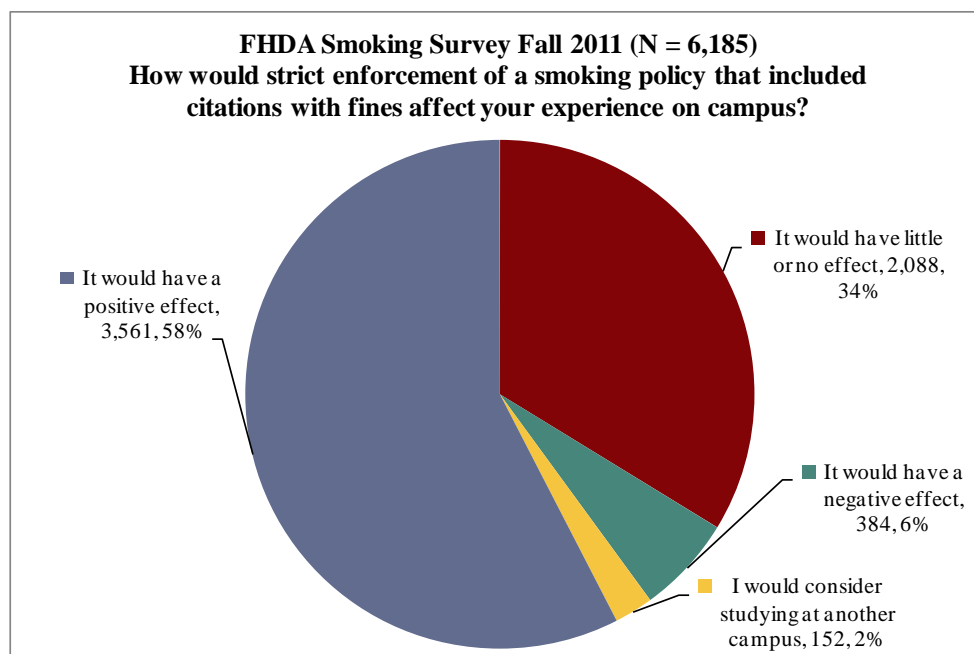
Would a 100% smoke-free environment (no smoking on campus or designated smoking areas) improve your learning/working environment?

Do you want the campus to be 100% smoke-free (no smoking on campus or designated smoking areas)?

are consistent between campuses and similar to the fall 2010 survey results, with more than 55% of respondents answering Yes; about 25% opposed; and about 20% indicating no opinion, in this current survey administration.

As depicted in Figure 1 below, 58% of respondents thought that a strict enforcement policy would have a positive effect, with about 2% responding that they might study elsewhere.

Figure 1



January 04, 2012

FROM: Nergal Issaie, Student Assistant

TO: Andrew LaManque, De Anza Research

SUBJECT: FHDA Smoking Policy Survey, Fall 2011

The Smoking Policy Survey was emailed to people who had an affiliation with Foothill College and/or De Anza College during Fall quarter 2011. A total of 6,232 people responded to the online survey.

Important highlights include:

- 91% of respondents were students, 6% faculties, and 3% Classified Employees/Supervisors.
- 74% of respondents had never used Cigarettes within the last 30 days; 4% used all 30 days; 3% used 1-2 days; 1% used each 3-5 days, 6-9 days, 10-19 days, 20-29 days; and 15% had used but not in last 30 days.
- 69% of respondents had never been smoker/tobacco user, 18% were a former smoker/tobacco user, 9% smoked/used tobacco including hookah cigars or pipes occasionally, 4% smoked/used tobacco daily, and 1% used only smokeless tobacco.
- 64% of respondents were from De Anza College, 35% from Foothill College, and 1% from Central Services.
- 62% of respondents reported second-hand smoke irritated their eyes or nose, 10% had asthma or other lung disease, 7% were allergic to smoke, and 21% reported that smoke does not bother them.
- 58% of respondents selected they want the campus to be 100% smoke-free (no smoking on campus or parking lots), 25% selected "No", and 17% selected "No opinion."
- 58% of respondents were female, 41% male, and 1% declined to state.
- 47% of respondents were at the age of 18-24, 32% 33 or older, 18% 25-32, and 3% 17 or younger.
- 33% of respondents occasionally encountered second-hand smoke on campus, 20% rarely, 20% 1-2 times daily, 11% never, 10% 3-4 times daily, and 6% more than 5 times daily.
- Only 32% of respondents knew that Health Services at Foothill College and De Anza College currently have a tobacco cessation program, which provides free nicotine replacement patches and nicotine gum along with one-on-one counseling.

Responses by Campus highlights include:

- 67% of Foothill respondents believe that a smoke-free campus policy reduces smoking on the campus, while this amount is 59% for De Anza respondents.
- 62% of Foothill respondents reported the campus needs better or clearer signs to assist smokers in knowing which parking lots are allowed to smoke, while this percentage is 66% for De Anza respondents.
- 25% of Foothill respondents think the smoke-free campus policy is "Not enforced at all" at college, while this percentage is 31% for De Anza respondents.
- 17% of Foothill respondents reported they never encounter, and 26% rarely encounter second-hand smoke on campus, while these percentages correspondingly are 8% and 16% for De Anza respondents.

Responses by Student/Employee highlights include:

- 29% of students reported they know that Health Services at Foothill College and De Anza College currently have a tobacco cessation program, while 60% of employees reported it.
- 27% of students reported that the smoke-free campus policy is not enforced at all, while 48% of employees reported the smoke-free campus policy is not enforced at all.
- 12% of students stated that they never encounter second-hand smoke on campus, while 4% of employees reported they never encounter second-hand smoke on campus.

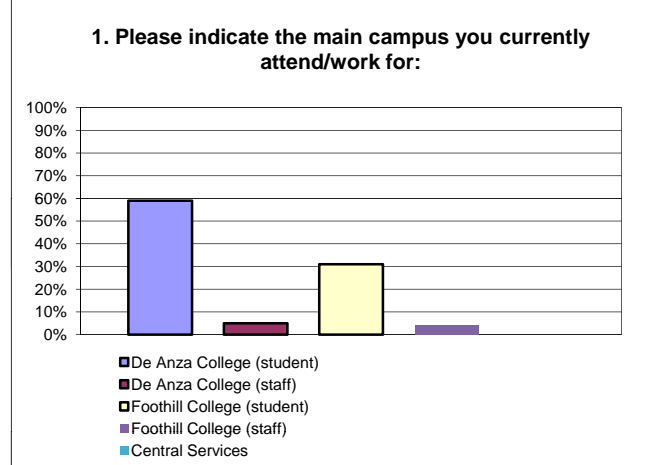
Important highlights of Year on Year comparison (Fall 2010 to Fall 2011):

- In Fall 2010, 58% of respondents were from De Anza College, 41% from Foothill College, and 1% from Central Services, while in Fall 2011, the percentages are 64%, 35%, and 1% respectively.
- In Fall 2010, 44% of respondents were at the age of 18-24, 33% 33 or older, 19% 25-32, and 3% 17 or younger, while in Fall 2011, the percentages are 47%, 32%, 18%, and 3% respectively.
- In Fall 2010, 29% of respondents occasionally encountered second-hand smoke on campus, 21% rarely, 19% 1-2 times daily, 13% never, 10% 3-4 times daily, and 8% more than 5 times daily, while in Fall 2011, the percentages are 33%, 20%, 20%, 11%, 10%, and 6% respectively.
- In Fall 2010, 58% of respondents wanted the campus to be 100% smoke-free (no smoking on campus or designated smoking areas), 25% selected did not want a 100% smoke-free campus, and 17% selected "No opinion," while in Fall 2011, the percentages are 58%, 25%, and 17% respectively.

FHDA Smoking Policy Survey Results, Fall 2011

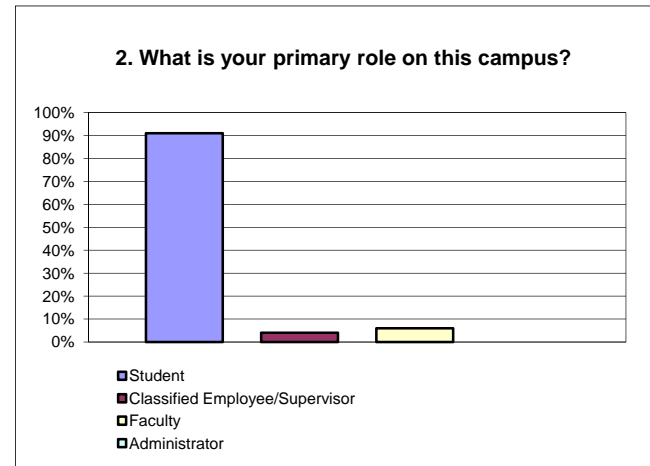
1. Please indicate the main campus you currently attend/work for:

Response	N	%
De Anza College (student)	3,682	59%
De Anza College (staff)	331	5%
Foothill College (student)	1,953	31%
Foothill College (staff)	217	4%
Central Services	42	0%
Total	6,225	100%



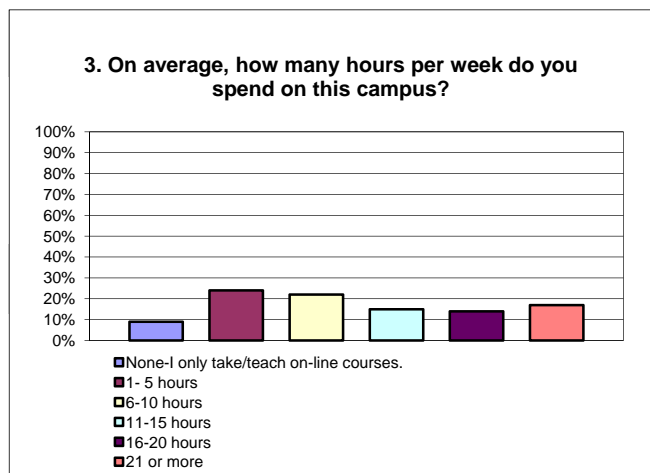
2. What is your primary role on this campus?

Response	N	%
Student	5,641	91%
Classified Employee/Supervisor	219	4%
Faculty	343	6%
Administrator	20	0%
Total	6,223	100%



3. On average, how many hours per week do you spend on this campus?

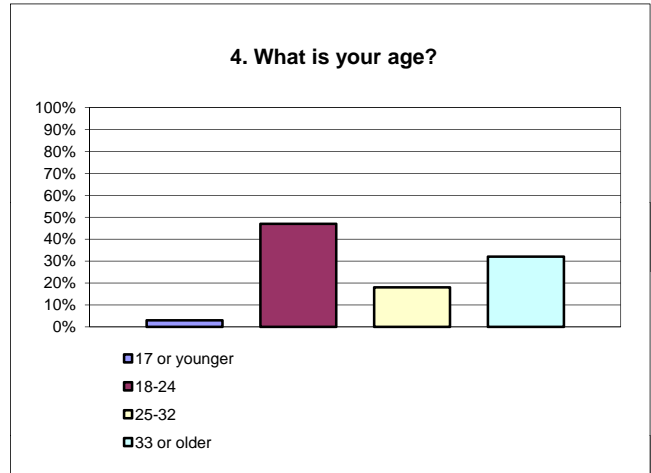
Response	N	%
None-I only take/teach on-line courses.	550	9%
1- 5 hours	1,472	24%
6-10 hours	1,363	22%
11-15 hours	952	15%
16-20 hours	853	14%
21 or more	1,036	17%
Total	6,226	100%



FHDA Smoking Policy Survey Results, Fall 2011

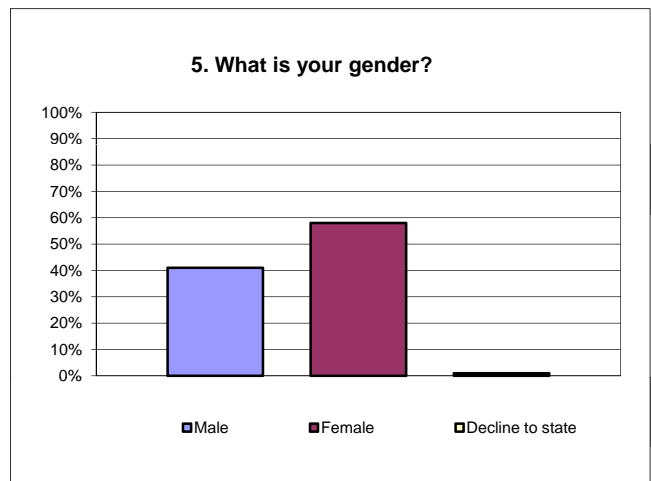
4. What is your age?

Response	N	%
17 or younger	168	3%
18-24	2,926	47%
25-32	1,111	18%
33 or older	2,021	32%
Total	6,226	100%



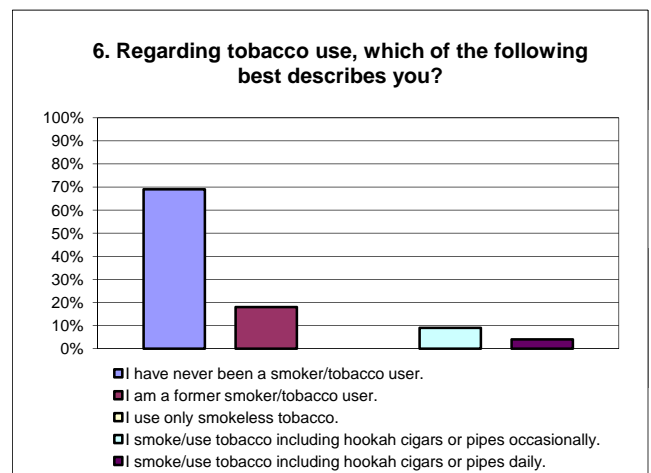
5. What is your gender?

Response	N	%
Male	2,541	41%
Female	3,594	58%
Decline to state	92	1%
Total	6,227	100%



6. Regarding tobacco use, which of the following best describes you?

Response	N	%
I have never been a smoker/tobacco user.	4,270	69%
I am a former smoker/tobacco user.	1,094	18%
I use only smokeless tobacco.	21	0%
I smoke/use tobacco including hookah cigars or pipes occasionally.	583	9%
I smoke/use tobacco including hookah cigars or pipes daily.	264	4%
Total	6,232	100%

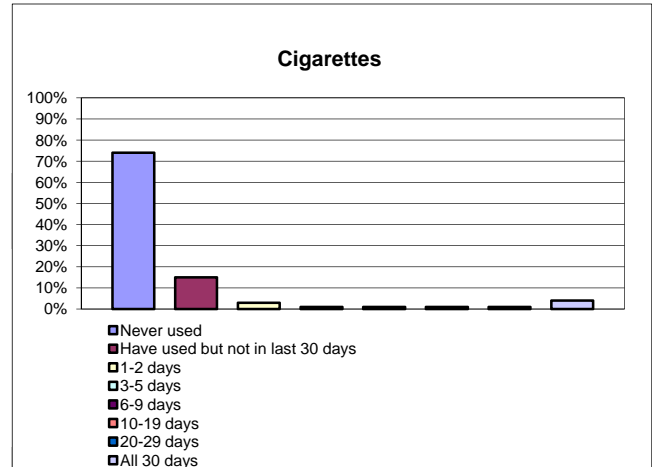


FHDA Smoking Policy Survey Results, Fall 2011

7. Within the last 30 days, on how many days did you use:

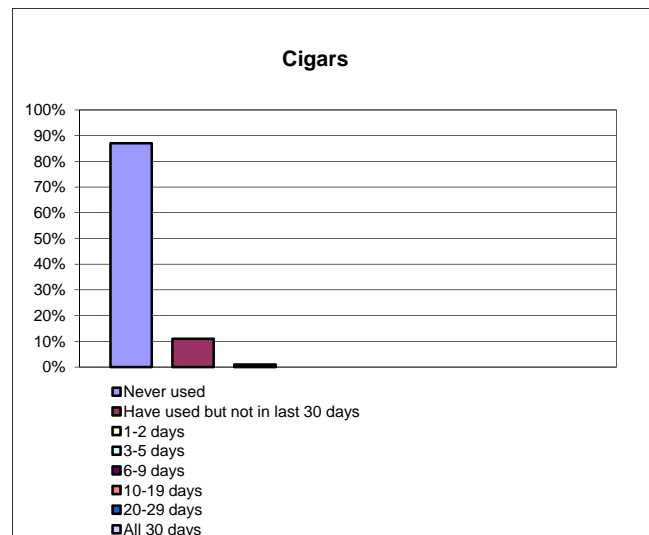
Cigarettes

Response	N	%
Never used	4,593	74%
Have used but not in last 30 days	950	15%
1-2 days	156	3%
3-5 days	69	1%
6-9 days	45	1%
10-19 days	71	1%
20-29 days	72	1%
All 30 days	220	4%
Total	6,176	100%



Cigars

Response	N	%
Never used	5,218	87%
Have used but not in last 30 days	691	11%
1-2 days	70	1%
3-5 days	10	0%
6-9 days	11	0%
10-19 days	5	0%
20-29 days	4	0%
All 30 days	11	0%
Total	6,020	100%



Smokeless Tobacco

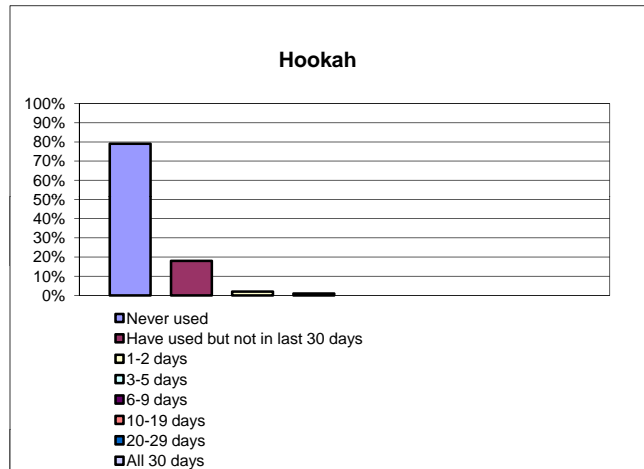
Response	N	%
Never used	5,682	94%
Have used but not in last 30 days	296	5%
1-2 days	19	0%
3-5 days	8	0%
6-9 days	3	0%
10-19 days	6	0%
20-29 days	7	0%
All 30 days	9	0%
Total	6,030	100%



FHDA Smoking Policy Survey Results, Fall 2011

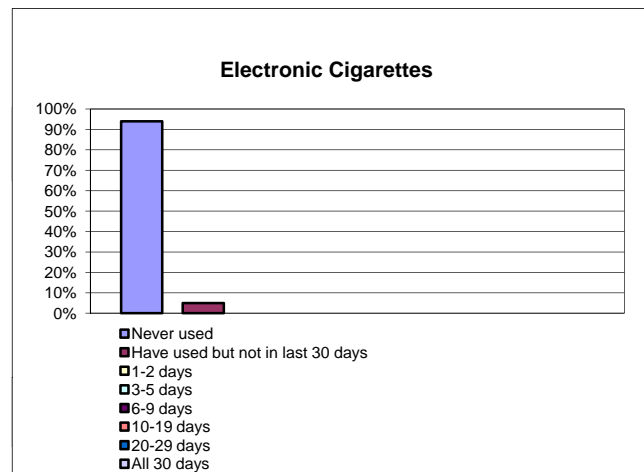
Hookah

Response	N	%
Never used	4,760	79%
Have used but not in last 30 days	1,064	18%
1-2 days	140	2%
3-5 days	40	1%
6-9 days	20	0%
10-19 days	14	0%
20-29 days	5	0%
All 30 days	3	0%
Total	6,046	100%



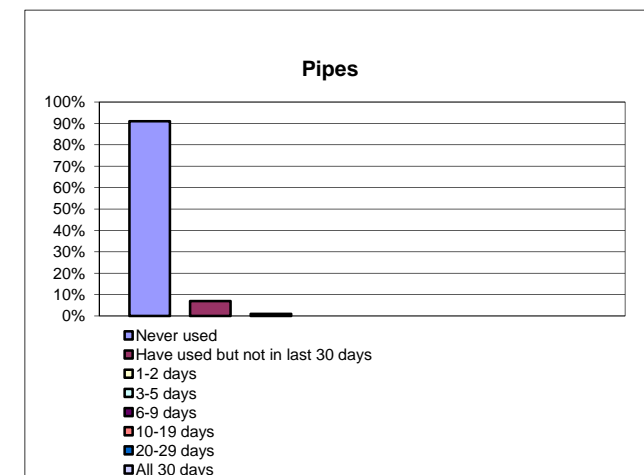
Electronic Cigarettes

Response	N	%
Never used	5,668	94%
Have used but not in last 30 days	315	5%
1-2 days	20	0%
3-5 days	5	0%
6-9 days	5	0%
10-19 days	3	0%
20-29 days	1	0%
All 30 days	5	0%
Total	6,022	100%



Pipes

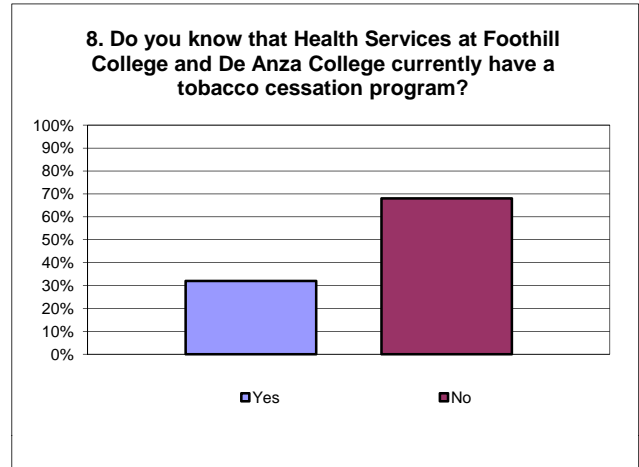
Response	N	%
Never used	5,470	91%
Have used but not in last 30 days	434	7%
1-2 days	36	1%
3-5 days	16	0%
6-9 days	14	0%
10-19 days	19	0%
20-29 days	10	0%
All 30 days	12	0%
Total	6,011	100%



FHDA Smoking Policy Survey Results, Fall 2011

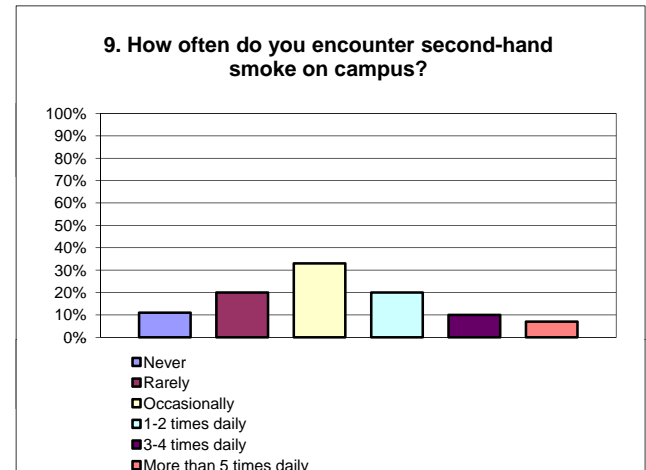
8. Do you know that Health Services at Foothill College and De Anza College currently have a tobacco cessation program, which provides free nicotine replacement patches and nicotine gum along with one-on-one counseling?

Response	N	%
Yes	1,963	32%
No	4,241	68%
Total	6,204	100%



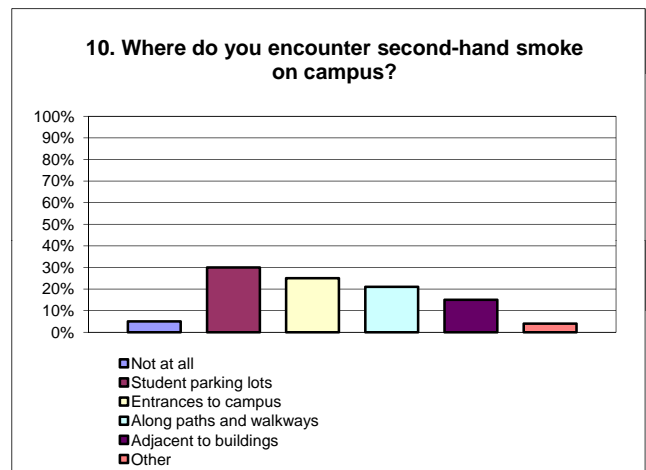
9. How often do you encounter second-hand smoke on campus?

Response	N	%
Never	686	11%
Rarely	1,219	20%
Occasionally	2,049	33%
1-2 times daily	1,229	20%
3-4 times daily	638	10%
More than 5 times daily	406	7%
Total	6,227	100%



*** 10. Where do you encounter second-hand smoke on campus?**

Response	N	%
Not at all	723	5%
Student parking lots	3,986	30%
Entrances to campus	3,388	25%
Along paths and walkways	2,811	21%
Adjacent to buildings	1,969	15%
Other	564	4%
Total	13,441	100%

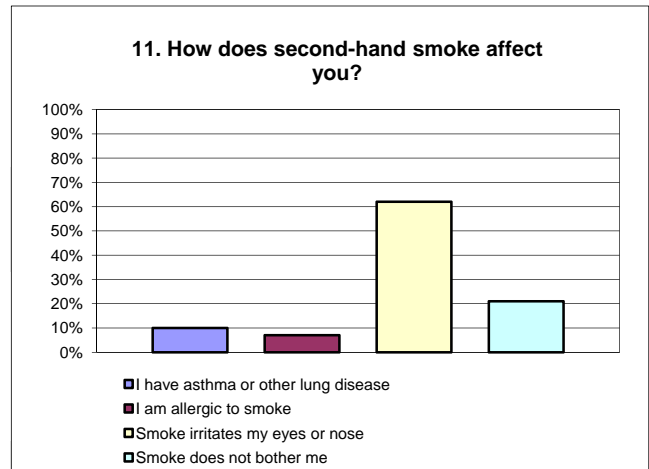


* The answers were distributed across groups.

FHDA Smoking Policy Survey Results, Fall 2011

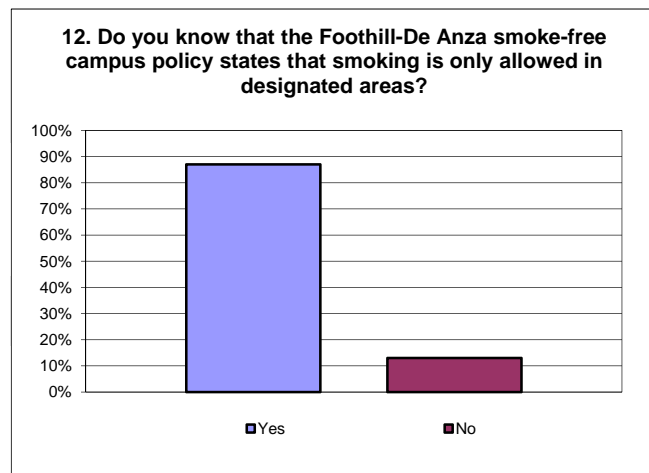
11. How does second-hand smoke affect you?

Response	N	%
I have asthma or other lung disease	618	10%
I am allergic to smoke	427	7%
Smoke irritates my eyes or nose	3,878	62%
Smoke does not bother me	1,294	21%
Total	6,217	100%



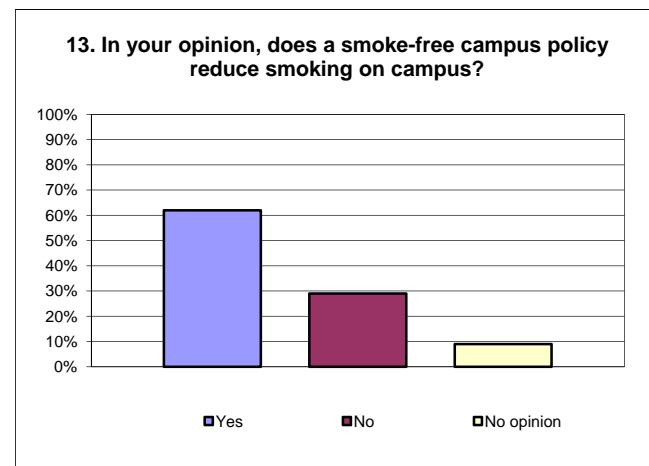
12. Do you know that the Foothill-De Anza smoke-free campus policy states that smoking is only allowed in designated areas?

Response	N	%
Yes	5,374	87%
No	820	13%
Total	6,194	100%



13. In your opinion, does a smoke-free campus policy reduce smoking on campus?

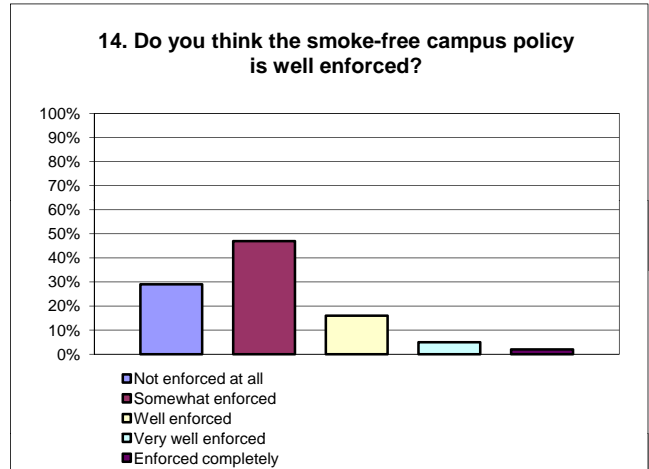
Response	N	%
Yes	3,833	62%
No	1,809	29%
No opinion	574	9%
Total	6,216	100%



FHDA Smoking Policy Survey Results, Fall 2011

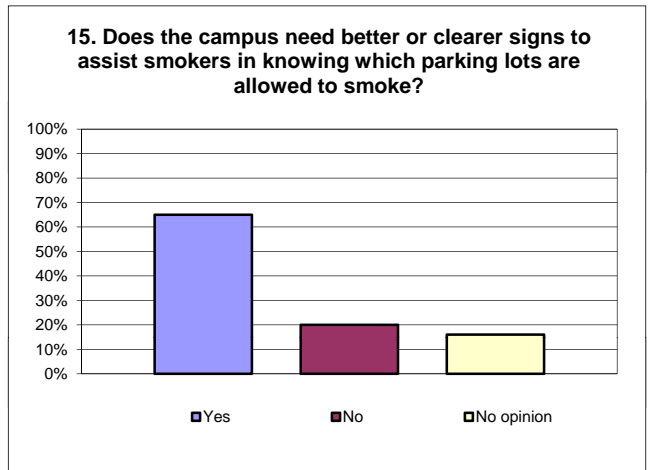
14. Do you think the smoke-free campus policy is well enforced?

Response	N	%
Not enforced at all	1,778	29%
Somewhat enforced	2,901	47%
Well enforced	1,003	16%
Very well enforced	308	5%
Enforced completely	119	2%
Total	6,109	100%



15. Does the campus need better or clearer signs to assist smokers in knowing which parking lots are allowed to smoke?

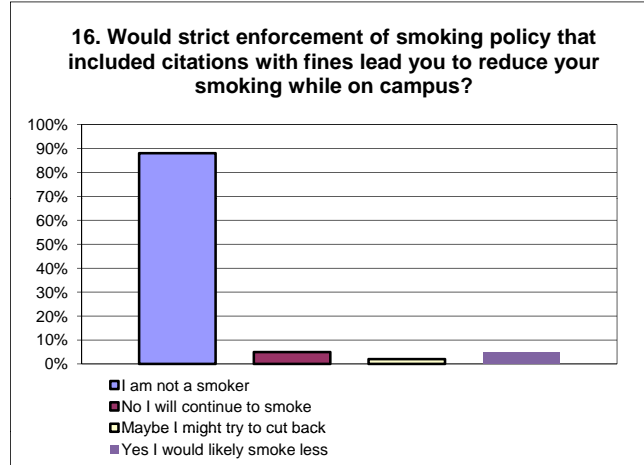
Response	N	%
Yes	4,004	65%
No	1,232	20%
No opinion	968	16%
Total	6,204	100%



FHDA Smoking Policy Survey Results, Fall 2011

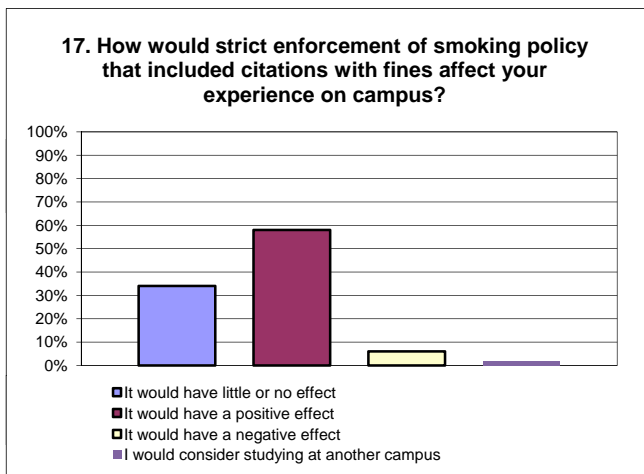
16. Would strict enforcement of smoking policy that included citations with fines lead you to reduce your smoking

Response	N	%
I am not a smoker	5,493	88%
No I will continue to smoke	311	5%
Maybe I might try to cut back	124	2%
Yes I would likely smoke less	290	5%
Total	6,218	100%



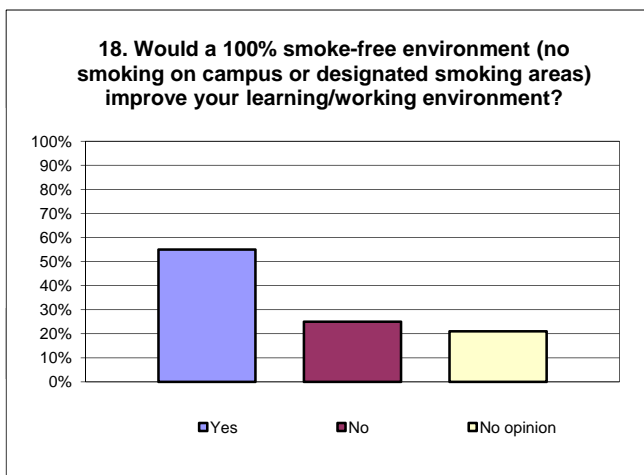
17. How would strict enforcement of smoking policy that included citations with fines affect your experience on campus?

Response	N	%
It would have little or no effect	2,088	34%
It would have a positive effect	3,561	58%
It would have a negative effect	384	6%
I would consider studying at another campus	152	2%
Total	6,185	100%



18. Would a 100% smoke-free environment (no smoking on campus or designated smoking areas) improve your learning/working environment?

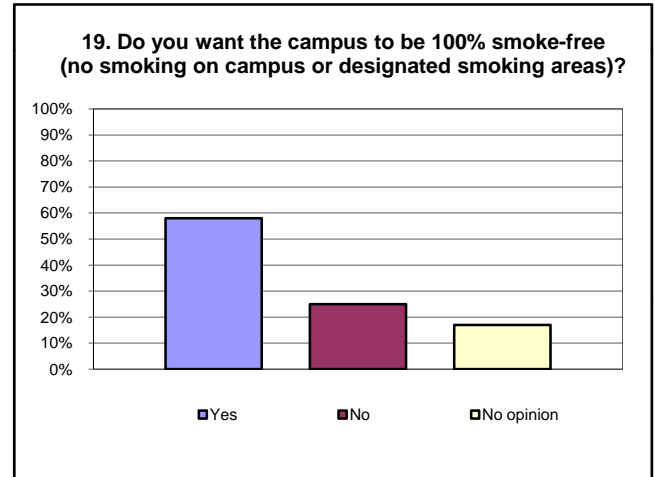
Response	N	%
Yes	3,399	55%
No	1,525	25%
No opinion	1,297	21%
Total	6,221	100%



FHDA Smoking Policy Survey Results, Fall 2011

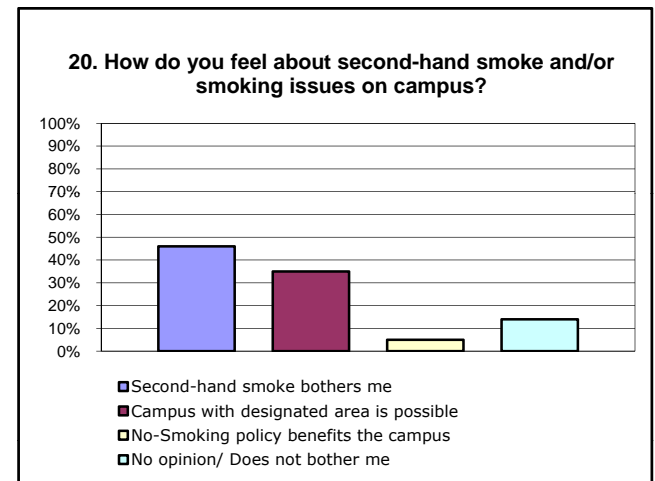
19. Do you want the campus to be 100% smoke-free (no smoking on campus or designated smoking areas)?

Response	N	%
Yes	3,630	58%
No	1,539	25%
No opinion	1,049	17%
Total	6,218	100%



* 20. How do you feel about second-hand smoke and/or smoking issues on campus?

Response	N	%
Second-hand smoke bothers me	2,171	46%
Campus with designated area is possible	1,650	35%
No-Smoking policy benefits the campus	207	5%
No opinion/ Does not bother me	666	14%
Total	4,694	100%



* Comments are grouped in categories

FHDA Smoking Policy Survey Results, by College, Fall 2011

1. Please indicate the main campus you currently attend/work for:

Response	Total	
	N	%
De Anza College (student)	3,682	59%
De Anza College (staff)	331	5%
Foothill College (student)	1,953	31%
Foothill College (staff)	217	4%
Central Services	42	1%
Total	6,225	100%

2. What is your primary role on this campus?

Response	Foothill College		De Anza College		Total	
	N	%	N	%	N	%
Student	1,952	90%	3,666	92%	5,618	91%
Classified Employee/Supervisor	68	3%	118	3%	186	3%
Faculty	132	6%	210	5%	342	6%
Administrator	9	0%	9	0%	18	0%
Total	2,161	100%	4,003	100%	6,164	100%

3. On average, how many hours per week do you spend on this campus?

Response	Foothill College		De Anza College		Total	
	N	%	N	%	N	%
None-I only take/teach on-line courses.	348	16%	195	5%	543	9%
1- 5 hours	516	24%	944	24%	1,460	24%
6-10 hours	444	20%	916	23%	1,360	22%
11-15 hours	312	14%	639	16%	951	15%
16-20 hours	248	11%	603	15%	851	14%
21 or more	299	14%	704	18%	1,003	16%
Total	2,167	100%	4,001	100%	6,168	100%

4. What is your age?

Response	Foothill College		De Anza College		Total	
	N	%	N	%	N	%
17 or younger	41	2%	125	3%	166	3%
18-24	862	40%	2,048	51%	2,910	47%
25-32	431	20%	670	17%	1,101	18%
33 or older	826	38%	1,154	29%	1,980	32%
Total	2,160	100%	3,997	100%	6,157	100%

FHDA Smoking Policy Survey Results, by College, Fall 2011

5. What is your gender?

Response	Foothill College		De Anza College		Total	
	N	%	N	%	N	%
Male	864	40%	1,650	41%	2,514	41%
Female	1,266	59%	2,284	57%	3,550	58%
Decline to state	32	1%	60	2%	92	1%
Total	2,162	100%	3,994	100%	6,156	100%

6. Regarding tobacco use, which of the following best describes you?

Response	Foothill College		De Anza College		Total	
	N	%	N	%	N	%
I have never been a smoker/tobacco user.	1,458	67%	2,765	69%	4,223	69%
I am a former smoker/tobacco user.	425	20%	653	16%	1,078	18%
I use only smokeless tobacco.	6	0%	15	0%	21	0%
I smoke/use tobacco including hookah cigars or pipes occasionally.	200	9%	378	9%	578	9%
I smoke/use tobacco including hookah cigars or pipes daily.	75	3%	186	5%	261	4%
Total	2,164	100%	3,997	100%	6,161	100%

7. Within the last 30 days, on how many days did you use:

Cigarettes

Response	Foothill College		De Anza College		Total	
	N	%	N	%	N	%
Never used	1,573	73%	2,969	75%	4,542	74%
Have used but not in last 30 days	368	17%	570	14%	938	15%
1-2 days	52	2%	102	3%	154	3%
3-5 days	26	1%	43	1%	69	1%
6-9 days	15	1%	30	1%	45	1%
10-19 days	24	1%	47	1%	71	1%
20-29 days	21	1%	50	1%	71	1%
All 30 days	65	3%	153	4%	218	4%
Total	2,144	100%	3,964	100%	6,108	100%

FHDA Smoking Policy Survey Results, by College, Fall 2011

Cigars

Response	Foothill College		De Anza College		Total	
	N	%	N	%	N	%
Never used	1,786	85%	3,372	87%	5,158	87%
Have used but not in last 30 days	272	13%	414	11%	686	12%
1-2 days	18	1%	51	1%	69	1%
3-5 days	4	0%	6	0%	10	0%
6-9 days	5	0%	5	0%	10	0%
10-19 days	2	0%	3	0%	5	0%
20-29 days	1	0%	3	0%	4	0%
All 30 days	2	0%	9	0%	11	0%
Total	2,090	100%	3,863	100%	5,953	100%

Smokeless Tobacco

Response	Foothill College		De Anza College		Total	
	N	%	N	%	N	%
Never used	1,958	94%	3,661	95%	5,619	94%
Have used but not in last 30 days	118	6%	176	5%	294	5%
1-2 days	10	0%	9	0%	19	0%
3-5 days	2	0%	5	0%	7	0%
6-9 days	1	0%	2	0%	3	0%
10-19 days	2	0%	4	0%	6	0%
20-29 days	1	0%	6	0%	7	0%
All 30 days	2	0%	7	0%	9	0%
Total	2,094	100%	3,870	100%	5,964	100%

Hookah

Response	Foothill College		De Anza College		Total	
	N	%	N	%	N	%
Never used	1,641	78%	3,061	79%	4,702	79%
Have used but not in last 30 days	386	18%	670	17%	1,056	18%
1-2 days	46	2%	94	2%	140	2%
3-5 days	12	1%	28	1%	40	1%
6-9 days	2	0%	18	0%	20	0%
10-19 days	4	0%	10	0%	14	0%
20-29 days	2	0%	3	0%	5	0%
All 30 days	1	0%	2	0%	3	0%
Total	2,094	100%	3,886	100%	5,980	100%

FHDA Smoking Policy Survey Results, by College, Fall 2011

Electronic Cigarettes

Response	Foothill College		De Anza College		Total	
	N	%	N	%	N	%
Never used	1,946	93%	3,659	95%	5,605	94%
Have used but not in last 30 days	123	6%	189	5%	312	5%
1-2 days	9	0%	11	0%	20	0%
3-5 days	3	0%	2	0%	5	0%
6-9 days	1	0%	4	0%	5	0%
10-19 days	2	0%	1	0%	3	0%
20-29 days	0	0%	1	0%	1	0%
All 30 days	3	0%	2	0%	5	0%
Total	2,087	100%	3,869	100%	5,956	100%

Pipes

Response	Foothill College		De Anza College		Total	
	N	%	N	%	N	%
Never used	1,871	90%	3,538	92%	5,409	91%
Have used but not in last 30 days	173	8%	257	7%	430	7%
1-2 days	14	1%	22	1%	36	1%
3-5 days	5	0%	11	0%	16	0%
6-9 days	5	0%	9	0%	14	0%
10-19 days	6	0%	12	0%	18	0%
20-29 days	4	0%	6	0%	10	0%
All 30 days	3	0%	9	0%	12	0%
Total	2,081	100%	3,864	100%	5,945	100%

8. Do you know that Health Services at Foothill College and De Anza College currently have a tobacco cessation program, which provides free nicotine replacement patches and nicotine gum along with one-on-one counseling?

Response	Foothill College		De Anza College		Total	
	N	%	N	%	N	%
Yes	807	38%	1,130	28%	1,937	32%
No	1,344	62%	2,853	72%	4,197	68%
Total	2,151	100%	3,983	100%	6,134	100%

FHDA Smoking Policy Survey Results, by College, Fall 2011

9. How often do you encounter second-hand smoke on campus?

Response	Foothill College		De Anza College		Total	
	N	%	N	%	N	%
Never	368	17%	307	8%	675	11%
Rarely	571	26%	634	16%	1,205	20%
Occasionally	712	33%	1,307	33%	2,019	33%
1-2 times daily	329	15%	895	22%	1,224	20%
3-4 times daily	132	6%	499	12%	631	10%
More than 5 times daily	48	2%	356	9%	404	7%
Total	2,160	100%	3,998	100%	6,158	100%

10. Where do you encounter second-hand smoke on campus?

Response	Foothill College		De Anza College		Total	
	N	%	N	%	N	%
Not at all	396	18%	306	8%	702	11%
Student parking lots	288	13%	499	13%	787	13%
Entrances to campus	373	17%	820	21%	1,193	19%
Along paths and walkways	414	19%	933	23%	1,347	22%
Adjacent to buildings	599	28%	1,347	34%	1,946	32%
Other	76	4%	85	2%	161	3%
Total	2,146	100%	3,990	100%	6,136	100%

11. How does second-hand smoke affect you?

Response	Foothill College		De Anza College		Total	
	N	%	N	%	N	%
I have asthma or other lung disease	215	10%	398	10%	613	10%
I am allergic to smoke	151	7%	273	7%	424	7%
Smoke irritates my eyes or nose	1,349	63%	2,478	62%	3,827	62%
Smoke does not bother me	439	20%	843	21%	1,282	21%
Total	2,154	100%	3,992	100%	6,146	100%

FHDA Smoking Policy Survey Results, by College, Fall 2011

12. Do you know that the Foothill-De Anza smoke-free campus policy states that smoking is only allowed in designated areas?

Response	Foothill College		De Anza College		Total	
	N	%	N	%	N	%
Yes	1,773	82%	3,548	89%	5,321	87%
No	377	18%	426	11%	803	13%
Total	2,150	100%	3,974	100%	6,124	100%

13. In your opinion, does a smoke-free campus policy reduce smoking on campus?

Response	Foothill College		De Anza College		Total	
	N	%	N	%	N	%
Yes	1,447	67%	2,338	59%	3,785	62%
No	502	23%	1,292	32%	1,794	29%
No opinion	214	10%	353	9%	567	9%
Total	2,163	100%	3,983	100%	6,146	100%

14. Do you think the smoke-free campus policy is well enforced?

Response	Foothill College		De Anza College		Total	
	N	%	N	%	N	%
Not enforced at all	511	25%	1,244	31%	1,755	29%
Somewhat enforced	955	46%	1,913	48%	2,868	47%
Well enforced	437	21%	561	14%	998	17%
Very well enforced	135	6%	168	4%	303	5%
Enforced completely	47	2%	71	2%	118	2%
Total	2,085	100%	3,957	100%	6,042	100%

15. Does the campus need better or clearer signs to assist smokers in knowing which parking lots are allowed to smoke?

Response	Foothill College		De Anza College		Total	
	N	%	N	%	N	%
Yes	1,334	62%	2,627	66%	3,961	65%
No	379	18%	839	21%	1,218	20%
No opinion	437	20%	519	13%	956	16%
Total	2,150	100%	3,985	100%	6,135	100%

FHDA Smoking Policy Survey Results, by College, Fall 2011

16. Would strict enforcement of smoking policy that included citations with fines lead you to reduce your smoking while on campus?

Response	Foothill College		De Anza College		Total	
	N	%	N	%	N	%
I am not a smoker	1,940	90%	3,489	87%	5,429	88%
No I will continue to smoke	89	4%	217	5%	306	5%
Maybe I might try to cut back	35	2%	88	2%	123	2%
Yes I would likely smoke less	92	4%	197	5%	289	5%
Total	2,156	100%	3,991	100%	6,147	100%

17. How would strict enforcement of smoking policy that included citations with fines affect your experience on campus?

Response	Foothill College		De Anza College		Total	
	N	%	N	%	N	%
It would have little or no effect	811	38%	1,255	32%	2,066	34%
It would have a positive effect	1,169	55%	2,349	59%	3,518	58%
It would have a negative effect	117	5%	263	7%	380	6%
I would consider studying at another campus	46	2%	105	3%	151	2%
Total	2,143	100%	3,972	100%	6,115	100%

18. Would a 100% smoke-free environment (no smoking on campus or designated smoking areas) improve your learning/working environment?

Response	Foothill College		De Anza College		Total	
	N	%	N	%	N	%
Yes	1,179	55%	2,181	55%	3,360	55%
No	524	24%	985	25%	1,509	25%
No opinion	458	21%	824	21%	1,282	21%
Total	2,161	100%	3,990	100%	6,151	100%

19. Do you want the campus to be 100% smoke-free (no smoking on campus or designated smoking

Response	Foothill College		De Anza College		Total	
	N	%	N	%	N	%
Yes	1,274	59%	2,314	58%	3,588	58%
No	513	24%	1,007	25%	1,520	25%
No opinion	369	17%	670	17%	1,039	17%
Total	2,156	100%	3,991	100%	6,147	100%

FHDA Smoking Policy Survey Results by Student/Employee, Fall 2011

1. Please indicate the main campus you currently attend/work for:

Response	Students		Employees		Total	
	N	%	N	%	N	%
De Anza College (student)	3,655	65%	17	3%	3,672	59%
De Anza College (staff)	11	0%	320	55%	331	5%
Foothill College (student)	1,937	34%	8	1%	1,945	31%
Foothill College (staff)	15	0%	201	35%	216	3%
Central Services	6	0%	36	6%	42	1%
Total	5,624	100%	582	100%	6,206	100%

2. What is your primary role on this campus?

Response	Total	
	N	%
Student	5,641	91%
Classified Employee/Supervisor	219	4%
Faculty	343	6%
Administrator	20	0%
Total	6,223	100%

3. On average, how many hours per week do you spend on this campus?

Response	Students		Employees		Total	
	N	%	N	%	N	%
None-I only take/teach on-line courses.	536	10%	12	2%	548	9%
1- 5 hours	1,426	25%	40	7%	1,466	24%
6-10 hours	1,268	23%	92	16%	1,360	22%
11-15 hours	905	16%	44	8%	949	15%
16-20 hours	798	14%	55	9%	853	14%
21 or more	694	12%	337	58%	1,031	17%
Total	5,627	100%	580	100%	6,207	100%

4. What is your age?

Response	Students		Employees		Total	
	N	%	N	%	N	%
17 or younger	168	3%	0	0%	168	3%
18-24	2,907	52%	7	1%	2,914	47%
25-32	1,061	19%	44	8%	1,105	18%
33 or older	1,484	26%	529	91%	2,013	32%
Total	5,620	100%	580	100%	6,200	100%

Note:

The Employees group includes Classified Employee/Supervisor, Faculty, and Administrator.

FHDA Smoking Policy Survey Results by Student/Employee, Fall 2011

5. What is your gender?

Response	Students		Employees		Total	
	N	%	N	%	N	%
Male	2,314	41%	213	37%	2,527	41%
Female	3,221	57%	359	62%	3,580	58%
Decline to state	85	2%	7	1%	92	1%
Total	5,620	100%	579	100%	6,199	100%

6. Regarding tobacco use, which of the following best describes you?

Response	Students		Employees		Total	
	N	%	N	%	N	%
I have never been a smoker/tobacco user.	3,855	69%	398	69%	4,253	69%
I am a former smoker/tobacco user.	937	17%	148	26%	1,085	17%
I use only smokeless tobacco.	20	0%	1	0%	21	0%
I smoke/use tobacco including hookah cigars or pipes occasionally.	559	10%	22	4%	581	9%
I smoke/use tobacco including hookah cigars or pipes daily.	255	5%	9	2%	264	4%
Total	5,626	100%	578	100%	6,204	100%

7. Within the last 30 days, on how many days did you use:

Cigarettes

Response	Students		Employees		Total	
	N	%	N	%	N	%
Never used	4,098	73%	478	84%	4,576	74%
Have used but not in last 30 days	864	15%	77	13%	941	15%
1-2 days	150	3%	6	1%	156	3%
3-5 days	67	1%	2	0%	69	1%
6-9 days	45	1%	0	0%	45	1%
10-19 days	71	1%	0	0%	71	1%
20-29 days	72	1%	0	0%	72	1%
All 30 days	212	4%	8	1%	220	4%
Total	5,579	100%	571	100%	6,150	100%

Note:

The Employees group includes Classified Employee/Supervisor, Faculty, and Administrator.

FHDA Smoking Policy Survey Results by Student/Employee, Fall 2011

Cigars

Response	Students		Employees		Total	
	N	%	N	%	N	%
Never used	4,684	86%	512	92%	5,196	87%
Have used but not in last 30 days	647	12%	40	7%	687	11%
1-2 days	67	1%	3	1%	70	1%
3-5 days	10	0%	0	0%	10	0%
6-9 days	10	0%	1	0%	11	0%
10-19 days	4	0%	1	0%	5	0%
20-29 days	3	0%	1	0%	4	0%
All 30 days	11	0%	0	0%	11	0%
Total	5,436	100%	558	100%	5,994	100%

Smokeless Tobacco

Response	Students		Employees		Total	
	N	%	N	%	N	%
Never used	5,108	94%	550	98%	5,658	94%
Have used but not in last 30 days	285	5%	10	2%	295	5%
1-2 days	19	0%	0	0%	19	0%
3-5 days	8	0%	0	0%	8	0%
6-9 days	3	0%	0	0%	3	0%
10-19 days	6	0%	0	0%	6	0%
20-29 days	7	0%	0	0%	7	0%
All 30 days	9	0%	0	0%	9	0%
Total	5,445	100%	560	100%	6,005	100%

Hookah

Response	Students		Employees		Total	
	N	%	N	%	N	%
Never used	4,209	77%	532	95%	4,741	79%
Have used but not in last 30 days	1,029	19%	29	5%	1,058	18%
1-2 days	140	3%	0	0%	140	2%
3-5 days	40	1%	0	0%	40	1%
6-9 days	20	0%	0	0%	20	0%
10-19 days	13	0%	1	0%	14	0%
20-29 days	5	0%	0	0%	5	0%
All 30 days	3	0%	0	0%	3	0%
Total	5,459	100%	562	100%	6,021	100%

Note:

The Employees group includes Classified Employee/Supervisor, Faculty, and Administrator.

FHDA Smoking Policy Survey Results by Student/Employee, Fall 2011

Electronic Cigarettes

Response	Students		Employees		Total	
	N	%	N	%	N	%
Never used	5,091	94%	551	99%	5,642	94%
Have used but not in last 30 days	310	6%	5	1%	315	5%
1-2 days	19	0%	1	0%	20	0%
3-5 days	5	0%	0	0%	5	0%
6-9 days	5	0%	0	0%	5	0%
10-19 days	3	0%	0	0%	3	0%
20-29 days	1	0%	0	0%	1	0%
All 30 days	5	0%	0	0%	5	0%
Total	5,439	100%	557	100%	5,996	100%

Pipes

Response	Students		Employees		Total	
	N	%	N	%	N	%
Never used	4,922	91%	527	96%	5,449	91%
Have used but not in last 30 days	411	8%	20	4%	431	7%
1-2 days	35	1%	1	0%	36	1%
3-5 days	16	0%	0	0%	16	0%
6-9 days	14	0%	0	0%	14	0%
10-19 days	18	0%	1	0%	19	0%
20-29 days	9	0%	1	0%	10	0%
All 30 days	12	0%	0	0%	12	0%
Total	5,437	100%	550	100%	5,987	100%

8. Do you know that Health Services at Foothill College and De Anza College currently have a tobacco cessation program, which provides free nicotine replacement patches and nicotine gum along with one-on-one counseling?

Response	Students		Employees		Total	
	N	%	N	%	N	%
Yes	1,610	29%	346	60%	1,956	32%
No	3,993	71%	228	40%	4,221	68%
Total	5,603	100%	574	100%	6,177	100%

Note:

The Employees group includes Classified Employee/Supervisor, Faculty, and Administrator.

FHDA Smoking Policy Survey Results by Student/Employee, Fall 2011

9. How often do you encounter second-hand smoke on campus?

Response	Students		Employees		Total	
	N	%	N	%	N	%
Never	661	12%	22	4%	683	11%
Rarely	1,108	20%	103	18%	1,211	20%
Occasionally	1,825	32%	217	37%	2,042	33%
1-2 times daily	1,100	20%	126	22%	1,226	20%
3-4 times daily	569	10%	66	11%	635	10%
More than 5 times daily	359	6%	45	8%	404	7%
Total	5,622	100%	579	100%	6,201	100%

10. Where do you encounter second-hand smoke on campus?

Response	Students		Employees		Total	
	N	%	N	%	N	%
Not at all	686	12%	25	4%	711	12%
Student parking lots	740	13%	53	9%	793	13%
Entrances to campus	1,083	19%	115	20%	1,198	19%
Along paths and walkways	1,259	22%	95	16%	1,354	22%
Adjacent to buildings	1,677	30%	285	49%	1,962	32%
Other	154	3%	7	1%	161	3%
Total	5,599	100%	580	100%	6,179	100%

11. How does second-hand smoke affect you?

Response	Students		Employees		Total	
	N	%	N	%	N	%
I have asthma or other lung disease	555	10%	60	10%	615	10%
I am allergic to smoke	353	6%	72	12%	425	7%
Smoke irritates my eyes or nose	3,493	62%	365	63%	3,858	62%
Smoke does not bother me	1,211	22%	80	14%	1,291	21%
Total	5,612	100%	577	100%	6,189	100%

Note:

The Employees group includes Classified Employee/Supervisor, Faculty, and Administrator.

FHDA Smoking Policy Survey Results by Student/Employee, Fall 2011

12. Do you know that the Foothill-De Anza smoke-free campus policy states that smoking is only allowed in designated areas?

Response	Students		Employees		Total	
	N	%	N	%	N	%
Yes	4,806	86%	550	96%	5,356	87%
No	792	14%	20	4%	812	13%
Total	5,598	100%	570	100%	6,168	100%

13. In your opinion, does a smoke-free campus policy reduce smoking on campus?

Response	Students		Employees		Total	
	N	%	N	%	N	%
Yes	3,383	60%	432	75%	3,815	62%
No	1,699	30%	103	18%	1,802	29%
No opinion	532	9%	38	7%	570	9%
Total	5,614	100%	573	100%	6,187	100%

14. Do you think the smoke-free campus policy is well enforced?

Response	Students		Employees		Total	
	N	%	N	%	N	%
Not enforced at all	1,492	27%	277	48%	1,769	29%
Somewhat enforced	2,662	48%	227	40%	2,889	47%
Well enforced	949	17%	49	9%	998	16%
Very well enforced	292	5%	16	3%	308	5%
Enforced completely	115	2%	4	1%	119	2%
Total	5,510	100%	573	100%	6,083	100%

15. Does the campus need better or clearer signs to assist smokers in knowing which parking lots are allowed to smoke?

Response	Students		Employees		Total	
	N	%	N	%	N	%
Yes	3,595	64%	394	69%	3,989	65%
No	1,107	20%	120	21%	1,227	20%
No opinion	903	16%	59	10%	962	16%
Total	5,605	100%	573	100%	6,178	100%

Note:

The Employees group includes Classified Employee/Supervisor, Faculty, and Administrator.

FHDA Smoking Policy Survey Results by Student/Employee, Fall 2011

16. Would strict enforcement of smoking policy that included citations with fines lead you to reduce your smoking while on campus?

Response	Students		Employees		Total	
	N	%	N	%	N	%
I am not a smoker	4,909	87%	557	96%	5,466	88%
No I will continue to smoke	301	5%	10	2%	311	5%
Maybe I might try to cut back	119	2%	5	1%	124	2%
Yes I would likely smoke less	283	5%	6	1%	289	5%
Total	5,612	100%	578	100%	6,190	100%

17. How would strict enforcement of smoking policy that included citations with fines affect your experience on campus?

Response	Students		Employees		Total	
	N	%	N	%	N	%
It would have little or no effect	1,930	35%	152	27%	2,082	34%
It would have a positive effect	3,157	57%	383	67%	3,540	57%
It would have a negative effect	350	6%	33	6%	383	6%
I would consider studying at another campus	150	3%	2	0%	152	2%
Total	5,587	100%	570	100%	6,157	100%

18. Would a 100% smoke-free environment (no smoking on campus or parking lots) improve your learning/working environment?

Response	Students		Employees		Total	
	N	%	N	%	N	%
Yes	3,017	54%	366	63%	3,383	55%
No	1,414	25%	105	18%	1,519	25%
No opinion	1,186	21%	107	19%	1,293	21%
Total	5,617	100%	578	100%	6,195	100%

19. Do you want the campus to be 100% smoke-free (no smoking on campus or parking lots)?

Response	Students		Employees		Total	
	N	%	N	%	N	%
Yes	3,260	58%	352	61%	3,612	58%
No	1,378	25%	155	27%	1,533	25%
No opinion	975	17%	70	12%	1,045	17%
Total	5,613	100%	577	100%	6,190	100%

Note:

The Employees group includes Classified Employee/Supervisor, Faculty, and Administrator.

FHDA Smoking Policy Survey Results by Zip Code, Fall 2011

1. Please indicate the main campus you currently attend/work for:

	Mountain View, Los Altos, Palo Alto		Sunnyvale		Cupertino		Santa Clara		San Jose		Other	
Response	N	%	N	%	N	%	N	%	N	%	N	%
De Anza College (student)	129	18%	319	69%	291	70%	213	72%	1,498	78%	827	49%
De Anza College (staff)	18	2%	13	3%	72	17%	13	4%	59	3%	128	8%
Foothill College (student)	506	69%	119	26%	47	11%	63	21%	328	17%	634	37%
Foothill College (staff)	65	9%	6	1%	5	1%	4	1%	21	1%	92	5%
Central Services	18	2%	3	1%	0	0%	1	0%	6	0%	10	1%
Total	736	100%	460	100%	415	100%	294	100%	1,912	100%	1,691	100%

2. What is your primary role on this campus?

	Mountain View, Los Altos, Palo Alto		Sunnyvale		Cupertino		Santa Clara		San Jose		Other	
Response	N	%	N	%	N	%	N	%	N	%	N	%
Student	642	87%	438	95%	337	82%	277	94%	1,823	95%	1,460	86%
Classified Employee/Supervisor	50	7%	10	2%	36	9%	8	3%	37	2%	71	4%
Faculty	42	6%	11	2%	38	9%	9	3%	50	3%	149	9%
Administrator	2	0%	1	0%	2	0%	0	0%	3	0%	10	1%
Total	736	100%	460	100%	413	100%	294	100%	1,913	100%	1,690	100%

3. On average, how many hours per week do you spend on this campus?

	Mountain View, Los Altos, Palo Alto		Sunnyvale		Cupertino		Santa Clara		San Jose		Other	
Response	N	%	N	%	N	%	N	%	N	%	N	%
None-I only take/teach on-line courses.	61	8%	31	7%	24	6%	15	5%	97	5%	232	14%
1- 5 hours	170	23%	123	27%	97	24%	68	23%	420	22%	443	26%
6-10 hours	162	22%	97	21%	83	20%	73	25%	460	24%	328	19%
11-15 hours	115	16%	76	17%	55	13%	46	16%	342	18%	210	12%
16-20 hours	96	13%	61	13%	46	11%	42	14%	289	15%	215	13%
21 or more	134	18%	72	16%	107	26%	51	17%	303	16%	265	16%
Total	738	100%	460	100%	412	100%	295	100%	1,911	100%	1,693	100%

FHDA Smoking Policy Survey Results by Zip Code, Fall 2011

4. What is your age?

	Mountain View, Los Altos, Palo Alto		Sunnyvale		Cupertino		Santa Clara		San Jose		Other	
Response	N	%	N	%	N	%	N	%	N	%	N	%
17 or younger	17	2%	14	3%	44	11%	7	2%	25	1%	51	3%
18-24	290	39%	216	47%	148	36%	151	51%	1,126	59%	643	38%
25-32	119	16%	84	18%	44	11%	66	22%	383	20%	272	16%
33 or older	311	42%	146	32%	176	43%	71	24%	380	20%	724	43%
Total	737	100%	460	100%	412	100%	295	100%	1,914	100%	1,690	100%

5. What is your gender?

	Mountain View, Los Altos, Palo Alto		Sunnyvale		Cupertino		Santa Clara		San Jose		Other	
Response	N	%	N	%	N	%	N	%	N	%	N	%
Male	286	39%	186	40%	190	46%	126	43%	779	41%	683	40%
Female	444	60%	270	59%	218	53%	162	55%	1,120	58%	962	57%
Decline to state	6	1%	4	1%	4	1%	6	2%	16	1%	46	3%
Total	736	100%	460	100%	412	100%	294	100%	1,915	100%	1,691	100%

6. Regarding tobacco use, which of the following best describes you?

	Mountain View, Los Altos, Palo Alto		Sunnyvale		Cupertino		Santa Clara		San Jose		Other	
Response	N	%	N	%	N	%	N	%	N	%	N	%
I have never been a smoker/tobacco user.	512	69%	323	70%	320	78%	185	63%	1,326	69%	1,132	67%
I am a former smoker/tobacco user.	147	20%	89	19%	53	13%	54	18%	304	16%	307	18%
I use only smokeless tobacco.	1	0%	1	0%	1	0%	2	1%	8	0%	5	0%
I smoke/use tobacco including hookah cigars or pipes occasionally.	52	7%	35	8%	26	6%	36	12%	204	11%	155	9%
I smoke/use tobacco including hookah cigars or pipes daily.	26	4%	13	3%	11	3%	16	5%	74	4%	94	6%
Total	738	100%	461	100%	411	100%	293	100%	1,916	100%	1,693	100%

FHDA Smoking Policy Survey Results by Zip Code, Fall 2011

7. Within the last 30 days, on how many days did you use:

Cigarettes

	Mountain View, Los Altos, Palo Alto		Sunnyvale		Cupertino		Santa Clara		San Jose		Other	
Response	N	%	N	%	N	%	N	%	N	%	N	%
Never used	540	74%	358	78%	333	81%	199	68%	1,414	74%	1,236	74%
Have used but not in last 30 days	124	17%	62	14%	50	12%	51	17%	298	16%	241	14%
1-2 days	20	3%	13	3%	10	2%	12	4%	48	3%	35	2%
3-5 days	9	1%	3	1%	2	0%	3	1%	23	1%	18	1%
6-9 days	4	1%	1	0%	4	1%	3	1%	13	1%	14	1%
10-19 days	5	1%	3	1%	0	0%	5	2%	20	1%	26	2%
20-29 days	6	1%	6	1%	2	0%	8	3%	21	1%	23	1%
All 30 days	21	3%	12	3%	8	2%	12	4%	65	3%	79	5%
Total	729	100%	458	100%	409	100%	293	100%	1,902	100%	1,672	100%

Cigars

	Mountain View, Los Altos, Palo Alto		Sunnyvale		Cupertino		Santa Clara		San Jose		Other	
Response	N	%	N	%	N	%	N	%	N	%	N	%
Never used	619	87%	391	87%	366	91%	237	83%	1,623	88%	1,383	85%
Have used but not in last 30 days	86	12%	49	11%	31	8%	37	13%	199	11%	201	13%
1-2 days	2	0%	5	1%	4	1%	7	2%	19	1%	26	2%
3-5 days	2	0%	1	0%	0	0%	0	0%	4	0%	2	0%
6-9 days	1	0%	2	0%	0	0%	1	0%	2	0%	5	0%
10-19 days	0	0%	0	0%	0	0%	1	0%	1	0%	3	0%
20-29 days	0	0%	0	0%	1	0%	1	0%	1	0%	0	0%
All 30 days	1	0%	1	0%	2	0%	0	0%	4	0%	2	0%
Total	711	100%	449	100%	404	100%	284	100%	1,853	100%	1,622	100%

FHDA Smoking Policy Survey Results by Zip Code, Fall 2011

Smokeless Tobacco

	Mountain View, Los Altos, Palo Alto		Sunnyvale		Cupertino		Santa Clara		San Jose		Other	
Response	N	%	N	%	N	%	N	%	N	%	N	%
Never used	673	94%	430	96%	387	97%	265	93%	1,764	95%	1,508	93%
Have used but not in last 30 days	37	5%	16	4%	10	3%	18	6%	83	4%	93	6%
1-2 days	3	0%	1	0%	0	0%	0	0%	4	0%	8	1%
3-5 days	2	0%	0	0%	1	0%	1	0%	0	0%	3	0%
6-9 days	0	0%	0	0%	0	0%	0	0%	1	0%	2	0%
10-19 days	0	0%	0	0%	0	0%	0	0%	3	0%	3	0%
20-29 days	0	0%	0	0%	1	0%	0	0%	3	0%	2	0%
All 30 days	0	0%	1	0%	0	0%	1	0%	2	0%	5	0%
Total	715	100%	448	100%	399	100%	285	100%	1,860	100%	1,624	100%

Hookah

	Mountain View, Los Altos, Palo Alto		Sunnyvale		Cupertino		Santa Clara		San Jose		Other	
Response	N	%	N	%	N	%	N	%	N	%	N	%
Never used	582	81%	370	83%	345	86%	211	74%	1,424	76%	1,313	81%
Have used but not in last 30 days	123	17%	60	13%	47	12%	60	21%	369	20%	249	15%
1-2 days	10	1%	8	2%	6	1%	8	3%	47	3%	38	2%
3-5 days	3	0%	3	1%	3	1%	6	2%	11	1%	12	1%
6-9 days	0	0%	3	1%	1	0%	1	0%	7	0%	7	1%
10-19 days	0	0%	1	0%	0	0%	0	0%	9	0%	3	0%
20-29 days	1	0%	0	0%	0	0%	0	0%	2	0%	2	0%
All 30 days	0	0%	0	0%	0	0%	0	0%	1	0%	2	0%
Total	719	100%	445	100%	402	100%	286	100%	1,870	100%	1,626	100%

FHDA Smoking Policy Survey Results by Zip Code, Fall 2011

Electronic Cigarettes

	Mountain View, Los Altos, Palo Alto		Sunnyvale		Cupertino		Santa Clara		San Jose		Other	
Response	N	%	N	%	N	%	N	%	N	%	N	%
Never used	669	94%	424	95%	388	97%	265	93%	1,755	95%	1,515	93%
Have used but not in last 30 days	38	5%	21	5%	10	3%	19	7%	90	5%	96	6%
1-2 days	4	1%	0	0%	1	0%	0	0%	8	0%	5	1%
3-5 days	1	0%	0	0%	0	0%	0	0%	0	0%	2	0%
6-9 days	0	0%	0	0%	1	0%	1	0%	1	0%	2	0%
10-19 days	0	0%	0	0%	0	0%	0	0%	0	0%	1	0%
20-29 days	0	0%	0	0%	0	0%	0	0%	1	0%	0	0%
All 30 days	0	0%	1	0%	0	0%	0	0%	1	0%	3	0%
Total	712	100%	446	100%	400	100%	285	100%	1,856	100%	1,624	100%

Pipes

	Mountain View, Los Altos, Palo Alto		Sunnyvale		Cupertino		Santa Clara		San Jose		Other	
Response	N	%	N	%	N	%	N	%	N	%	N	%
Never used	645	91%	411	92%	381	95%	256	89%	1,703	92%	1,460	90%
Have used but not in last 30 days	55	8%	21	5%	19	5%	23	8%	122	7%	133	8%
1-2 days	0	0%	4	1%	0	0%	3	1%	15	1%	9	1%
3-5 days	3	0%	3	1%	1	0%	0	0%	2	0%	6	1%
6-9 days	2	0%	2	0%	1	0%	2	1%	4	0%	1	0%
10-19 days	3	0%	3	1%	0	0%	0	0%	4	0%	6	0%
20-29 days	1	0%	1	0%	0	0%	1	0%	3	0%	3	0%
All 30 days	3	0%	0	0%	0	0%	2	1%	2	0%	4	0%
Total	712	100%	445	100%	402	100%	287	100%	1,855	100%	1,622	100%

8. Do you know that Health Services at Foothill College and De Anza College currently have a tobacco cessation program, which provides free nicotine replacement patches and nicotine gum along with one-on-one counseling?

	Mountain View, Los Altos, Palo Alto		Sunnyvale		Cupertino		Santa Clara		San Jose		Other	
Response	N	%	N	%	N	%	N	%	N	%	N	%
Yes	314	43%	139	30%	122	30%	94	32%	559	29%	518	31%
No	423	57%	320	70%	288	70%	198	68%	1,350	71%	1,162	69%
Total	737	100%	459	100%	410	100%	292	100%	1,909	100%	1,680	100%

FHDA Smoking Policy Survey Results by Zip Code, Fall 2011

9. How often do you encounter second-hand smoke on campus?

	Mountain View, Los Altos, Palo Alto		Sunnyvale		Cupertino		Santa Clara		San Jose		Other	
Response	N	%	N	%	N	%	N	%	N	%	N	%
Never	106	14%	43	9%	34	8%	27	9%	156	8%	258	15%
Rarely	185	25%	79	17%	78	19%	59	20%	326	17%	342	20%
Occasionally	256	35%	160	35%	145	35%	92	31%	646	34%	510	30%
1-2 times daily	122	16%	90	19%	83	20%	55	19%	421	22%	303	18%
3-4 times daily	48	6%	60	13%	38	9%	36	12%	196	10%	184	11%
More than 5 times daily	23	3%	30	6%	36	9%	24	8%	168	9%	91	5%
Total	740	100%	462	100%	414	100%	293	100%	1,913	100%	1,688	100%

10. Where do you encounter second-hand smoke on campus?

	Mountain View, Los Altos, Palo Alto		Sunnyvale		Cupertino		Santa Clara		San Jose		Other	
Response	N	%	N	%	N	%	N	%	N	%	N	%
Not at all	110	15%	48	10%	29	7%	27	9%	165	9%	267	16%
Student parking lots	99	13%	57	12%	49	12%	43	15%	257	13%	190	11%
Entrances to campus	136	19%	84	18%	73	18%	60	20%	423	22%	279	17%
Along paths and walkways	141	19%	119	26%	94	23%	53	18%	429	22%	370	22%
Adjacent to buildings	221	30%	144	31%	157	38%	101	34%	601	31%	519	31%
Other	28	4%	9	2%	8	2%	11	4%	40	2%	50	3%
Total	735	100%	461	100%	410	100%	295	100%	1,915	100%	1,675	100%

11. How does second-hand smoke affect you?

	Mountain View, Los Altos, Palo Alto		Sunnyvale		Cupertino		Santa Clara		San Jose		Other	
Response	N	%	N	%	N	%	N	%	N	%	N	%
I have asthma or other lung disease	61	8%	36	8%	34	8%	30	10%	195	10%	172	10%
I am allergic to smoke	49	7%	32	7%	39	9%	16	5%	125	7%	120	7%
Smoke irritates my eyes or nose	463	63%	305	66%	263	64%	185	63%	1,204	63%	1,009	60%
Smoke does not bother me	164	22%	87	19%	78	19%	64	22%	385	20%	382	23%
Total	737	100%	460	100%	414	100%	295	100%	1,909	100%	1,683	100%

FHDA Smoking Policy Survey Results by Zip Code, Fall 2011

12. Do you know that the Foothill-De Anza smoke-free campus policy states that smoking is only allowed in designated areas?

	Mountain View, Los Altos, Palo Alto		Sunnyvale		Cupertino		Santa Clara		San Jose		Other	
Response	N	%	N	%	N	%	N	%	N	%	N	%
Yes	620	85%	397	87%	348	86%	266	91%	1,710	90%	1,412	84%
No	110	15%	60	13%	59	14%	25	9%	196	10%	274	16%
Total	730	100%	457	100%	407	100%	291	100%	1,906	100%	1,686	100%

13. In your opinion, does a smoke-free campus policy reduce smoking on campus?

	Mountain View, Los Altos, Palo Alto		Sunnyvale		Cupertino		Santa Clara		San Jose		Other	
Response	N	%	N	%	N	%	N	%	N	%	N	%
Yes	484	66%	282	61%	281	69%	185	63%	1,145	60%	1,005	60%
No	184	25%	137	30%	101	25%	90	31%	595	31%	498	30%
No opinion	69	9%	41	9%	28	7%	20	7%	169	9%	183	11%
Total	737	100%	460	100%	410	100%	295	100%	1,909	100%	1,686	100%

14. Do you think the smoke-free campus policy is well enforced?

	Mountain View, Los Altos, Palo Alto		Sunnyvale		Cupertino		Santa Clara		San Jose		Other	
Response	N	%	N	%	N	%	N	%	N	%	N	%
Not enforced at all	197	27%	135	29%	117	29%	73	25%	551	29%	509	31%
Somewhat enforced	326	45%	216	47%	212	52%	138	47%	955	50%	707	44%
Well enforced	138	19%	80	17%	54	13%	59	20%	278	15%	284	18%
Very well enforced	39	5%	21	5%	14	3%	12	4%	92	5%	89	5%
Enforced completely	19	3%	7	2%	12	3%	10	3%	25	1%	30	2%
Total	719	100%	459	100%	409	100%	292	100%	1,901	100%	1,619	100%

FHDA Smoking Policy Survey Results by Zip Code, Fall 2011

15. Does the campus need better or clearer signs to assist smokers in knowing which parking lots are allowed to smoke?

	Mountain View, Los Altos, Palo Alto		Sunnyvale		Cupertino		Santa Clara		San Jose		Other	
Response	N	%	N	%	N	%	N	%	N	%	N	%
Yes	448	61%	307	67%	272	66%	209	72%	1,320	69%	995	59%
No	138	19%	82	18%	76	18%	56	19%	364	19%	367	22%
No opinion	147	20%	70	15%	64	16%	27	9%	226	12%	319	19%
Total	733	100%	459	100%	412	100%	292	100%	1,910	100%	1,681	100%

16. Would strict enforcement of smoking policy that included citations with fines lead you to reduce your smoking while on campus?

	Mountain View, Los Altos, Palo Alto		Sunnyvale		Cupertino		Santa Clara		San Jose		Other	
Response	N	%	N	%	N	%	N	%	N	%	N	%
I am not a smoker	672	91%	417	90%	382	93%	242	83%	1,694	88%	1,462	87%
No, I will continue to smoke	34	5%	20	4%	12	3%	21	7%	81	4%	110	7%
Maybe I might try to cut back	12	2%	8	2%	5	1%	9	3%	36	2%	38	2%
Yes I would likely smoke less	20	3%	16	3%	11	3%	18	6%	105	5%	77	5%
Total	738	100%	461	100%	410	100%	290	100%	1,916	100%	1,687	100%

17. How would strict enforcement of smoking policy that included citations with fines affect your experience on campus?

	Mountain View, Los Altos, Palo Alto		Sunnyvale		Cupertino		Santa Clara		San Jose		Other	
Response	N	%	N	%	N	%	N	%	N	%	N	%
It would have little or no effect	273	37%	147	32%	126	31%	88	30%	631	33%	589	35%
It would have a positive effect	399	54%	274	60%	251	61%	175	60%	1,139	60%	895	54%
It would have a negative effect	50	7%	31	7%	25	6%	22	8%	102	5%	118	7%
I would consider studying at another campus	16	2%	7	2%	9	2%	7	2%	38	2%	60	4%
Total	738	100%	459	100%	411	100%	292	100%	1,910	100%	1,662	100%

FHDA Smoking Policy Survey Results by Zip Code, Fall 2011

18. Would a 100% smoke-free environment (no smoking on campus or parking lots) improve your learning/working environment?

	Mountain View, Los Altos, Palo Alto		Sunnyvale		Cupertino		Santa Clara		San Jose		Other	
Response	N	%	N	%	N	%	N	%	N	%	N	%
Yes	392	53%	257	56%	255	62%	159	54%	1,048	55%	899	53%
No	193	26%	113	25%	72	18%	75	26%	443	23%	456	27%
No opinion	151	21%	91	20%	83	20%	59	20%	419	22%	335	20%
Total	736	100%	461	100%	410	100%	293	100%	1,910	100%	1,690	100%

19. Do you want the campus to be 100% smoke-free (no smoking on campus or parking lots)?

	Mountain View, Los Altos, Palo Alto		Sunnyvale		Cupertino		Santa Clara		San Jose		Other	
Response	N	%	N	%	N	%	N	%	N	%	N	%
Yes	411	56%	272	59%	257	62%	172	59%	1,141	60%	967	57%
No	200	27%	104	23%	85	21%	70	24%	422	22%	468	28%
No opinion	126	17%	84	18%	70	17%	52	18%	349	18%	247	15%
Total	737	100%	460	100%	412	100%	294	100%	1,912	100%	1,682	100%

FHDA Smoking Policy Survey Results by East San Jose, Fall 2011

1. Please indicate the main campus you currently attend/work for:

Response	East San Jose Zip Codes ¹		All other Zip Codes	
	N	%	N	%
De Anza College (student)	1,194	79%	2,488	53%
De Anza College (staff)	45	3%	286	6%
Foothill College (student)	260	17%	1,693	36%
Foothill College (staff)	17	1%	200	4%
Central Services	5	0%	37	1%
Total	1,521	100%	4,704	100%

2. What is your primary role on this campus?

Response	Foothill				De Anza			
	East San Jose Zip Codes ¹		All other Zip Codes		East San Jose Zip Codes ¹		All other Zip Codes	
	N	%	N	%	N	%	N	%
Student	260	94%	1,692	90%	1,188	96%	2,478	90%
Classified Employee/ Supervisor	4	1%	64	3%	20	2%	98	4%
Faculty	13	5%	119	6%	28	2%	182	7%
Administrator	0	0%	9	0%	2	0%	7	0%
Total	277	100%	1,884	100%	1,238	100%	2,765	100%

3. On average, how many hours per week do you spend on this campus?

Response	Foothill				De Anza			
	East San Jose Zip Codes ¹		All other Zip Codes		East San Jose Zip Codes ¹		All other Zip Codes	
	N	%	N	%	N	%	N	%
None-I only take/teach on-line courses.	35	13%	313	17%	40	3%	155	6%
1- 5 hours	56	20%	460	24%	275	22%	669	24%
6-10 hours	66	24%	378	20%	305	25%	611	22%
11-15 hours	56	20%	256	14%	221	18%	418	15%
16-20 hours	33	12%	215	11%	200	16%	403	15%
21 or more	31	11%	268	14%	194	16%	510	18%
Total	277	100%	1,890	100%	1,235	100%	2,766	100%

FHDA Smoking Policy Survey Results by East San Jose, Fall 2011

4. What is your age?

Response	Foothill				De Anza			
	East San Jose Zip Codes ¹		All other Zip Codes		East San Jose Zip Codes ¹		All other Zip Codes	
	N	%	N	%			N	%
17 or younger	1	0%	40	2%	11	1%	114	4%
18-24	126	45%	736	39%	790	64%	1,258	46%
25-32	78	28%	353	19%	225	18%	445	16%
33 or older	72	26%	754	40%	211	17%	943	34%
Total	277	100%	1,883	100%	1,237	100%	2,760	100%

5. What is your gender?

Response	Foothill				De Anza			
	East San Jose Zip Codes ¹		All other Zip Codes		East San Jose Zip Codes ¹		All other Zip Codes	
	N	%	N	%			N	%
Male	110	40%	754	40%	508	41%	1,142	41%
Female	165	60%	1,101	58%	717	58%	1,567	57%
Decline to state	2	1%	30	2%	12	1%	48	2%
Total	277	100%	1,885	100%	1,237	100%	2,757	100%

6. Regarding tobacco use, which of the following best describes you?

Response	Foothill				De Anza			
	East San Jose Zip Codes ¹		All other Zip Codes		East San Jose Zip Codes ¹		All other Zip Codes	
	N	%	N	%				
I have never been a smoker/tobacco user.	198	71%	1,260	67%	853	69%	1,912	69%
I am a former smoker/tobacco user.	43	16%	382	20%	196	16%	457	17%
I use only smokeless tobacco.	2	1%	4	0%	2	0%	13	0%
I smoke/use tobacco including hookah cigars or pipes occasionally.	27	10%	173	9%	141	11%	237	9%
I smoke/use tobacco including hookah cigars or pipes daily.	7	3%	68	4%	46	4%	140	5%
Total	277	100%	1,887	100%	1,238	100%	2,759	100%

FHDA Smoking Policy Survey Results by East San Jose, Fall 2011

7. Within the last 30 days, on how many days did you use:

Cigarettes

Response	Foothill				De Anza			
	East San Jose Zip Codes ¹		All other Zip Codes		East San Jose Zip Codes ¹		All other Zip Codes	
	N	%	N	%	N	%	N	%
Never used	203	73%	1,370	73%	912	74%	2,057	75%
Have used but not in last 30 days	52	19%	316	17%	190	15%	380	14%
1-2 days	7	3%	45	2%	35	3%	67	2%
3-5 days	3	1%	23	1%	12	1%	31	1%
6-9 days	1	0%	14	1%	10	1%	20	1%
10-19 days	3	1%	21	1%	14	1%	33	1%
20-29 days	1	0%	20	1%	14	1%	36	1%
All 30 days	7	3%	58	3%	40	3%	113	4%
Total	277	100%	1,867	100%	1,227	100%	2,737	100%

Cigars

Response	Foothill				De Anza			
	East San Jose Zip Codes ¹		All other Zip Codes		East San Jose Zip Codes ¹		All other Zip Codes	
	N	%	N	%	N	%	N	%
Never used	230	85%	1,556	85%	1,045	88%	2,327	87%
Have used but not in last 30 days	36	13%	236	13%	129	11%	285	11%
1-2 days	3	1%	15	1%	13	1%	38	1%
3-5 days	0	0%	4	0%	3	0%	3	0%
6-9 days	1	0%	4	0%	1	0%	4	0%
10-19 days	0	0%	2	0%	1	0%	2	0%
20-29 days	0	0%	1	0%	1	0%	2	0%
All 30 days	0	0%	2	0%	1	0%	8	0%
Total	270	100%	1,820	100%	1,194	100%	2,669	100%

FHDA Smoking Policy Survey Results by East San Jose, Fall 2011

Smokeless Tobacco

Response	Foothill				De Anza			
	East San Jose Zip Codes ¹		All other Zip Codes		East San Jose Zip Codes ¹		All other Zip Codes	
	N	%	N	%	N	%	N	%
Never used	254	93%	1,704	94%	1,136	95%	2,525	95%
Have used but not in last 30 days	17	6%	101	6%	56	5%	120	4%
1-2 days	0	0%	10	1%	3	0%	6	0%
3-5 days	0	0%	2	0%	0	0%	5	0%
6-9 days	0	0%	1	0%	0	0%	2	0%
10-19 days	0	0%	2	0%	3	0%	1	0%
20-29 days	0	0%	1	0%	2	0%	4	0%
All 30 days	1	0%	1	0%	0	0%	7	0%
Total	272	100%	1,822	100%	1,200	100%	2,670	100%

Hookah

Response	Foothill				De Anza			
	East San Jose Zip Codes ¹		All other Zip Codes		East San Jose Zip Codes ¹		All other Zip Codes	
	N	%	N	%	N	%	N	%
Never used	203	75%	1,438	79%	916	76%	2,145	80%
Have used but not in last 30 days	56	21%	330	18%	238	20%	432	16%
1-2 days	8	3%	38	2%	35	3%	59	2%
3-5 days	2	1%	10	1%	6	0%	22	1%
6-9 days	0	0%	2	0%	7	1%	11	0%
10-19 days	1	0%	3	0%	8	1%	2	0%
20-29 days	0	0%	2	0%	1	0%	2	0%
All 30 days	0	0%	1	0%	1	0%	1	0%
Total	270	100%	1,824	100%	1,212	100%	2,674	100%

FHDA Smoking Policy Survey Results by East San Jose, Fall 2011

Electronic Cigarettes

Response	Foothill				De Anza			
	East San Jose		All other		East San Jose		All other	
	Zip Codes ¹		Zip Codes		Zip Codes ¹		Zip Codes	
	N	%	N	%	N	%	N	%
Never used	252	93%	1,694	93%	1,133	95%	2,526	95%
Have used but not in last 30 days	17	6%	106	6%	60	5%	129	5%
1-2 days	2	1%	7	0%	4	0%	7	0%
3-5 days	0	0%	3	0%	0	0%	2	0%
6-9 days	0	0%	1	0%	1	0%	3	0%
10-19 days	0	0%	2	0%	0	0%	1	0%
20-29 days	0	0%	0	0%	0	0%	1	0%
All 30 days	0	0%	3	0%	0	0%	2	0%
Total	271	100%	1,816	100%	1,198	100%	2,671	100%

Pipes

Response	Foothill				De Anza			
	East San Jose		All other		East San Jose		All other	
	Zip Codes ¹		Zip Codes		Zip Codes ¹		Zip Codes	
	N	%	N	%	N	%	N	%
Never used	243	89%	1,628	90%	1,100	92%	2,438	92%
Have used but not in last 30 days	22	8%	151	8%	80	7%	177	7%
1-2 days	5	2%	9	0%	10	1%	12	0%
3-5 days	0	0%	5	0%	1	0%	10	0%
6-9 days	1	0%	4	0%	3	0%	6	0%
10-19 days	0	0%	6	0%	4	0%	8	0%
20-29 days	1	0%	3	0%	1	0%	5	0%
All 30 days	0	0%	3	0%	1	0%	8	0%
Total	272	100%	1,809	100%	1,200	100%	2,664	100%

FHDA Smoking Policy Survey Results by East San Jose, Fall 2011

8. Do you know that Health Services at Foothill College and De Anza College currently have a tobacco cessation program, which provides free nicotine replacement patches and nicotine gum along with one-on-one counseling?

Response	Foothill				De Anza			
	East San Jose Zip Codes ¹		All other Zip Codes		East San Jose Zip Codes ¹		All other Zip Codes	
	N	%	N	%	N	%	N	%
Yes	104	38%	703	37%	330	27%	800	29%
No	172	62%	1,172	63%	902	73%	1,951	71%
Total	276	100%	1,875	100%	1,232	100%	2,751	100%

9. How often do you encounter second-hand smoke on campus?

Response	Foothill				De Anza			
	East San Jose Zip Codes ¹		All other Zip Codes		East San Jose Zip Codes ¹		All other Zip Codes	
	N	%	N	%	N	%	N	%
Never	37	13%	331	18%	85	7%	222	8%
Rarely	61	22%	510	27%	184	15%	450	16%
Occasionally	102	37%	610	32%	420	34%	887	32%
1-2 times daily	50	18%	279	15%	292	24%	603	22%
3-4 times daily	20	7%	112	6%	132	11%	367	13%
More than 5 times daily	6	2%	42	2%	123	10%	233	8%
Total	276	100%	1,884	100%	1,236	100%	2,762	100%

10. Where do you encounter second-hand smoke on campus?

Response	Foothill				De Anza			
	East San Jose Zip Codes ¹		All other Zip Codes		East San Jose Zip Codes ¹		All other Zip Codes	
	N	%	N	%	N	%	N	%
Not at all	43	16%	353	19%	86	7%	220	8%
Student parking lots	38	14%	250	13%	167	13%	332	12%
Entrances to campus	58	21%	315	17%	276	22%	544	20%
Along paths and walkways	54	20%	360	19%	288	23%	645	23%
Adjacent to buildings	73	26%	526	28%	396	32%	951	35%
Other	10	4%	66	4%	25	2%	60	2%
Total	276	100%	1,870	100%	1,238	100%	2,752	100%

FHDA Smoking Policy Survey Results by East San Jose, Fall 2011

11. How does second-hand smoke affect you?

Response	Foothill				De Anza			
	East San Jose		All other		East San Jose		All other	
	Zip Codes ¹		Zip Codes		Zip Codes ¹		Zip Codes	
	N	%	N	%	N	%	N	%
I have asthma or other lung disease	23	8%	192	10%	131	11%	267	10%
I am allergic to smoke	11	4%	140	7%	82	7%	191	7%
Smoke irritates my eyes or nose	198	72%	1,151	61%	752	61%	1,726	63%
Smoke does not bother me	43	16%	396	21%	266	22%	577	21%
Total	275	100%	1,879	100%	1,231	100%	2,761	100%

12. Do you know that the Foothill-De Anza smoke-free campus policy states that smoking is only allowed in designated areas?

Response	Foothill				De Anza			
	East San Jose		All other		East San Jose		All other	
	Zip Codes ¹		Zip Codes		Zip Codes ¹		Zip Codes	
	N	%	N	%	N	%	N	%
Yes	232	84%	1,541	82%	1,125	91%	2,423	88%
No	43	16%	334	18%	105	9%	321	12%
Total	275	100%	1,875	100%	1,230	100%	2,744	100%

13. In your opinion, does a smoke-free campus policy reduce smoking on campus?

Response	Foothill				De Anza			
	East San Jose		All other		East San Jose		All other	
	Zip Codes ¹		Zip Codes		Zip Codes ¹		Zip Codes	
	N	%	N	%	N	%	N	%
Yes	182	66%	1,265	67%	712	58%	1,626	59%
No	65	24%	437	23%	413	34%	879	32%
No opinion	29	11%	185	10%	106	9%	247	9%
Total	276	100%	1,887	100%	1,231	100%	2,752	100%

FHDA Smoking Policy Survey Results by East San Jose, Fall 2011

14. Do you think the smoke-free campus policy is well enforced?

Response	Foothill				De Anza			
	East San Jose Zip Codes ¹		All other Zip Codes		East San Jose Zip Codes ¹		All other Zip Codes	
	N	%	N	%	N	%	N	%
Not enforced at all	62	23%	449	25%	372	30%	872	32%
Somewhat enforced	141	52%	814	45%	624	51%	1,289	47%
Well enforced	48	18%	389	21%	165	13%	396	15%
Very well enforced	15	6%	120	7%	56	5%	112	4%
Enforced completely	6	2%	41	2%	13	1%	58	2%
Total	272	100%	1,813	100%	1,230	100%	2,727	100%

15. Does the campus need better or clearer signs to assist smokers in knowing which parking lots are allowed to smoke?

Response	Foothill				De Anza			
	East San Jose Zip Codes ¹		All other Zip Codes		East San Jose Zip Codes ¹		All other Zip Codes	
	N	%	N	%	N	%	N	%
Yes	185	67%	1,149	61%	863	70%	1,764	64%
No	47	17%	332	18%	236	19%	603	22%
No opinion	45	16%	392	21%	135	11%	384	14%
Total	277	100%	1,873	100%	1,234	100%	2,751	100%

16. Would strict enforcement of smoking policy that included citations with fines lead you to reduce your smoking while on campus?

Response	Foothill				De Anza			
	East San Jose Zip Codes ¹		All other Zip Codes		East San Jose Zip Codes ¹		All other Zip Codes	
	N	%	N	%	N	%	N	%
I am not a smoker	252	91%	1,688	90%	1,092	88%	2,397	87%
No, I will continue to smoke	8	3%	81	4%	50	4%	167	6%
Maybe I might try to cut back	3	1%	32	2%	26	2%	62	2%
Yes I would likely smoke less	14	5%	78	4%	69	6%	128	5%
Total	277	100%	1,879	100%	1,237	100%	2,754	100%

FHDA Smoking Policy Survey Results by East San Jose, Fall 2011

17. How would strict enforcement of smoking policy that included citations with fines affect your experience on campus?

Response	Foothill				De Anza			
	East San Jose Zip Codes ¹		All other Zip Codes		East San Jose Zip Codes ¹		All other Zip Codes	
	N	%	N	%	N	%	N	%
It would have little or no effect	93	34%	718	38%	407	33%	848	31%
It would have a positive effect	165	60%	1,004	54%	726	59%	1,623	59%
It would have a negative effect	14	5%	103	6%	73	6%	190	7%
I would consider studying at another campus	5	2%	41	2%	27	2%	78	3%
Total	277	100%	1,866	100%	1,233	100%	2,739	100%

18. Would a 100% smoke-free environment (no smoking on campus or parking lots) improve your learning/working environment?

Response	Foothill				De Anza			
	East San Jose Zip Codes ¹		All other Zip Codes		East San Jose Zip Codes ¹		All other Zip Codes	
	N	%	N	%	N	%	N	%
Yes	156	56%	1,023	54%	647	53%	1,534	56%
No	64	23%	460	24%	298	24%	687	25%
No opinion	57	21%	401	21%	287	23%	537	19%
Total	277	100%	1,884	100%	1,232	100%	2,758	100%

FHDA Smoking Policy Survey Results by East San Jose, Fall 2011

19. Do you want the campus to be 100% smoke-free (no smoking on campus or parking lots)?

Response	Foothill				De Anza			
	East San Jose		All other		East San Jose		All other	
	Zip Codes ¹		Zip Codes		Zip Codes ¹		Zip Codes	
	N	%	N	%			N	%
Yes	178	65%	1,096	58%	714	58%	1,600	58%
No	45	16%	468	25%	285	23%	722	26%
No opinion	52	19%	317	17%	235	19%	435	16%
Total	275	100%	1,881	100%	1,234	100%	2,757	100%

¹ East San Jose Zip Codes includes the following Zip Codes:

95110, 95111, 95112, 95113, 95116, 95118, 95119, 95120, 95121, 95122, 95123, 95124, 95125, 95126, 95127, 95131, 95132, 95133, 95135, 95136, 95138, 95139, 95140, 95141, 95148, 95192.

Foothill-De Anza Community College District

Smoking Policy Survey

This survey will be used for research purposes only.
All information will be held confidential.
You may choose not to answer any of the questions.

Thank you for participating in the FHDA Smoking Survey

1. Please indicate the main campus you currently attend/work for:

- ☐ De Anza College (student)
- ☐ De Anza College (staff)
- ☐ Foothill College (student)
- ☐ Foothill College (staff)
- ☐ Central Services

2. What is your primary role on this campus?

- ☐ Student
- ☐ Classified Employee/Supervisor
- ☐ Faculty
- ☐ Administrator

3. On average, how many hours per week do you spend on this campus?

- ☐ None-I only take/teach on-line courses.
- ☐ 1- 5 hours
- ☐ 6-10 hours
- ☐ 11-15 hours
- ☐ 16-20 hours
- ☐ 21 or more

4. What is your age?

- ☐ 17 or younger
- ☐ 18-24
- ☐ 25-32
- ☐ 33 or older

5. What is your gender?

- ☐ Male
- ☐ Female
- ☐ Decline to state

6. Regarding tobacco use, which of the following best describes you?

- ☐ I have never been a smoker/tobacco user.
- ☐ I am a former smoker/tobacco user.
- ☐ I use only smokeless tobacco.
- ☐ I smoke/use tobacco including hookah, cigars, or pipes occasionally.
- ☐ I smoke/use tobacco including hookah, cigars, or pipes daily.

7. Within the last 30 days, on how many days did you use:

	Never used	Have used, but not in last 30 days	1-2 days	3-5 days	6-9 days	10-19 days	20-29 days	All 30 days
Cigarettes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cigars	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Smokeless Tobacco	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hookah	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Electronic Cigarettes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Pipes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

8. Do you know that Health Services at Foothill College and De Anza College currently have a tobacco cessation program, which provides free nicotine replacement patches and nicotine gum along with one-on-one counseling?

- ☐ Yes
- ☐ No

9. How often do you encounter second-hand smoke on campus?

- ☐ Never
- ☐ Rarely
- ☐ Occasionally
- ☐ 1-2 times daily
- ☐ 3-4 times daily
- ☐ More than 5 times daily

10. Where do you encounter second-hand smoke on campus?

Check all that apply.

- ☐ Not at all
- ☐ Student parking lots
- ☐ Entrances to campus
- ☐ Along paths and walkways
- ☐ Adjacent to buildings
- ☐ Other

11. How does second-hand smoke affect you?

- ☐ I have asthma or other lung disease
- ☐ I am allergic to smoke
- ☐ Smoke just bothers me
- ☐ Smoke does not bother me

12. Do you know that the Foothill-De Anza smoke-free campus policy states that smoking is only allowed in designated areas?

- ☐ Yes
- ☐ No

13. In your opinion, does a smoke-free campus policy reduce smoking on campus?

- ☐ Yes
- ☐ No
- ☐ No opinion

14. Do you think the smoke-free campus policy is well enforced?

- ☐ Not enforced at all
- ☐ Somewhat enforced
- ☐ Well enforced
- ☐ Very well enforced
- ☐ Enforced completely

15. Does the campus need better or clearer signs to assist smokers in knowing which parking lots are allowed to smoke?

- ☐ Yes
- ☐ No
- ☐ No opinion

[Beginning in January 2012, AB795 will allow California Community Colleges to issue citations with fines for infractions of District Smoking Policies.](#)

16. Would strict enforcement of smoking policy that included citations with fines lead you to reduce your smoking while on campus?

- ☐ I am not a smoker
- ☐ No, I will continue to smoke
- ☐ Maybe, I might try to cut back
- ☐ Yes, I would likely smoke less

17. How would strict enforcement of smoking policy that included citations with fines affect your experience on campus?

- ☐ It would have little or no effect
- ☐ It would have a positive effect
- ☐ It would have a negative effect
- ☐ I would consider studying at another campus

18. Would a 100% smoke-free environment (no smoking on campus or designated smoking areas) improve your learning/working environment?

- ☐ Yes
- ☐ No
- ☐ No opinion

19. Do you want the campus to be 100% smoke-free (no smoking on campus or designated smoking areas)?

☐

Yes

☐

No

☐

No opinion

20. How do you feel about second hand smoke and/or smoking issues on campus?

If you would like to enter into the drawing for a free gift please enter your name, email, telephone number, and zip code here:

First name:

Last name:

Email Address:

Phone Number:

(###-###-####)

Zip Code:

Submit