

| Basic Program Information | | |
|--|-----------------|----------|
| Name | Department | Position |
| Please list all Program Review team members who participated in this Program Review: | | |
| Naomi Kitajima | Health Services | Director |
| | | |

Department Name:

Health Services, Foothill College

Division Name:

Student Activities

Program Mission(s):

The mission of Health Services & Psychological Services is to strengthen student learning, retention and success. This is facilitated by supporting the physical, emotional, and social well-being of students through accessible, high-quality, health activities and services. Our primary goal is to assist students in establishing healthy lifestyles which will have long-term benefits for them, their families and the community.

| | |
|---|---|
| Total number of Full Time Faculty: | 1 |
| Total number of Part Time Faculty: | 0 |

Please list all existing Classified positions: 0

| |
|--|
| |
| |

Section 1: Data and Trend Analysis

Provide a short narrative analysis of the following indicators. Please attach supporting studies or data to the final program review that is submitted to your Dean/Director.

Patient Visits-Students (Excludes Health Fairs, Lectures, Tabling)

| Dimension | 2011-2012 | 2012-2013 | 2013-2014 |
|--------------------------------------|-----------|-----------|-----------|
| Students Served (Appointments) | 5014 | 4,819 | 2,286 |
| Full-time FTEF | 1 | 1 | 1 |
| Part-time TEA/Consultant | | | |
| Smoke Cessation | .4 | 0 | .0 |
| Nutritionist | 0 | 0 | .0 |
| Full-time Staff (Planned Parenthood) | 1.5 | 1.5 | 1.5 |
| Planned Parenthood | | | |
| Part-time Medical Assist/HSS | 0.8 | 0.8 | 0.8 |
| Part-time MD | 0.2 | 0 | 0 |
| Part-time NP/PA | 0.4 | .4 | 0.4 |
| FH Students | 2 | 2 | 3 |

Demographics analysis: (example: Is the ethnic breakdown of students you serve proportional to the general college ethnic distribution?) If not, please include possible explanations for the disparity.

| | 2013-14 Foothill College (28,241) | 2013-14 FH Health Services (1,784 Clinical appointments) |
|--------------------|-----------------------------------|--|
| Filipino | 3.4% | |
| Amer Ind/Nat | .22% | |
| Asian | 23.94% | |
| Black | 3.5% | |
| Hispanic | 21.44% | |
| Pac Isl/Haw | 0.67% | |
| Multi-Ethnicity | 4.77% | |
| White Non-Hispanic | 35.49% | |
| Unknown | 6.52% | |

Health Services staff reflects the diversity of the population served:

1 Vietnamese/Chinese

1 Taiwanese

1 White

1 Japanese

Students/Volunteer (1 Hispanic, 1 White, 1 Jewish)

Health Services staff educational level:

2 Master's

3 Bachelor's

Volunteers

1 Bachelor's Nutrition Specialist

1 Master's, RN

1 student

b. Please describe services offered off campus and how the effectiveness of these services is assessed.

a. Middlefield Campus

- i. Over the Counter Medications \$2,500/yr
- ii. Flu vax 2 evenings in Fall qtr—200 vax.

Data for this area is based on services offered at the following locations:

1. X Middlefield

1. **Staffing structure:** Does the staffing structure meet the program or department's needs? **No**

b. Department Level Data

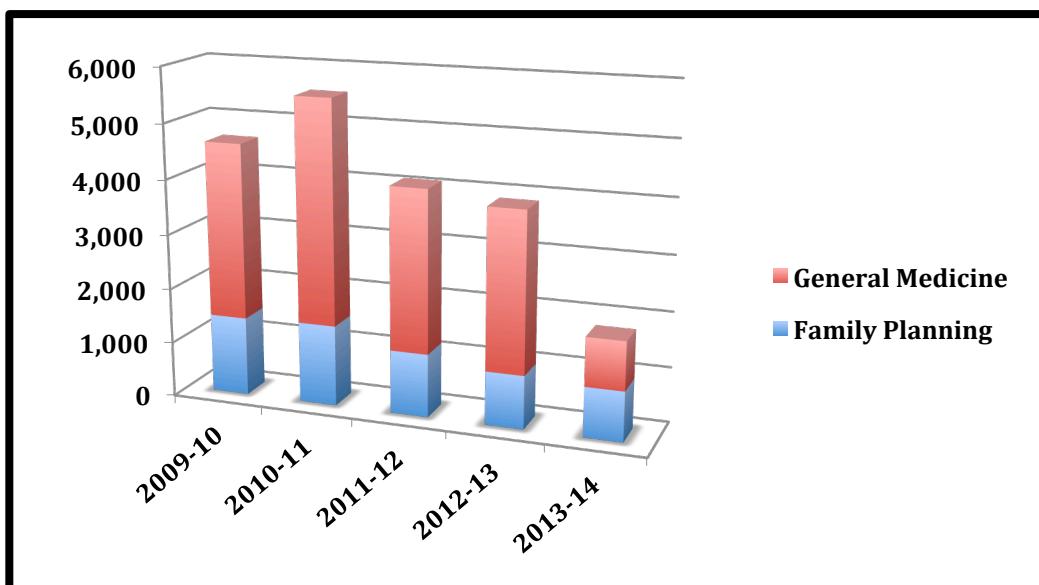
Using the prompts and the data from the tables above, provide a short, concise narrative analysis for each of the following indicators. If additional data is cited (beyond program review data sheet), please indicate your data source(s).

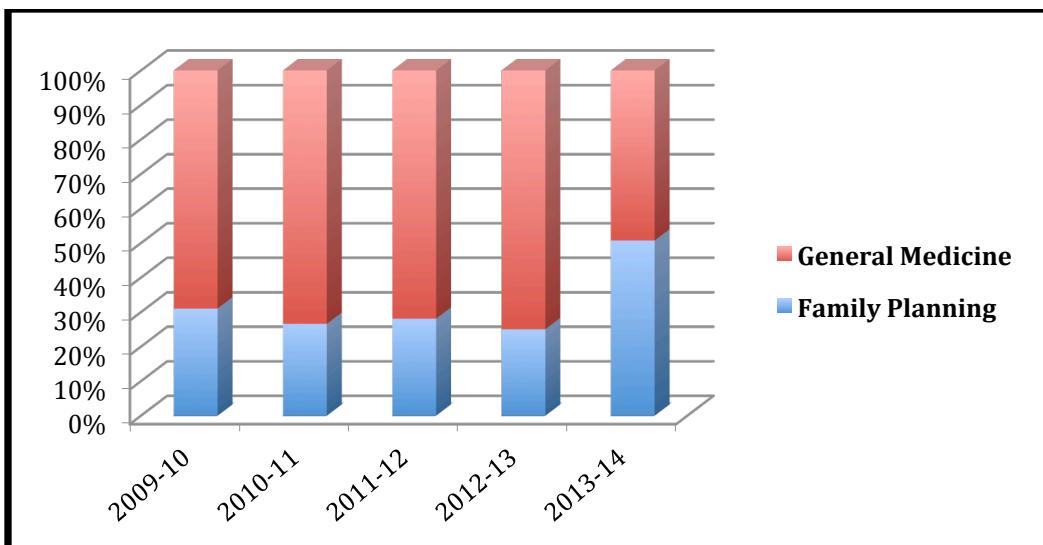
c. **Enrollment trends:** Over the last three years, is the enrollment in your program holding steady, or is there a noticeable increase or decline? Please comment on the data and analyze the trends.

Foothill College Health Services - Patient Visits

| | 2009-10 | 2010-11 | 2011-12 | 2012-13 | 2013-14 |
|--------------------------|----------------|----------------|----------------|----------------|----------------|
| Family Planning | 1,435 | 1,471 | 1148 | 969 | 905 |
| Family Planning % | 31% | 27% | 28% | 25% | 51% |
| General Medicine | 3,189 | 4,064 | 2,940 | 2,902 | 879 |
| General Medicine % | 69% | 73% | 72% | 75% | 49% |
| TOTAL VISITS | 4,624 | 5,535 | 4,088 | 3,871 | 1,784 |
| Annual Enrollment | 34,513 | 30,029 | 27,341 | 27,521 | 28,241 |

This data was obtained via the following sources: **NexGen Electronic Records**





d. **Student Demographics:** Please comment on the enrollment data, comparing the program-level data with the college-level data. Discuss any noticeable differences in areas such as ethnicity, gender, age and highest degree.

Section 2: Institutional Standards

As part of an accreditation requirement, the college has established institutional standards across specific indicators that are annual targets to be met and exceeded.

Please comment on how the services offered by your program support / contribute to obtainment of the institutional standards.

1. Transfer—Providing Entry and transfer physicals, immunizations to meet program standards.
2. Life-long learning—Teaching skills in self-care, prevention, life-long health skills and providing reproductive choices.
3. Public Health Infectious disease control (flu vax, Pertussis vaccine screening, immunizations, pandemic surveillance)
4. Safety/Disaster (Emergency response in clinic, AED, District committees
5. Success—Retention of students on campus by providing a safe environment and preventative services/screenings (Lipid, diabetes, HIV/AIDS, hypertension, Breast Cancer, Smoke Cessation, Rape Prevention, Drug and Alcohol education, Suicide Prevention.

Section 3: Core Mission Support and Student Equity

The College's Core Missions are reflected below. Please respond to each mission using the prompts below.

a. Basic Skills

How does your service area support the basic skills needs students or programs? Please discuss current outcomes or initiatives related to this core mission and how those initiatives contribute to student equity and success in this core mission area.

1. Life-long learning—Teaching skills in self-care, prevention, life-long health skills and providing reproductive choices.
2. Primary Care, Reproductive visits with ability for the student to receive confidential, free services through the State Office of Family Planning (Independent of their parents insurance).

b. Transfer

How does your service area support the transfer needs of students or programs? Please discuss current outcomes or initiatives related to this core mission and how those initiatives contribute to student equity and success in this core mission area.

Transfer—Providing Entry and transfer physicals, immunizations to meet program standards or transfer to other universities/colleges/programs.

c. Workforce

How does your service area support the workforce needs of students or CTE programs? Please discuss current outcomes or initiatives related to this core mission and how those initiatives contribute to student equity and success in this core mission area.

- 1) Success--Retention of students on campus by providing a safe environment and preventative services/screenings (Lipid, diabetes, HIV/AIDS, hypertension, Breast Cancer, Smoke Cessation, Rape Prevention, Drug and Alcohol education, Suicide Prevention.
- 2) Transfer—Providing Entry and transfer physicals, immunizations

Section 4: Learning Outcomes Assessment Summary

a. **Attach 2013-2014 Program Level SA- SLO** – Four Column Report for PL-SLO Assessment from TracDat, please contact the Office of Instruction to assist you with this step if needed.

See attached

Section 5: SLO Assessment and Reflection

Based on your assessment data and reflections, please respond to the following prompts.

a. How do the objectives and outcomes in your service area relate to the program-level student learning outcomes and to the college mission?

| | | |
|--|--|---|
| | <ul style="list-style-type: none"> * FH Health Services: <ul style="list-style-type: none"> * Facilitates transfer and entry of students to programs and colleges. * Provides Reproductive health (birth control, PAPs, STI, Emergency contraception, HIV and pregnancy testing) * Provides Public Health Infectious disease surveillance * Provides Safety/Disaster District guidelines and surveillance. * Provides public health screenings and Preventative Services Screenings: (Lipid, Diabetes, HIV/AIDS, hypertension, diabetes), Campaigns/Education: Breast CA, Nutrition, Smoke Cessation, Suicide Prevention. Campaigns/Education: <p>Compliance with Federal/State/Title V/District Board Policy—Programs such as Violence/Rape</p> | <ul style="list-style-type: none"> * Students are encouraged to enroll in the Affordable Care Act * Collaborates with Planned Parenthood. Links campus with community. * Collaborates with Santa Clara County Public Health Dept. Links campus with community. * Collaborates with ACHA (Amer College Health Assoc), HSACCC (State Health Services Assoc) , CCC Chancellor's Office & Santa Clara County Services. <p>*Follows Public health guidelines State & Fed</p> |
| | | |

b. If your service area has other outcomes or assessments at the program level, comment on the findings.

c. How has your service area engaged in dialogue about student learning outcomes?

Collaboration with De Anza Health Services for District-wide surveys and policy changes.

d. Analyzing your most recent annual program review, discuss any emerging trends related to SLO reflections and any action taken.

Decline in student census and advent of Covered California/Affordable Care Act have influenced the Health Services decline in census.

e. What summative findings can be gathered from the Program Level Assessments?

Health Services supports the retention of students on campus with supportive, self-help Services.

b. How has your department engaged in dialogue about student learning outcomes?

* Monthly staff meetings

* Inservices this year for the entire staff:

- 1) Tobacco/Smoke Cessation Certification
- 2) Santa Clara County, TB Guidelines training
- 3) Medi-Cal Administrative Activities
- 4) Epi-Pen Certification
- 5) Long Acting Reversible Contraception
- 6) Disaster/Safety Training

* Educational outreach events

* Participation in Heritage Months

* Behavioral Evaluation Strategies Team (BEST)

Section 6: Service/Program Goals and Rationale

Program goals address broad issues and concerns that incorporate some sort of measurable action and connect to Foothill's core missions, [Educational & Strategic Master Plan \(ESMP\)](#), the division plan, and SLOs. Goals are not resource requests.

List Previous Program Goals from the last academic year: check the appropriate status box & provide an explanation in the comment box

| Goal/Outcome (This is NOT a resource request) | Completed? (Y/N) | In Progress? (Y/N) | Comment on Status |
|---|------------------|--------------------|--|
| 1. SAO #1 | No | Yes | 100% Smoke-free campus |
| 2. SAO #2 | No | Yes | Stabilizing Staff Jan 2015 will have a complete staff |
| SAO #3 | Yes | Yes | Continue Public Health vigilance and immunizations |
| SAO #4 | No | Yes | Stabilizing Staff Jan 2015 will have a complete staff |

New Goals: Goals can be multi-year (in Section 6 you will detail resources needed)

| Goal/Outcome (This is NOT a resource request) | Timeline (long/short-term) | How will this goal improve student success or respond to other key college initiatives? | How will progress toward this goal be measured? |
|---|--|---|--|
| 1. SAO #1 | 2011 District-wide Smoking survey 2011 Passed AB795 2012 District-wide Smoking survey 2012 Instituted AB795 2013 (Spring)ACHA-NCHA Survey 2013 FH/DA Smoking Survey 2013 HSACCC/Student Services CCC support of CCC 100% Smoke free campuses 2015 ACHA-NCHA Survey 2015 FH/DA Smoking Survey | * Educating on preventative health self-care. *Providing a healthy smoke free environment. | Access and implement a District-wide policy change for a 100% Smoke-free campuses. |
| SAO #2 | 2015-16 | *Education and Outreach | ACHA/NCHA Survey to measure awareness. Spring 2016 |

| | | | |
|--------|---------------------|--|--|
| SAO #3 | Continuing/On-going | Provide preventative immunizations, screenings for students; thus providing a "herd" protection of the Foothill Community. | |
| SAO #4 | Continuing/On-going | *Education/Outreach | |

Section 7: Service/Program Resources and Support

Using the tables below, summarize your program's unfunded resource requests. Refer to the Operations Planning Committee website: <http://foothill.edu/president/operations.php> for current guiding principles, rubrics and resource allocation information.

Full Time Faculty and/or Staff Positions

| Position | \$ Amount | Related Goal from Table in section 5 and how this resource request supports this goal. | Was position previously approved in last 3 years? (y/n) |
|------------------------|---------------------------|--|---|
| Nurse Practitioner FTE | \$97,000/yr with benefits | MAA, International Students and Academic Counselors | No |
| Registered Dietician | \$20,000 without benefits | MAA, International Students and Academic Counselors | No |

Unbudgeted Reassigned Time (calculate by % reassign time x salary/benefits of FT)

| | |
|--|-----------------------------------|
| Has the program received college funding for reassign time in the last three years? (y/n) NO | If yes, indicate percent of time. |
| Has the program used division or department B-budget to fund reassign time? (y/n) NO | 0% |

Indicate duties covered by requested reassign time:

| Responsibility | Estimated \$ | Related Goal from Table in section 5 and how this resource request supports this goal. | Est hours per month | % Time |
|----------------|--------------|--|---------------------|--------|
| | | | | |
| | | | | |

One-Time B Budget Augmentation

| Description | \$ Amount | Related Goal from Table in section 5 and how this resource request supports this goal. | Previously funded in last 3 years? (y/n) |
|-------------|-----------|--|--|
| 0 | | | |
| | | | |
| | | | |

Ongoing B Budget Augmentation

| Description | \$ Amount | Related Goal from Table in section 5 and how this resource request supports this goal. | Previously funded in last 3 years? (y/n) |
|-------------|-----------|--|--|
| | | | |
| | | | |
| | | | |
| | | | |

Facilities and Equipment

| Facilities/Equipment Description | \$ Amount | Related Goal from Table in section 5 and how this resource request supports this goal. | Previously funded in last 3 years? (y/n) |
|---|-----------|---|--|
| Complete construction and installation of disability accessible door for Psychological Services | \$12,000 | *Compliance with National Ambulatory Care Accreditation standards. *Provide better access to services. *Provide efficient usage to the Health Services and Psychological Services | No |
| Massage Chairs (1) Middlefield Campus and (2) Foothill College | \$18,000 | Stress reduction | No |
| * Automated Blood Pressure Monitor/Health Station | \$6,000 | Wellness resource for students to measure their BP | No |
| * Electronic Medical Records Computers and Stands for 4 stations. | \$12,000 | * EMR for charting is pending for Foothill. | No |
| * Laptop/carrying case for Health Educator/HSS lectures | \$2,500 | * On campus lectures | No |
| * TV screen with looped DVD | \$2,000 | * Outreach/awareness | No |

a. Please review the goals and resource requests that were granted over the last three years and provide evidence that the resource allocations supported your goals and led to student success.

None of the requested resources were granted over the 3 yrs.
The Disability door for Psychological Services is pending installation.

Section 11: Service/Program Review Summary

Address the concerns or recommendations that were made in prior program review cycles, including any feedback from Dean/VP, Program Review Committee, etc.

| Recommendation | Comments |
|--|--|
| • 1. Explore grants through Santa Clara County, the CCC Chancellor's office, Breathe California, SAMSHA. | Major CCC grants were not applied for. All CCC colleges who applied for the grants received \$29,000 to \$125,000/ 3 years. The next round of CCC grants will be released in Jan 2015. |
| * Inadequate staffing | * Academic Counseling diverts approximately \$90,000/yr. Needed staffing includes: * Psych Services Psychiatrist consultant * NP * Nutritionist |
| | |

a. After reviewing the data, what would you like to highlight about your service area?

The Health Services is highly productive, fiscally sound & research based. The professional, diverse staff provides on-site emergency care, triage, first-line primary care, reproductive health, primary care, preventative education/screening, immunizations and physicals for transferring & entry students. The Health Services monitors safety and public health standards for the college and maintains critical communication with the CCCs, California State and Federal agencies concerning health issues.

Section 12: Feedback and Follow Up

This section is for the Dean/Director to provide feedback.

a. Strengths and successes of the program as evidenced by the data and analysis:

| | | |
|------------------|--|--|
| Strengths | <ul style="list-style-type: none"> * FH Health Services: <ul style="list-style-type: none"> * Facilitates transfer and entry of students to programs and colleges. * Provides Reproductive health (birth control, PAPs, STI, Emergency contraception, HIV and pregnancy testing) * Provides Public Health Infectious disease surveillance * Provides Safety/Disaster District guidelines and surveillance. * Compliance with Federal/State/Title V/District Board Policy—Programs such as Violence/Rape * Provides public health screenings and Preventative Services Screenings: (Lipid, Diabetes, HIV/AIDS, hypertension, diabetes), Campaigns/Education: Breast CA, Nutrition, Smoke Cessation, Suicide Prevention. <p style="text-align: center;">Campaigns/Education:</p> <p>Compliance with Federal/State/Title V/District Board Policy—Programs such as Violence/Rape</p> | |
|------------------|--|--|

b. Areas of concern, if any:

- Collaboration and communication with students and campus community by instituting a Medical Advisory Committee and continuing on campus/district committees that enhance the learning environment on campus and adds to the success of students academically.
- Remove Academic Counselors from the Health Services account in compliance with Title V Reg 54702.
- Collaborate to implement a Drug Free School's Act activities and Biennial Review.
- Survey 2016: ACHA/NCHA and District-wide 100% Smoke-Free Campuses.

c. Recommendations for improvement:

- Medical Advisory Committee
- Budget Deficit
- Drug Free School's Act and Biennial Review
- 100% Smoke Free FH/DA District

This section is for the Vice President, Student Services to provide feedback.

d. Strengths and successes of the program as evidenced by the data and analysis:

Health services does a good job serving the needs of Foothill students.

e. Areas of concern, if any:

None

f. Recommendations for improvement:

None

a. Recommended next steps:

- Proceed as planned on program review schedule
- Further review/Out of cycle in-depth review

Upon completion of section 12 by the Vice President, the Program Review should be returned to the service area for review, then submitted to the Office of Instruction and Institutional Research for public posting. See timeline on Program Review Cover Sheet.



*Denise Swett, EdD
Vice President, Student Services*

Unit Assessment Report - Four Column

Foothill College SA - Health Services

Mission Statement: The mission of Health & Psychological Services is to strengthen student learning, retention and success. This is facilitated by supporting the physical, emotional, and social well-being of students through accessible, high-quality, health activities and services. Our primary goal is to assist students in establishing healthy lifestyles which will have long-term benefits for them, their families and the community.

Primary Core Mission: Transfer

Secondary Core Mission: Basic Skills

| Service Area SLOs (SA-SLOs) | Means of Assessment & Target / Tasks | Assessment Findings/Reflections | Action & Follow-Up |
|--|---|---|--|
| <p>SA - Health Services - 1 - Smoking Cessation Services - Student will be aware of the college smoking policy and cessation services.</p> <p>Start Date: 01/13/2014</p> <p>End Date: 01/05/2015</p> <p>SA-SLO Status: Active</p> | <p>Assessment Method:</p> <ul style="list-style-type: none"> * American College Health Association (ACHA) National College Health Assessment Survey (NCHA) administered Spring 2013 to 139 Postsecondary College campuses (123,,078 students) * Foothill College Health Services administered the same survey Spring 2010 (1,102 students) and Spring 2013 (1,015 students). The HSACCC (Health Services Assoc of CCC applied the ACHA-NCHA in Spring 2013 (every 3 yrs) and will compile consortium data for State-wide statistics on health issues. * ACHA-NCHA Spring 2013 survey (1,015 respondents) indicated: <ul style="list-style-type: none"> * 4.5% everyday usage of cigarettes * 13.1% usage in past month * 1.8% everyday usage of marijuana * 12.9% usage in past month * HSACCC authored Legislative bill AB795 was passed Jan 2012 providing for enforcement standards and fines on UCs, CSUs and CCC campuses. The ability to assess fines on the Foothill campus has markedly decreased smoking on the main campus. * HSACCC is actively supporting 100% smoke free campuses (including parking | <p>12/08/2014 - * Fall 2015, District-wide Smoking Survey to reassess the need for a 100% Smoke Free FH/DA District.</p> <p>* Spring 2016, District-wide ACHA-NCHA survey assessing smoking/tobacco/drug usage by students.</p> <p>Result: Target Not Met</p> <p>Year This Assessment Occurred: 2013-2014</p> <p>12/08/2014 - Fall 2015 District-wide Smoking Survey pending</p> <p>Spring 2016 District-wide ACHA-NCHA survey pending</p> <p>Goal is 100% Smoke free campus</p> <p>Result: Target Not Met</p> <p>Year This Assessment Occurred: 2013-2014</p> <p>10/10/2012 - Fall 2011 District FHDA Smoking Survey</p> <p>6,225 respondents (including 600 employees) See attached survey.</p> <p>Fall 2015 District FHDA Smoking Survey pending</p> <p>Spring 2015 District FHDA ACHA/NCHA Survey pending</p> <p>Result: Target Not Met</p> <p>Year This Assessment Occurred: 2012-2013</p> | <p>03/19/2012 - Below are the action items designated by the District Smoking Policy Committee:</p> <ol style="list-style-type: none"> Improve signage on campus, ground signage in accordance with new Board Policy 3217. Explore grants with Santa Clara County, Calif Youth Advocacy Network & Breathe California Continue District Smoking Policy |

| Service Area SLOs (SA-SLOs) | Means of Assessment & Target / Tasks | Assessment Findings/Reflections | Action & Follow-Up |
|--|---|--|--------------------|
| <p>lots)</p> <ul style="list-style-type: none"> * UCs are 100% smoke free * CSUs are slated to be 100% smoke free by Jan 2015 <ul style="list-style-type: none"> * K-12 have a pending AB320 to eliminate smoking on campuses. * Foothill College smoke cessation program includes one-to-one counseling, nicotine replacement products, Great American smoke out and Campus Police enforcement of the no smoking policy District-wide. <p>Assessment Method Type: Survey Target: Increase student awareness of smoking cessation services and to advance Smoking Policy to 100% Smoke Free FH/DA campuses.</p> | <p>Resource Request: Funds for smoke cessation services, supplies, smoke cessation counselor, signage and maps</p> <p>GE/IL-SLO Reflection: 1/11/12</p> <ul style="list-style-type: none"> a) Improve signage on campus, ground signage b) Explore grants with Santa Clara County, Calif Youth Advocacy Network & Breathe California c) Continue Student Health 101 on-line newsletter to all students/staff 2011-12. d) Tabling a health/campus fairs; Great American Smoke Out, environmental fair, volunteer fair, Transfer/Career Fair, Welcome Week e) Continue Smoke Cessation Program (Fee one-to-one counseling, free nicotine gum/patches) f) Sponsor speakers on smoking addiction g) Host every 2 yrs Smoke Cessation counselor workshops for HSACCC and CYAN. h) Continue District-wide Non-Smoking Policy Committee. i) Work with District Wellness Committee and advocate for inclusion of smoke cessation for employees. j) Marketing with LCD in Dining Loung, large banners, T-shirt campaign, website, Fusion and Student Health 101. k) Continue grant with Breathe California for free Nicotine replacement supplies. l) Explore grant for staffing, supplies and signage with Breathe California. m) Post current policy in Fusion, website, Student Handbook and the FH catalogue. n) Apply for grants when available. o) Continue to monitor citations. | <p>Committee</p> <p>d) 3/15/12 District Board Policy 3217 and Administrative Procedures enacted</p> <p>e) 3 grants funded at Foothill College from Santa Clara County Breathe California</p> <ul style="list-style-type: none"> * \$3,500 for signage and education * \$5,000 for Smoke Cessation Counselor salary and signage and education * \$3,000 for Nicotine Gum and Patches | |

| Service Area SLOs (SA-SLOs) | Means of Assessment & Target / Tasks | Assessment Findings/Reflections | Action & Follow-Up |
|-----------------------------|--------------------------------------|--|--|
| | | <p>10/13/2011 - Smoking habits extracted from the ACHA-NCHA survey and the FHDA District smoking survey:</p> <p>1) What were the most important findings from your data?</p> <p>#I FHDA 2011 survey revealed:</p> <p>87% are aware of the current smoking policy</p> <p>58% want a 100% smoke free campus</p> <p>32% were aware of the Smoke Cessation Program</p> <p>36% encounter second hand smoke regularly on campus</p> <p>79% are affected by secondhand smoke on the campus</p> <p>58% believe that a smoke free environment would improve their learning/working environment</p> <p>76% feel the current policy is not enforced</p> <p>65% state that needs better signage</p> <p>58% would like the campus to be 100% smoke free (including parking lots)</p> <p>3% smoke daily</p> <p>1% have used e-cigarettes</p> <p>3% have used tobacco from a water pipe</p> <p>30% encountered 2nd hand smoke on campus</p> <p>Result:</p> <p>Target Met</p> <p>Year This Assessment Occurred:</p> <p>2010-2011</p> <p>Resource Request:</p> <p>Necessite: Increased signage on the campus Increased butt receptacles Increased personnel to monitor and enforce the current District Smoking Policy</p> | <p>10/13/2011 - a) Improved signage on campus, floor signage</p> <p>b) Explore grants with Santa Clara County</p> <p>c) Explore smoke free workplace options with District/campuses with Administration/District</p> <p>d) Continue class presentations and campus orientation</p> <p>e) Continue Student Health 101 Newsletter to all students/staff 2010-11.</p> <p>f) Tabling at Health/ campus fairs: Great American Smoke Out, Environmental fair, Volunteer fair, Club Day, Transfer/Career Fair, Welcome Week</p> <p>g) Continue Smoke Cessation Program (Free one-to-one counseling, free nicotine gum/patches)</p> <p>h) Sponsor speakers on smoking addiction</p> <p>i) Host every 2 yrs Smoke Cessation counselor workshops for HSACCC and CYAN</p> <p>j) Continue District-wide Non-Smoking Policy Committee</p> <p>k) Work with District Wellness Committee and advocate for inclusion of smoke cessation for employees.</p> <p>l) Marketing with LCD in Dining Lounge, large banners, T-shirt campaign, web site, Fusion and Student Health 101 Newsletter Student handbook, FH catalogue.</p> <p>m) Apply for grants when available.</p> <p>n) Continue to monitor citations.</p> |

| Service Area SLOs (SA-SLOs) | Means of Assessment & Target / Tasks | Assessment Findings/Reflections | Action & Follow-Up | | | | | | |
|-----------------------------|---|---|--------------------|------------|---------|------------|---------|-----------|--|
| | <p>Assessment Method: The NexGen electronic medical system will be able to collect data on appointments and services utilized for the Smoke Cessation visits.</p> <p>Assessment Method Type: Data</p> <p>Target: Maintain access to smoke cessation services for students.</p> | <p>10/01/2012 - 2011-12 EMR)</p> <p>Result: Target Met</p> <p>Year This Assessment Occurred: 2012-2013</p> <p>Resource Request: 1) Signage for announcing AB795 and Smoke Cessation Counselor (half-time), Tables/signage for designated smoking areas on campus, Smoke Cessation Supplies (Nicotine gum and patches)</p> <p>GE/IL-SLO Reflection: 1) Instituting AB 795 for smoking infractions on campus (\$25, \$50, \$75), may deter smoking outside of designated areas 2) Target the expanding programs of International Students, Veterans, Middle College, Foster Care students.</p> | | | | | | | |
| | <p>Assessment Method: Biennial FHDA Smoking Survey Fall. (Next Survey 2013)</p> <p>Assessment Method Type: Survey</p> | <p>10/10/2012 - Increase in smoke cessation visits/year</p> <table> <tr> <td>2009-10</td> <td>162 visits</td> </tr> <tr> <td>2011-12</td> <td>368 visits</td> </tr> <tr> <td>2013-14</td> <td>64 visits</td> </tr> </table> <p>Result: Target Met</p> <p>Year This Assessment Occurred: 2013-2014</p> <p>Resource Request: Funds for smoke cessation services, supplies, smoke cessation counselor, signage and maps</p> <p>GE/IL-SLO Reflection: 1) Maintain AB795 with ability to access fines (\$25, \$50, \$75) at FHDA 2) Continue District wide Smoking Policy Committee 3) Continue Smoke Cessation Program on</p> | 2009-10 | 162 visits | 2011-12 | 368 visits | 2013-14 | 64 visits | |
| 2009-10 | 162 visits | | | | | | | | |
| 2011-12 | 368 visits | | | | | | | | |
| 2013-14 | 64 visits | | | | | | | | |

| Service Area SLOs (SA-SLOs) | Means of Assessment & Target / Tasks | Assessment Findings/Reflections | Action & Follow-Up |
|-----------------------------|--------------------------------------|--|---|
| | | <p>Campus (One-to-one counseling, free Nicotine gum and patches.</p> <p>4) Next FHDA Smoking Policy Survey, Fall 2015</p> <p>5) Explore District Policy change to 100% Smoke Free District.</p> <p>5) Explore grants with Santa Clara County, Calif Youth Advocacy Network & Breathe California</p> | |
| | | <p>09/21/2012 - New survey data for FHDA Annual Fall 2011</p> <p>Result: Target Met</p> <p>Year This Assessment Occurred: 2011-2012</p> <p>Resource Request: Funds for smoke cessation services, supplies, smoke cessation counselor, signage and maps</p> <p>GE/IL-SLO Reflection:</p> <p>1) Institute AB795 with ability to access fines (\$25, \$50, \$75) at FHDA</p> <p>2) Continue District wide Smoking Policy Committee</p> <p>3) Continue Smoke Cessation Program on Campus (One-to-one counseling, free Nicotine gum and patches.</p> <p>4) Next FHDA Smoking Policy Survey, Fall 2013</p> <p>5) Explore grants with Santa Clara County, Calif Youth Advocacy Network & Breathe California</p> | <p>09/21/2012 - 1) Institute AB795 with ability to access fines (\$25, \$50, \$75) at FHDA</p> <p>2) Continue District wide Smoking Policy Committee</p> <p>3) Continue Smoke Cessation Program on Campus (One-to-one counseling, free Nicotine gum and patches.</p> <p>4) Next FHDA Smoking Policy Survey, Fall 2013</p> <p>5) Explore grants with Santa Clara County, Calif Youth Advocacy Network & Breathe California</p> |
| | | <p>Assessment Method: Survey including smoking policy and enforcement</p> <p>Assessment Method Type: Survey</p> | |

SA - Health Services - 4 - Planned Parenthood - Students will increase their

| Service Area SLOs (SA-SLOs) | Means of Assessment & Target / Tasks | Assessment Findings/Reflections | Action & Follow-Up | | | | | | | | | | | | |
|---|--|--|---|----------|-------|----------|-------|----------|-------|----------|-------|----------|-------|--|--|
| <p>awareness/census of Planned Parenthood/Mar Monte Services at Foothill College Health Services.</p> <p>Start Date: 01/13/2014</p> <p>End Date: 01/12/2015</p> <p>SA-SLO Status: Active</p> | <p>Assessment Method:</p> <p>1) Continue campus outreach efforts at the Foothill campus (tabling and orientation to college classes).</p> <p>2) Record the number and categories of reproductive services offered at Planned Parenthood and Health Services through the NexGen electronic medical system.</p> <p>Assessment Method Type: Data</p> <p>Target: Increase student awareness of what services are offered.</p> | <p>12/08/2014 - Due to the decreased student enrollment, the appointment census decreased and the initiation of Covered California.</p> <p>Result: Target Not Met</p> <p>Year This Assessment Occurred: 2013-2014</p> <p>GE/IL-SLO Reflection: As of Fall 2014, Foothill/Planned Parenthood now bills for Medi-Cal, Covered California, Blue Cross/Shield and Covered California. This is now in addition to FamPact, State Office of Family Planning for "sensitive services" (confidential from parents insurance).</p> | | | | | | | | | | | | | |
| | | <p>12/08/2014 - Planned Parenthood appointments have decreased due to the decline in student enrollment and initiation of the Affordable Care Act.</p> <p>Result: Target Not Met</p> <p>Year This Assessment Occurred: 2013-2014</p> <p>GE/IL-SLO Reflection: As of Fall 2014, Foothill Planned Parenthood is now able to bill the Medi-Cal, Blue Cross/Shield PPO and Covered California, as well as FamPact and State Office of Family Planning for students requesting "sensitive services" (to allow confidentiality from parents insurance).</p> | | | | | | | | | | | | | |
| | <p>01/13/2014 - Health Services statistics revealed:</p> <table> <tr> <td>Family Planning Visits</td> <td>and General Medicine visits (without Flu immunizations)</td> </tr> <tr> <td>2007-08=</td> <td>1,348</td> </tr> <tr> <td>2008-09=</td> <td>1,170</td> </tr> <tr> <td>2009-10=</td> <td>1,435</td> </tr> <tr> <td>2010-11=</td> <td>1,471</td> </tr> <tr> <td>2011-12=</td> <td>1,148</td> </tr> </table> | Family Planning Visits | and General Medicine visits (without Flu immunizations) | 2007-08= | 1,348 | 2008-09= | 1,170 | 2009-10= | 1,435 | 2010-11= | 1,471 | 2011-12= | 1,148 | <p>01/13/2014 - a) Continue class presentations and orientations</p> <p>b) Re-establish Student Health 101 On-line Newsletter to all students/staff</p> <p>2009-11, Suspended 2011-12, re-established Jan 2014.</p> <p>c) Tabling at Health/ campus fairs:</p> | |
| Family Planning Visits | and General Medicine visits (without Flu immunizations) | | | | | | | | | | | | | | |
| 2007-08= | 1,348 | | | | | | | | | | | | | | |
| 2008-09= | 1,170 | | | | | | | | | | | | | | |
| 2009-10= | 1,435 | | | | | | | | | | | | | | |
| 2010-11= | 1,471 | | | | | | | | | | | | | | |
| 2011-12= | 1,148 | | | | | | | | | | | | | | |

| Service Area SLOs (SA-SLOs) | Means of Assessment & Target / Tasks | Assessment Findings/Reflections | Action & Follow-Up |
|---|---|---|---|
| | | <p>2012-13= 969 2013-14= 905 General Medicine Visits 2007-08= 1,346 2008-09= 2,348 2009-10= 2,600 2010-11= 3,189 2011-12= 1,562 2012-13= 3,865 2013-14= 1,512</p> <p>Result: Target Met</p> <p>Year This Assessment Occurred: 2013-2014</p> <p>Resource Request: Full time Nurse Practitioner, 3 computers and portable stands, ADA door for Psych Services</p> <p>GE/IL-SLO Reflection: Visits indicate continued awareness of Planned Parenthood services on the Foothill campus and reflect decrease student enrollment</p> | <p>Great American Smoke Out, Environmental fair, Volunteer fair, Club Day, Transfer/Career Fair, Welcome Week</p> <p>d) Continue Health Screenings (HIV testing, Chlamydia) and Health Fairs (Hepatitis B vaccines, Tetanus/diphtheria/Pertussis, Lipid Screening, Optometry, Skin Cancer, HPV vaccines)</p> <p>e) Sponsor speakers on health and psychological issues</p> <p>f) Establish Health Services Advisory Board</p> <p>g) Work with District Wellness Committee and advocate for employee Health maintenance programs</p> <hr/> <p>01/13/2014 - Action steps for increase in census:</p> <p>a) Institute electronic medical records.</p> <p>b) Reestablish Nurse Practitioner back up staffing at Foothill Health Services.</p> <hr/> |
| <p>SA - Health Services - 3 - Pandemic Prevention Program - Students will receive information and influenza vaccines for the Pandemic Education and Prevention Program.</p> <p>Start Date: 01/13/2014</p> <p>End Date: 01/12/2015</p> | <p>Assessment Method:</p> <p>1) Continue class orientations, tabling, campus outreach efforts at the Foothill campus. 2) Record the number of Seasonal vaccines given by the Health Services. 3) Record the number of hits on the website for the PEP Talk (Pandemic Education and Prevention) video co-</p> | <p>12/09/2014 - Continue free flu fax through Santa Clara County Immunizations</p> <p>Result: Target Met</p> <p>Year This Assessment Occurred: 2013-2014</p> <p>GE/IL-SLO Reflection: Compliant with Santa Clara Public Health Dept.</p> | |

| Service Area SLOs (SA-SLOs) | Means of Assessment & Target / Tasks | Assessment Findings/Reflections | Action & Follow-Up |
|---------------------------------|---|---|--|
| SA-SLO Status: Active | <p>produced by Foothill Health Services and Toucan Ed for the California Community College State Chancellor's Office and the student produced youtube 'Get Healthie'.</p> <p>Assessment Method Type: Data</p> <p>Target: Increase students self awareness of preventative measures and personal responsibility.</p> | <p>GE/IL-SLO Reflection: Compliant with Santa Clara Public Health Dept.</p> <p>12/09/2014 - * Continue Public Health vigilance on pandemic status for Santa Clara County</p> <p>Result: Target Met</p> <p>Year This Assessment Occurred: 2013-2014</p> <p>01/13/2014 - 1) Pandemic information presented as follows:</p> <ul style="list-style-type: none"> Counseling 50 classes Tabling at welcome weeks, Wednesday college hours 2) Fall 2011 <ul style="list-style-type: none"> Pandemic Youtube for Calif Community Colleges--16,098 hits Flu vaccinations at Foothill College --850 Flu vax 3) Fall 2012 <ul style="list-style-type: none"> Flu vaccinations (FH)--954 Flu vax Prevalent influenza in the United States is H3N2 (contained this seasons flu fax) 4) Fall 2013 <ul style="list-style-type: none"> Flu vaccinations (FH)--774 5) Fall 2014--1,000 flu vax ordered (pending final count at end of flu season) <p>Result: Target Met</p> <p>Year This Assessment Occurred: 2013-2014</p> <p>Resource Request: Flu vaccines and supplies, posters and PR materials</p> <p>GE/IL-SLO Reflection: Maintain Santa Clara County Public Health guidelines</p> | <p>10/13/2011 - What were the most important findings from your data? * 914 Seasonal Flu vaccines (2011)</p> <p>03/19/2012 - Steps to be taken to continue action: a) This year, the influenza vaccine</p> |

| Service Area SLOs (SA-SLOs) | Means of Assessment & Target / Tasks | Assessment Findings/Reflections | Action & Follow-Up |
|--|--|---|--|
| | | <p>15,006 hits 2011: Youtube Pandemic Education Prevention-- http://www.youtube.com/watch?v=vl0f1bzlhcg1/11</p> <p>Result: Target Met</p> <p>Year This Assessment Occurred: 2010-2011</p> <p>Resource Request: Increase need for adequate vaccines, personnel to administer vaccines, educational materials, handsanitizers and clinical supplies. Need full-time Nurse Practitioner. With the State budget crisis and the loss of access to free vaccines and supplies</p> | <p>matched the pandemic in Santa Clara County.</p> <p>b) Continue influenza vaccine to minimize absenteeism of students/employees related to pandemic influenza.</p> <p>10/13/2011 - The Center for Disease Control predicts several years of health care vigilance is necessary concerning the H1N1/Seasonal flu affecting our high risk college population. Therefore, concerted preventive education and vaccination campaigns will be the focus of college health for several years.</p> <p>2) Increased expenditures for vaccines and educational materials will be needed.</p> |
| <p>SA - Health Services - 2 - Awareness - Students will increase their utilization/census of Foothill College Health Services.</p> <p>Start Date: 01/13/2014</p> <p>End Date: 01/12/2015</p> <p>SA-SLO Status: Active</p> | <p>Assessment Method: Assessment strategy for SAO assessing this year</p> <p>1) American College Health Survey (ACHA) National College Health Assessment (NCHA) Survey administered Spring 2010 (1,102 FH respondents) and (123,078 students nationally)</p> <p>NCHA Survey Spring 2013 (1,015 respondents)</p> <p>2) FHDA Smoking Survey-Fall 2010 with 7,441 student (including 49 employees)</p> <p>3) The NexGen electronic medical system will be able to collect data on appointments and services utilized for</p> | <p>12/09/2014 - Stable and complete staffing will access more students.</p> <p>Result: Target Met</p> <p>Year This Assessment Occurred: 2013-2014</p> <p>Resource Request: Staffing: Nurse Practitioner, Nutritionist</p> <p>GE/IL-SLO Reflection: In past years, when the staffing has been consistent and complete the census reflected higher numbers.</p> <p>10/10/2012 - NexGen EMR records indicate increase in Health Services utilization (includes flu</p> | |

| Service Area SLOs (SA-SLOs) | Means of Assessment & Target / Tasks | Assessment Findings/Reflections | Action & Follow-Up | | | | | | | | | | |
|--|--|---------------------------------|--------------------|---------|-------|---------|-------|---------|-------|---------|-------|--|---|
| <p>each program 4) NCHA Survey Spring 2016 (pending results)</p> <p>Assessment Method Type: Survey</p> <p>Target: * ACHA-NCHA District wide survey Spring 2016 * To increase awareness and census.</p> <p>Related Documents: Amer College Health-Nat'l College Health Assessment Survey</p> | <p>vax)</p> <table> <tbody> <tr> <td>2007-08</td> <td>2,694</td> </tr> <tr> <td>2008-09</td> <td>3,518</td> </tr> <tr> <td>2009-10</td> <td>4,624</td> </tr> <tr> <td>2010-11</td> <td>5,535</td> </tr> <tr> <td>2011-12</td> <td>5,014</td> </tr> </tbody> </table> | 2007-08 | 2,694 | 2008-09 | 3,518 | 2009-10 | 4,624 | 2010-11 | 5,535 | 2011-12 | 5,014 | <p>Result: Target Met</p> <p>Year This Assessment Occurred: 2011-2012</p> <p>Resource Request: Electronic Medical/Census Program for Psychological Services and Health Services. Two computers and mobile stands (Health Services) and a EMR for Psych Services.</p> <p>GE/IL-SLO Reflection: Health Services has slowly increased its census each year.</p> | <p>10/04/2011 - *To establish an electronic medical records and appointment system for Psychological Services.</p> <p>*To provide psychiatric consultation and services to support the staff in Health Services and Psychological Services in the provision of student Mental Health services. 4 hrs (two times per month).</p> <p>*To provide evidence-based practices with a Clinical Psychologist to provide consultant services in the provision of student mental health services. 4 hours (two times per month)</p> <p>*Collaborate to establish a campus wide Behavioral Intervention Team</p> <p>*Establish a system where the phone is answered every time in the Health Services.</p> <p>*Establish Health Service in the CAIR (Calif Immunization Records) system</p> <p>*Re-establish compliance with the Federally mandated (DFSCA) Drug-Free Schools and Communities Act and Campuses Regulations.</p> <p>*Re-establish AB 1088 (Oropeza) Mandatory Orientation: Sexual Violence Prevention: to provide educational/prevention programming on the campus.</p> <p>*Re-establish Health Services Advisory Committee.</p> <p>*To implement Pandemic Education and Prevention strategies to the Foothill College campus and provide H1N1 and seasonal influenza vaccines. Calif Ed Code, Section 76403.</p> |
| 2007-08 | 2,694 | | | | | | | | | | | | |
| 2008-09 | 3,518 | | | | | | | | | | | | |
| 2009-10 | 4,624 | | | | | | | | | | | | |
| 2010-11 | 5,535 | | | | | | | | | | | | |
| 2011-12 | 5,014 | | | | | | | | | | | | |

| Service Area SLOs (SA-SLOs) | Means of Assessment & Target / Tasks | Assessment Findings/Reflections | Action & Follow-Up |
|-----------------------------|--------------------------------------|---|---|
| | | <p>10/13/2011 - ACHA-NCHA 2010 statistics revealed: Foothill College (1,102 students) received information on campus concerning: Cold and flu 59.1% Nutrition 36.4% Pregnancy prevention 37.3% Sexually transmitted diseases 40%</p> <p>Health Services statistics revealed: Family Planning Visits 2007=1,348 2008=1,170 2009=1,435 2010=1,471 General Medicine Visits 2007=1,346 2008=2,348 2009=3,189 2010=4,064</p> <p>FHDA Fall 2011 Smoking Survey revealed: 38% of students reported they know that Health Services at FHDA currently have a tobacco cessation program</p> <p>Result: Target Met Year This Assessment Occurred: 2010-2011</p> | <p>*To increase reproductive visits, providing access for students to the SOFP/FAMPACT (State Office of Family Planning) funding and services.</p> <p>To hire a full-time Nurse Practitioner for consistent, professional delivery of quality medical care for students</p> <p>10/13/2014 - Action steps below reflect needed changes on awareness:</p> <ul style="list-style-type: none"> a) Increase exposure of reproductive health. b) International student utilization needs to be documented in the ACHA separately. c) Re-establish Health Educator/HSS position with Planned Parenthood <p>10/13/2011 - Formulate a response plan to the NCHA Survey and contact visits results.</p> <p>Key points to address:</p> <ul style="list-style-type: none"> a) Continue class presentations and orientations b) Continue Student Health 101 Newsletter to all students/staff . c) Tabling at Health/ campus fairs: Great American Smoke Out, Environmental fair, Volunteer fair, Club Day, Transfer/Career Fair, Welcome Week d) Continue Health Screenings (Depression, Suicide, Alcohol and other CPR Saturday, Drugs, Domestic/Relationship Violence & |
| | | | |

| Service Area SLOs (SA-SLOs) | Means of Assessment & Target / Tasks | Assessment Findings/Reflections | Action & Follow-Up |
|-----------------------------|--------------------------------------|---|--|
| | | <p>Resource Request: Needed increase personnel, as follows Full time Nurse Practitioner Part-time Psychologist (for supervision) Part-time Psychiatrist (for supervision of clinical services) Network with: ACHA (American College Health Assoc) HSACCC (Health Services Assoc</p> | Eating Disorders) e) Sponsor speakers on health and psychological issues f) Establish Health Services Advisory Board g) Work with District Wellness Committee and advocate for employee Health maintenance programs. h) Marketing with LCD in Dining Lounge, large banners, T-shirt campaign, web site, Fusion and Student Health 101 Newsletter, Student handbook, FH catalogue. i) Apply for grants when available. j) Increase census for 2010-11 |

Foothill College

Executive Summary

Spring 2013

American College Health Association
National College Health Assessment II



ACHA-NCHA II

The ACHA-NCHA II supports the health of the campus community by fulfilling the academic mission, supporting short- and long-term healthy behaviors, and gaining a current profile of health trends within the campus community.

Table of Contents

| | |
|--|----|
| I. Introduction | 2 |
| II. Findings | |
| A. General Health of College Students | 3 |
| B. Disease and Injury Prevention | 4 |
| C. Academic Impacts | 5 |
| D. Violence, Abusive Relationships and Personal Safety | 5 |
| E. Alcohol, Tobacco, and Other Drug Use | 6 |
| F. Sexual Behavior | 10 |
| G. Nutrition and Exercise | 12 |
| H. Mental Health | 13 |
| I. Sleep | 16 |
| III. Demographics and Student Characteristics | 17 |

ACHA, the nation's principal advocate and leadership organization for college and university health, represents a diverse membership that provides and supports the delivery of health care and prevention and wellness services for the nation's 20 million college students. For more information about the association's programs and services, visit www.acha.org, and www.acha-ncha.org.

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American College Health Association. American College Health Association-National College Health Assessment II: Foothill College Executive Summary Spring 2013. Hanover, MD: American College Health Association; 2013.

Introduction

The ACHA-National College Health Assessment II (ACHA-NCHA II) is a national research survey organized by the American College Health Association (ACHA) to assist college health service providers, health educators, counselors, and administrators in collecting data about their students' habits, behaviors, and perceptions on the most prevalent health topics.

ACHA initiated the original ACHA-NCHA in 2000 and the instrument was used nation wide through the spring 2008 data collection period. The ACHA-NCHA now provides the largest known comprehensive data set on the health of college students, providing the college health and higher education fields with a vast spectrum of information on student health.

The revised survey, the ACHA-NCHA-II, was developed following a thorough pilot testing process. Although the general categories of information for which data are collected remain the same between the original ACHA-NCHA and this revised survey, a number of questions have been modified, and new questions have been added to monitor a variety of health constructs. Specific revisions include updated lists of illegal drugs, contraceptive methods, and vaccines. New items have been added to capture sleep behaviors, self-injury, the use/abuse of prescription drugs and additional mental health issues.

Please note the ACHA-NCHA II is not appropriate for trend comparison of items from the original ACHA-NCHA survey. A new baseline for ACHA-NCHA II began in the fall of 2008. Directly comparing pre- and post-redesign estimates on similar data points, without taking into account the impact of the survey's redesign, might lead to an erroneous conclusion. Documentation regarding the results of the pilot study and differences between the instruments can be obtained at the ACHA-NCHA website, www.acha-ncha.org. □

For additional information about the survey's development, design, and methodology, email Mary Hoban, PhD, CHES, (mhoban@acha.org), E. Victor Leino, PhD (vleino@acha.org), or visit www.acha-ncha.org.

Note on use of data:

Missing values have been excluded from analysis. Students responding "not applicable" were excluded from several analyses, which are specifically noted throughout this document. All response categories were included, including "don't know" or "0" unless otherwise noted.

This Executive Summary highlights results of the ACHA-NCHA II Spring 2013 survey for Foothill College consisting of 1015 respondents.

The overall response proportion was 17.0%.

Findings

A. General Health of College Students

■ 52.2 % of college students surveyed (57.6 % male and 49.4 % female) described their health as *very good or excellent*.

■ 86.8 % of college students surveyed (89.0 % male and 85.6 % female) described their health as *good, very good or excellent*.

Proportion of college students who reported being diagnosed or treated by a professional for any of the following health problems within the last 12 months:

| | | | |
|------------------------------|--------|------------------------------|-------|
| Allergies: | 18.0 % | Hepatitis B or C: | 0.6 % |
| Asthma: | 6.4 % | High blood pressure: | 5.4 % |
| Back pain: | 14.6 % | High cholesterol: | 5.7 % |
| Broken bone/Fracture/Sprain: | 6.0 % | HIV infection: | 0.6 % |
| Bronchitis: | 3.9 % | Irritable Bowel Syndrome: | 2.4 % |
| Chlamydia: | 1.3 % | Migraine headache: | 7.2 % |
| Diabetes: | 1.7 % | Mononucleosis: | 1.1 % |
| Ear infection: | 5.0 % | Pelvic Inflammatory Disease: | 0.6 % |
| Endometriosis: | 0.8 % | Repetitive stress injury: | 2.7 % |
| Genital herpes: | 1.1 % | Sinus infection: | 7.8 % |
| Genital warts/HPV: | 2.1 % | Strep throat: | 4.8 % |
| Gonorrhea: | 0.3 % | Tuberculosis: | 0.7 % |
| | | Urinary tract infection: | 7.5 % |

■ 47.9 % of college students (42.4 % male, 50.8 % female) reported being diagnosed or treated by a professional with one or more of the above conditions within the last 12 months.

Proportion of college students who reported any of the following:

| | |
|---|-------|
| Attention Deficit and Hyperactivity Disorder (ADHD) | 9.6 % |
| Chronic illness (e.g., cancer, diabetes, auto-immune disorders) | 5.3 % |
| Deafness/Hearing loss | 2.2 % |
| Learning disability | 8.5 % |
| Mobility/Dexterity disability | 1.7 % |
| Partial sightedness/Blindness | 2.2 % |
| Psychiatric condition | 7.5 % |
| Speech or language disorder | 1.7 % |
| Other disability | 3.3 % |

B. Disease and Injury Prevention

College students reported receiving the following vaccinations (shots):

- 61.5 % reported receiving vaccination against hepatitis B.
- 34.5 % reported receiving vaccination against Human Papillomavirus/HPV (cervical cancer vaccine).
- 46.7 % reported receiving vaccination against influenza (flu) in the last 12 months (shot or nasal mist).
- 59.5 % reported receiving vaccination against measles, mumps, rubella.
- 36.0 % reported receiving vaccination against meningococcal meningitis.
- 49.2 % reported receiving vaccination against varicella (chicken pox).

Other disease prevention practices reported by college students:

- 64.3 % reported having a dental exam and cleaning in the last 12 months.
- 26.1 % of males reported performing a testicular self exam in the last 30 days.
- 30.6 % of females reported performing a breast self exam in the last 30 days.
- 43.0 % of females reported having a routine gynecological exam in the last 12 months.
- 52.6 % reported using sunscreen regularly with sun exposure.
- 37.4 % reported ever being tested for Human Immunodeficiency Virus (HIV) infection.

College students reported the following behaviors within the last 12 months:

| Percent (%) | N/A, did not do this activity within the last 12 months | Never* | Rarely or sometimes* | Mostly or always* |
|--|---|--------|----------------------|-------------------|
| Wear a seatbelt when you rode in a car | 0.5 | 0.2 | 1.0 | 98.8 |
| Wear a helmet when you rode a bicycle | 48.6 | 25.6 | 20.4 | 53.9 |
| Wear a helmet when you rode a motorcycle | 84.8 | 3.9 | 1.9 | 94.2 |
| Wear a helmet when you were inline skating | 86.4 | 29.2 | 27.7 | 43.1 |

* Students responding "N/A, did not do this activity within the last 12 months" were excluded.

C. Academic Impacts

Within the last 12 months, students reported the following factors affecting their individual academic performance, defined as: received a lower grade on an exam, or an important project; received a lower grade in the course; received an incomplete or dropped the course; or experienced a significant disruption in thesis, dissertation, research, or practicum work; (listed alphabetically):

| | | | |
|---|--------|--|--------|
| Alcohol use: | 2.9 % | Gambling: | 0.2 % |
| Allergies: | 4.6 % | Homesickness: | 2.7 % |
| Anxiety: | 21.9 % | Injury: | 3.8 % |
| Assault (physical): | 1.1 % | Internet use/computer games: | 14.3 % |
| Assault (sexual): | 1.3 % | Learning disability: | 6.3 % |
| Attention Deficit/Hyperactivity Disorder: | 7.0 % | Participation in extracurricular | |
| Cold/Flu/Sore throat: | 14.1 % | activities: | 6.2 % |
| Concern for a troubled friend or family member: | 13.2 % | Pregnancy (yours or partner's): | 0.8 % |
| Chronic health problem or serious illness: | 4.3 % | Relationship difficulties: | 11.6 % |
| Chronic pain: | 4.0 % | Roommate difficulties: | 4.2 % |
| Death of a friend or family member: | 7.5 % | Sexually transmitted disease/infection (STD/I): | 0.4 % |
| Depression: | 17.0 % | Sinus infection/Ear infection/Bronchitis/Strep throat: | 4.4 % |
| Discrimination: | 2.0 % | Sleep difficulties: | 23.3 % |
| Drug use: | 1.7 % | Stress: | 32.7 % |
| Eating disorder/problem: | 1.0 % | Work: | 20.6 % |
| Finances: | 13.6 % | Other: | 2.4 % |

D. Violence, Abusive Relationships and Personal Safety

Within the last 12 months, college students reported experiencing:

| Percent (%) | Male | Female | Total |
|--|-------------|---------------|--------------|
| A physical fight | 6.6 | 3.1 | 4.3 |
| A physical assault (not sexual assault) | 4.3 | 3.9 | 4.1 |
| A verbal threat | 16.5 | 14.5 | 15.0 |
| Sexual touching without their consent | 1.7 | 5.3 | 4.1 |
| Sexual penetration attempt without their consent | 0.9 | 2.2 | 1.7 |
| Sexual penetration without their consent | 0.3 | 1.5 | 1.1 |
| Stalking | 2.9 | 8.6 | 6.6 |
| An emotionally abusive intimate relationship | 6.7 | 11.3 | 9.7 |
| A physically abusive intimate relationship | 2.3 | 2.5 | 2.4 |
| A sexually abusive intimate relationship | 0.6 | 3.0 | 2.2 |

Findings continued

College students reported feeling *very safe* :

| | <i>Percent (%)</i> | Male | Female | Total |
|---|--------------------|-------------|---------------|--------------|
| On their campus (daytime) | 87.3 | 77.9 | 80.9 | |
| On their campus (nighttime) | 54.3 | 24.5 | 34.9 | |
| In the community surrounding their school (daytime) | 75.7 | 71.6 | 72.7 | |
| In the community surrounding their school (nighttime) | 52.2 | 31.2 | 38.5 | |

E. Alcohol, Tobacco, and Other Drug Use

Reported use versus perceived use - reported use for all students within the past 30 days compared with how often students perceived the typical student on campus used substances within the same time period. The last line of each table combines all categories of any use in the last 30 days.

Alcohol

| | <i>Percent (%)</i> | Actual Use | | | Perceived Use | | |
|--|--------------------|-------------------|---------------|--------------|----------------------|---------------|--------------|
| | | Male | Female | Total | Male | Female | Total |
| Never used | 31.0 | 27.5 | 28.3 | 15.0 | 8.7 | 10.8 | |
| Used, but not in the last 30 days | 16.2 | 21.0 | 19.5 | 5.9 | 3.5 | 4.3 | |
| Used 1-9 days | 37.7 | 42.4 | 41.0 | 40.4 | 36.7 | 38.0 | |
| Used 10-29 days | 13.9 | 7.6 | 9.8 | 31.3 | 39.8 | 37.0 | |
| Used all 30 days | 1.2 | 1.6 | 1.4 | 7.4 | 11.3 | 10.1 | |
| <i>Any use within the last 30 days</i> | 52.8 | 51.6 | 52.2 | 79.1 | 87.8 | 85.0 | |

Cigarette

| | <i>Percent (%)</i> | Actual Use | | | Perceived Use | | |
|--|--------------------|-------------------|---------------|--------------|----------------------|---------------|--------------|
| | | Male | Female | Total | Male | Female | Total |
| Never used | 65.3 | 70.2 | 68.2 | 14.8 | 10.4 | 11.8 | |
| Used, but not in the last 30 days | 18.4 | 18.5 | 18.7 | 13.1 | 9.5 | 10.9 | |
| Used 1-9 days | 9.6 | 4.9 | 6.7 | 37.1 | 31.4 | 33.5 | |
| Used 10-29 days | 1.2 | 2.5 | 2.0 | 16.3 | 24.2 | 21.3 | |
| Used all 30 days | 5.5 | 3.9 | 4.5 | 18.7 | 24.5 | 22.6 | |
| <i>Any use within the last 30 days</i> | 16.3 | 11.3 | 13.1 | 72.1 | 80.1 | 77.4 | |

Marijuana

| | <i>Percent (%)</i> | Actual Use | | | Perceived Use | | |
|--|--------------------|-------------------|---------------|--------------|----------------------|---------------|--------------|
| | | Male | Female | Total | Male | Female | Total |
| Never used | 62.8 | 65.2 | 64.0 | 21.7 | 13.3 | 16.2 | |
| Used, but not in the last 30 days | 20.6 | 24.1 | 23.1 | 11.0 | 9.0 | 9.6 | |
| Used 1-9 days | 8.7 | 7.6 | 7.9 | 34.4 | 35.4 | 35.0 | |
| Used 10-29 days | 5.5 | 2.0 | 3.2 | 21.7 | 28.8 | 26.4 | |
| Used all 30 days | 2.3 | 1.1 | 1.8 | 11.3 | 13.5 | 12.8 | |
| <i>Any use within the last 30 days</i> | 16.6 | 10.7 | 12.9 | 67.4 | 77.7 | 74.2 | |

Findings continued

| Tobacco from a water pipe (hookah) | | Actual Use | | | Perceived Use | | |
|--|-------------|------------|--------|-------|---------------|--------|-------|
| | Percent (%) | Male | Female | Total | Male | Female | Total |
| Never used | 69.5 | 72.7 | 71.3 | | 28.4 | 18.2 | 21.6 |
| Used, but not in the last 30 days | 24.6 | 19.7 | 21.6 | | 17.8 | 18.8 | 18.4 |
| Used 1-9 days | 5.9 | 7.0 | 6.7 | | 39.9 | 45.7 | 43.6 |
| Used 10-29 days | 0.0 | 0.6 | 0.4 | | 11.2 | 13.2 | 12.7 |
| Used all 30 days | 0.0 | 0.0 | 0.0 | | 2.7 | 4.1 | 3.7 |
| <i>Any use within the last 30 days</i> | 5.9 | 7.6 | 7.1 | | 53.8 | 63.1 | 60.0 |

| All other drugs combined* | | Actual Use | | | Perceived Use | | |
|--|-------------|------------|--------|-------|---------------|--------|-------|
| | Percent (%) | Male | Female | Total | Male | Female | Total |
| Never used | 63.6 | 74.1 | 70.0 | | 21.8 | 14.1 | 16.6 |
| Used, but not in the last 30 days | 24.3 | 18.8 | 21.0 | | 15.0 | 15.1 | 15.1 |
| Used 1-9 days | 6.9 | 5.1 | 5.8 | | 39.4 | 39.6 | 39.3 |
| Used 10-29 days | 2.0 | 1.5 | 1.7 | | 18.8 | 22.4 | 21.6 |
| Used all 30 days | 3.2 | 0.5 | 1.5 | | 5.0 | 8.8 | 7.5 |
| <i>Any use within the last 30 days</i> | 12.1 | 7.1 | 9.0 | | 63.2 | 70.8 | 68.3 |

* Includes cigars, smokeless tobacco, cocaine, methamphetamine, other amphetamines, sedatives, hallucinogens, anabolic steroids, opiates, inhalants, MDMA, other club drugs, other illegal drugs. (Excludes alcohol, cigarettes, tobacco from a water pipe, and marijuana).

■ 1.8 % of college students reported driving after having **5 or more drinks** in the last 30 days.*

■ 25.2 % of college students reported driving after having **any alcohol** in the last 30 days.*

*Students responding "N/A, don't drive" and "N/A don't drink" were excluded from this analysis.

Estimated Blood Alcohol Concentration (or eBAC) of college students reporting 1 or more drinks the last time they "partied" or socialized. **Students reporting 0 drinks were excluded from the analysis.** Due to the improbability of a student surviving a drinking episode resulting in an extremely high eBAC, all students with an eBAC of 0.50 or higher are also omitted from these eBAC figures. eBAC is an estimated figure based on the reported number of drinks consumed during the last time they "partied" or socialized, their approximate time of consumption, sex, weight, and the average rate of ethanol metabolism.

| Estimated BAC | Percent (%) | Male | Female | Total |
|---------------|-------------|------|--------|-------|
| < .08 | 86.2 | 81.8 | 83.3 | |
| < .10 | 92.2 | 86.5 | 88.4 | |

| | | | |
|---------|------|------|------|
| Mean | 0.04 | 0.05 | 0.04 |
| Median | 0.02 | 0.02 | 0.02 |
| Std Dev | 0.06 | 0.06 | 0.06 |

Findings continued

Reported number of drinks consumed the last time students "partied" or socialized. Only students reporting one or more drinks were included.

| Number of drinks* | Percent (%) | Male | Female | Total |
|--------------------------|--------------------|-------------|---------------|--------------|
| 4 or fewer | 66.5 | 83.9 | 78.1 | |
| 5 | 12.2 | 8.0 | 9.3 | |
| 6 | 8.1 | 3.0 | 4.6 | |
| 7 or more | 13.1 | 5.1 | 7.9 | |

| | | | |
|---------|------|------|------|
| Mean | 4.30 | 2.97 | 3.41 |
| Median | 3.00 | 2.00 | 3.00 |
| Std Dev | 4.53 | 2.46 | 3.34 |

* Students reporting 0 drinks were excluded.

Reported number of times college students consumed five or more drinks in a sitting within the last two weeks:

| | Percent (%) | Male | Female | Total |
|-----------------|--------------------|-------------|---------------|--------------|
| N/A don't drink | 29.6 | 27.9 | 28.1 | |
| None | 47.5 | 56.0 | 53.2 | |
| 1-2 times | 16.2 | 13.2 | 14.4 | |
| 3-5 times | 6.1 | 2.2 | 3.6 | |
| 6 or more times | 0.6 | 0.8 | 0.7 | |

Percent of college students who reported using prescription drugs that were not prescribed to them within the last 12 months:

| | Percent (%) | Male | Female | Total |
|------------------------------------|--------------------|-------------|---------------|--------------|
| Antidepressants | 2.3 | 3.9 | 3.4 | |
| Erectile dysfunction drugs | 2.3 | 0.9 | 1.4 | |
| Pain killers | 8.7 | 9.5 | 9.3 | |
| Sedatives | 2.9 | 3.4 | 3.4 | |
| Stimulants | 4.7 | 5.0 | 4.8 | |
| Used 1 or more of the above | 12.7 | 14.1 | 13.7 | |

Findings continued

College students reported doing the following ***most of the time*** or ***always*** when they "partied" or socialized during the last 12 months:*

| | Percent (%) | Male | Female | Total |
|--|--------------------|-------------|---------------|--------------|
| Alternate non-alcoholic with alcoholic beverages | 36.2 | 42.3 | 40.3 | |
| Avoid drinking games | 47.4 | 55.3 | 52.6 | |
| Choose not to drink alcohol | 23.7 | 34.0 | 30.2 | |
| Determine in advance not to exceed a set number of drinks | 44.0 | 57.1 | 52.5 | |
| Eat before and/or during drinking | 78.0 | 81.8 | 79.9 | |
| Have a friend let you know when you have had enough | 32.5 | 47.2 | 42.3 | |
| Keep track of how many drinks being consumed | 69.4 | 77.2 | 74.4 | |
| Pace drinks to one or fewer an hour | 34.2 | 51.8 | 45.7 | |
| Stay with the same group of friends the entire time drinking | 79.9 | 90.7 | 86.9 | |
| Stick with only one kind of alcohol when drinking | 52.8 | 64.6 | 60.9 | |
| Use a designated driver | 74.8 | 86.0 | 82.6 | |
| <i>Reported one or more of the above</i> | 94.1 | 96.7 | 95.8 | |

*Students responding "N/A, don't drink" were excluded from this analysis.

College students who drank alcohol reported experiencing the following in the last 12 months when drinking alcohol:*

| | Percent (%) | Male | Female | Total |
|---|--------------------|-------------|---------------|--------------|
| Did something you later regretted | 22.1 | 25.1 | 24.1 | |
| Forgot where you were or what you did | 18.7 | 19.3 | 19.2 | |
| Got in trouble with the police | 2.6 | 2.6 | 2.6 | |
| Someone had sex with me without my consent | 0.4 | 1.7 | 1.3 | |
| Had sex with someone without their consent | 0.4 | 0.6 | 0.6 | |
| Had unprotected sex | 18.8 | 13.4 | 15.0 | |
| Physically injured yourself | 7.8 | 9.1 | 8.7 | |
| Physically injured another person | 2.2 | 1.1 | 1.6 | |
| Seriously considered suicide | 1.3 | 2.0 | 1.7 | |
| <i>Reported one or more of the above</i> | 39.3 | 39.4 | 39.3 | |

*Students responding "N/A, don't drink" were excluded from this analysis.

F. Sexual Behavior

College students reported having the following number of sexual partners (oral sex, vaginal or anal intercourse) within the last 12 months:

| | Percent (%) | Male | Female | Total |
|-----------|-------------|------|--------|-------|
| None | 42.9 | 32.4 | 35.8 | |
| 1 | 39.4 | 51.8 | 47.5 | |
| 2 | 6.8 | 8.1 | 7.8 | |
| 3 | 5.3 | 4.1 | 4.5 | |
| 4 or more | 5.6 | 3.6 | 4.4 | |

Number of partners among students reporting to have at least one sexual partner within the last 12 months:*

| | Male | Female | Total |
|---------|------|--------|-------|
| Mean | 1.93 | 1.47 | 1.62 |
| Median | 1.00 | 1.00 | 1.00 |
| Std Dev | 3.17 | 1.26 | 2.04 |

*Students reporting 0 sexual partners within the last 12 months were excluded.

College students reported having oral, vaginal or anal sex in the last 30 days:

Oral sex within the past 30 days

| | Percent (%) | Male | Female | Total |
|--|-------------|------|--------|-------|
| No, have never done this sexual activity | 33.9 | 31.8 | 32.3 | |
| No, have done this sexual activity but not in the last 30 days | 30.1 | 29.1 | 29.5 | |
| Yes | 35.9 | 39.2 | 38.2 | |

Vaginal sex within the past 30 days

| | Percent (%) | Male | Female | Total |
|--|-------------|------|--------|-------|
| No, have never done this sexual activity | 38.1 | 28.0 | 31.2 | |
| No, have done this sexual activity but not in the last 30 days | 20.9 | 21.4 | 21.2 | |
| Yes | 41.0 | 50.6 | 47.6 | |

Anal sex within the past 30 days

| | Percent (%) | Male | Female | Total |
|--|-------------|------|--------|-------|
| No, have never done this sexual activity | 70.2 | 72.5 | 71.4 | |
| No, have done this sexual activity but not in the last 30 days | 22.8 | 23.0 | 23.1 | |
| Yes | 7.0 | 4.6 | 5.4 | |

Findings continued

Using a condom or other protective barrier within the last 30 days (*mostly or always*):

| | Percent (%) | Male | Female | Total |
|---|-------------|------|--------|-------|
| <i>Sexually active students reported*</i> | | | | |
| Oral sex | 6.3 | 9.8 | 8.7 | |
| Vaginal intercourse | 42.2 | 38.0 | 39.3 | |
| Anal intercourse | 28.3 | 26.3 | 27.0 | |

*Students responding "Never did this sexual activity" or "Have not done this during the last thirty days" were excluded from the analysis.

Contraceptive use reported by students or their partner the last time they had vaginal intercourse:

| | Percent (%) | Male | Female | Total |
|---|-------------|-------------|-------------|-------|
| Yes, used a method of contraception | 46.1 | 51.9 | 50.0 | |
| Not applicable/Didn't use a method/Don't know | 53.9 | 48.1 | 50.0 | |

If YES to contraceptive use the last time student had vaginal intercourse, reported means of birth control used among college students or their partner to prevent pregnancy:

| | Percent (%) | Male | Female | Total |
|--|-------------|-------------|-------------|-------|
| Birth control pills (monthly or extended cycle) | 47.5 | 44.0 | 45.6 | |
| Birth control shots | 3.2 | 5.9 | 4.9 | |
| Birth control implants | 2.6 | 3.4 | 3.1 | |
| Birth control patch | 3.9 | 3.1 | 3.3 | |
| Vaginal ring | 5.8 | 4.3 | 4.7 | |
| Intrauterine device | 9.7 | 13.3 | 12.1 | |
| Male condom | 55.4 | 47.1 | 49.9 | |
| Female condom | 0.0 | 0.9 | 0.6 | |
| Diaphragm or cervical cap | 0.6 | 0.3 | 0.4 | |
| Contraceptive sponge | 0.0 | 0.0 | 0.0 | |
| Spermicide (foam, jelly, cream) | 3.2 | 1.9 | 2.3 | |
| Fertility awareness (calendar, mucous, basal body temperature) | 7.1 | 4.3 | 5.1 | |
| Withdrawal | 15.5 | 19.8 | 18.9 | |
| Sterilization (hysterectomy, tubes tied, vasectomy) | 3.9 | 5.0 | 4.5 | |
| Other method | 0.7 | 2.5 | 1.9 | |
| | | | | |
| Male condom use plus another method | 33.1 | 28.4 | 30.0 | |
| Any two or more methods (excluding male condoms) | 20.9 | 21.6 | 21.5 | |

- 16.8 % of sexually active college students reported using (or reported their partner used) emergency contraception ("morning after pill") within the last 12 months.

(male: 15.9 %; female: 17.3 %).*

*Students responding "Not sexually active" were excluded from the analysis.

- 2.1 % of college students who had vaginal intercourse within the last 12 months reported experiencing an unintentional pregnancy or got someone pregnant within the last 12 months.

(male: 1.5 %; female: 2.5 %).**

**Students responding "Have not had vaginal intercourse within the last 12 months" were excluded from the analysis.

G. Nutrition and Exercise

College students reported usually eating the following number of servings of fruits and vegetables per day:

| | <i>Percent (%)</i> | Male | Female | Total |
|--------------------|--------------------|-------------|---------------|--------------|
| 0 servings per day | | 7.8 | 5.4 | 6.3 |
| 1-2 per day | | 57.3 | 53.6 | 55.1 |
| 3-4 per day | | 28.2 | 33.1 | 31.1 |
| 5 or more per day | | 6.6 | 7.9 | 7.5 |

College students reported the following behaviors within the past 7 days:

Do moderate-intensity cardio or aerobic exercise for at least 30 minutes:

| | <i>Percent (%)</i> | Male | Female | Total |
|----------|--------------------|-------------|---------------|--------------|
| 0 days | | 17.7 | 22.0 | 20.7 |
| 1-4 days | | 57.8 | 64.3 | 61.9 |
| 5-7 days | | 24.4 | 13.7 | 17.4 |

Do vigorous-intensity cardio or aerobic exercise for at least 20 minutes:

| | <i>Percent (%)</i> | Male | Female | Total |
|----------|--------------------|-------------|---------------|--------------|
| 0 days | | 34.0 | 42.0 | 39.3 |
| 1-2 days | | 32.6 | 33.5 | 33.1 |
| 3-7 days | | 33.4 | 24.5 | 27.5 |

Physical Activity and Public Health: Updated Recommendations for Adults. From the American College of Sports Medicine and the American Heart Association (2007): Moderate-intensity cardio or aerobic exercise for at least 30 minutes on 5 or more days per week, or vigorous-intensity cardio or aerobic exercise for at least 20 minutes on 3 or more days per week.

Students meeting the Recommendations for moderate-intensity exercise, vigorous-intensity exercise, or a combination of the two (2 moderate-intensity exercise periods = 1 vigorous-intensity exercise period).

| | <i>Percent (%)</i> | Male | Female | Total |
|----------------|--------------------|-------------|---------------|--------------|
| Guidelines met | | 51.7 | 44.7 | 47.0 |

Estimated average Body Mass Index (BMI): This figure incorporates reported height, and weight to form a general indicator of physical health. Categories defined by The World Health Organization (WHO) 2000, reprinted 2004. Obesity: Preventing and Managing the Global Epidemic. WHO Tech Report Series: 894.

| BMI | Percent (%) | Male | Female | Total |
|--------------------------|-------------|------|--------|-------|
| <18.5 Underweight | 3.5 | 8.7 | 6.9 | |
| 18.5-24.9 Healthy Weight | 50.1 | 62.3 | 57.9 | |
| 25-29.9 Overweight | 28.0 | 18.2 | 21.8 | |
| 30-34.9 Class I Obesity | 12.2 | 6.5 | 8.5 | |
| 35-39.9 Class II Obesity | 4.1 | 3.0 | 3.4 | |
| ≥40 Class III Obesity | 2.0 | 1.2 | 1.5 | |

| | | | |
|---------|-------|-------|-------|
| Mean | 25.61 | 23.73 | 24.39 |
| Median | 24.39 | 22.60 | 23.18 |
| Std Dev | 5.32 | 5.30 | 5.38 |

H. Mental Health

Students reported experiencing the following within the last 12 months:

Felt things were hopeless

| Percent (%) | Male | Female | Total |
|---|------|--------|-------|
| No, never | 36.7 | 26.9 | 30.1 |
| No, not last 12 months | 20.5 | 22.7 | 21.9 |
| Yes, last 2 weeks | 16.2 | 17.0 | 17.0 |
| Yes, last 30 days | 7.2 | 12.0 | 10.3 |
| Yes, in last 12 months | 19.4 | 21.5 | 20.6 |
| <i>Any time within the last 12 months</i> | 42.8 | 50.4 | 48.0 |

Felt overwhelmed by all you had to do

| Percent (%) | Male | Female | Total |
|---|------|--------|-------|
| No, never | 23.4 | 11.0 | 15.2 |
| No, not last 12 months | 11.6 | 8.4 | 9.3 |
| Yes, last 2 weeks | 30.1 | 40.4 | 37.1 |
| Yes, last 30 days | 14.7 | 14.9 | 14.9 |
| Yes, in last 12 months | 20.2 | 25.4 | 23.5 |
| <i>Any time within the last 12 months</i> | 65.0 | 80.7 | 75.5 |

Felt exhausted (not from physical activity)

| Percent (%) | Male | Female | Total |
|---|------|--------|-------|
| No, never | 23.3 | 13.6 | 17.0 |
| No, not last 12 months | 11.2 | 9.5 | 10.1 |
| Yes, last 2 weeks | 33.7 | 40.0 | 38.0 |
| Yes, last 30 days | 15.6 | 15.8 | 15.7 |
| Yes, in last 12 months | 16.1 | 21.1 | 19.2 |
| <i>Any time within the last 12 months</i> | 65.4 | 76.9 | 72.9 |

Felt very lonely

| Percent (%) | Male | Female | Total |
|---|------|--------|-------|
| No, never | 30.5 | 20.6 | 23.9 |
| No, not last 12 months | 20.5 | 21.9 | 21.5 |
| Yes, last 2 weeks | 20.7 | 25.0 | 23.7 |
| Yes, last 30 days | 8.6 | 10.5 | 10.0 |
| Yes, in last 12 months | 19.6 | 21.9 | 20.9 |
| <i>Any time within the last 12 months</i> | 49.0 | 57.5 | 54.6 |

Findings continued

Felt very sad

| | Percent (%) | Male | Female | Total |
|---|--------------------|-------------|---------------|--------------|
| No, never | 28.0 | 16.6 | 20.4 | |
| No, not last 12 months | 22.3 | 18.0 | 19.3 | |
| Yes, last 2 weeks | 20.2 | 28.3 | 25.7 | |
| Yes, last 30 days | 6.4 | 14.1 | 11.7 | |
| Yes, in last 12 months | 23.1 | 23.1 | 22.8 | |
| <i>Any time within the last 12 months</i> | 49.7 | 65.5 | 60.2 | |

Felt so depressed that it was difficult to function

| | Percent (%) | Male | Female | Total |
|---|--------------------|-------------|---------------|--------------|
| No, never | 45.5 | 35.4 | 38.7 | |
| No, not last 12 months | 21.4 | 25.1 | 24.0 | |
| Yes, last 2 weeks | 11.6 | 14.4 | 13.4 | |
| Yes, last 30 days | 8.4 | 7.9 | 8.0 | |
| Yes, in last 12 months | 13.0 | 17.2 | 15.8 | |
| <i>Any time within the last 12 months</i> | 33.0 | 39.5 | 37.2 | |

Felt overwhelming anxiety

| | Percent (%) | Male | Female | Total |
|---|--------------------|-------------|---------------|--------------|
| No, never | 41.5 | 29.9 | 33.7 | |
| No, not last 12 months | 17.3 | 14.9 | 15.9 | |
| Yes, last 2 weeks | 17.3 | 21.5 | 20.1 | |
| Yes, last 30 days | 8.1 | 11.0 | 10.0 | |
| Yes, in last 12 months | 15.9 | 22.7 | 20.3 | |
| <i>Any time within the last 12 months</i> | 41.2 | 55.2 | 50.4 | |

Felt overwhelming anger

| | Percent (%) | Male | Female | Total |
|---|--------------------|-------------|---------------|--------------|
| No, never | 43.6 | 34.7 | 37.6 | |
| No, not last 12 months | 23.1 | 21.1 | 21.8 | |
| Yes, last 2 weeks | 11.6 | 15.0 | 13.9 | |
| Yes, last 30 days | 6.9 | 8.8 | 8.4 | |
| Yes, in last 12 months | 14.7 | 20.3 | 18.4 | |
| <i>Any time within the last 12 months</i> | 33.2 | 44.1 | 40.7 | |

Seriously considered suicide

| | Percent (%) | Male | Female | Total |
|---|--------------------|-------------|---------------|--------------|
| No, never | 74.1 | 73.1 | 73.1 | |
| No, not last 12 months | 16.7 | 18.2 | 17.8 | |
| Yes, last 2 weeks | 2.0 | 2.0 | 2.2 | |
| Yes, last 30 days | 2.6 | 1.9 | 2.2 | |
| Yes, in last 12 months | 4.6 | 4.8 | 4.8 | |
| <i>Any time within the last 12 months</i> | 9.2 | 8.7 | 9.1 | |

Attempted suicide

| | Percent (%) | Male | Female | Total |
|---|--------------------|-------------|---------------|--------------|
| No, never | 88.7 | 88.5 | 88.5 | |
| No, not last 12 months | 9.6 | 9.4 | 9.5 | |
| Yes, last 2 weeks | 0.3 | 0.8 | 0.6 | |
| Yes, last 30 days | 0.3 | 0.0 | 0.1 | |
| Yes, in last 12 months | 1.2 | 1.4 | 1.3 | |
| <i>Any time within the last 12 months</i> | 1.7 | 2.2 | 2.0 | |

Intentionally cut, burned, bruised, or otherwise injured yourself

| | Percent (%) | Male | Female | Total |
|---|--------------------|-------------|---------------|--------------|
| No, never | 83.8 | 77.6 | 79.6 | |
| No, not last 12 months | 12.5 | 16.0 | 15.1 | |
| Yes, last 2 weeks | 1.4 | 1.6 | 1.5 | |
| Yes, last 30 days | 0.0 | 1.2 | 0.8 | |
| Yes, in last 12 months | 2.3 | 3.6 | 3.1 | |
| <i>Any time within the last 12 months</i> | 3.8 | 6.4 | 5.4 | |

Findings continued

Within the last 12 months, diagnosed or treated by a professional for the following:

| | Percent (%) | Male | Female | Total |
|---|-------------|------|--------|-------|
| Anorexia | 1.2 | 1.1 | 1.1 | |
| Anxiety | 11.1 | 14.1 | 13.1 | |
| Attention Deficit and Hyperactivity Disorder | 9.8 | 4.1 | 6.0 | |
| Bipolar Disorder | 3.7 | 1.7 | 2.5 | |
| Bulimia | 1.7 | 1.2 | 1.4 | |
| Depression | 10.7 | 16.0 | 14.1 | |
| Insomnia | 6.6 | 7.3 | 7.2 | |
| Other sleep disorder | 3.8 | 3.4 | 3.5 | |
| Obsessive Compulsive Disorder | 1.7 | 2.0 | 1.9 | |
| Panic attacks | 4.6 | 6.7 | 6.1 | |
| Phobia | 2.0 | 0.5 | 1.0 | |
| Schizophrenia | 2.3 | 0.2 | 0.9 | |
| Substance abuse or addiction | 2.3 | 1.9 | 2.0 | |
| Other addiction | 0.9 | 0.6 | 0.7 | |
| Other mental health condition | 2.9 | 4.1 | 3.6 | |
| | | | | |
| <i>Students reporting none of the above</i> | 77.8 | 75.4 | 76.2 | |
| <i>Students reporting only one of the above</i> | 7.8 | 7.4 | 7.6 | |
| <i>Students reporting both Depression and Anxiety</i> | 6.6 | 9.9 | 8.6 | |
| <i>Students reporting any two or more of the above excluding the combination of Depression and Anxiety</i> | 6.3 | 9.0 | 8.1 | |

Within the last 12 months, any of the following been traumatic or very difficult to handle:

| | Percent (%) | Male | Female | Total |
|---|-------------|------|--------|-------|
| Academics | 42.9 | 48.6 | 46.7 | |
| Career-related issue | 33.7 | 37.3 | 36.3 | |
| Death of family member or friend | 15.3 | 17.4 | 16.6 | |
| Family problems | 30.3 | 41.6 | 37.7 | |
| Intimate relationships | 26.8 | 32.9 | 30.8 | |
| Other social relationships | 23.5 | 26.2 | 25.4 | |
| Finances | 44.2 | 43.6 | 44.0 | |
| Health problem of family member or partner | 19.9 | 23.7 | 22.5 | |
| Personal appearance | 18.5 | 29.8 | 26.2 | |
| Personal health issue | 24.0 | 26.0 | 25.4 | |
| Sleep difficulties | 29.4 | 32.7 | 31.7 | |
| Other | 14.2 | 12.7 | 13.4 | |
| | | | | |
| <i>Students reporting none of the above</i> | 25.6 | 17.9 | 20.6 | |
| <i>Students reporting only one of the above</i> | 11.2 | 9.9 | 10.6 | |
| <i>Students reporting 2 of the above</i> | 14.7 | 13.8 | 13.9 | |
| <i>Students reporting 3 or more of the above</i> | 48.4 | 58.4 | 55.0 | |

Findings continued

Within the last 12 months, how would you rate the overall level of stress experienced:

| | <i>Percent (%)</i> | Male | Female | Total |
|--------------------------|--------------------|------|--------|-------|
| No stress | 4.3 | 1.7 | 2.6 | |
| Less than average stress | 15.6 | 8.9 | 11.1 | |
| Average stress | 40.5 | 39.6 | 39.8 | |
| More than average stress | 30.3 | 35.3 | 33.6 | |
| Tremendous stress | 9.2 | 14.5 | 12.9 | |

I. Sleep

Past 7 days, getting enough sleep to feel rested in the morning:

| | <i>Percent (%)</i> | Male | Female | Total |
|----------|--------------------|------|--------|-------|
| 0 days | 11.0 | 11.2 | 11.6 | |
| 1-2 days | 26.8 | 32.9 | 30.5 | |
| 3-5 days | 46.1 | 42.8 | 43.9 | |
| 6+ days | 16.1 | 13.1 | 14.0 | |

Past 7 days, how often felt tired, dragged out, or sleepy during the day:

| | <i>Percent (%)</i> | Male | Female | Total |
|----------|--------------------|------|--------|-------|
| 0 days | 13.9 | 8.3 | 10.2 | |
| 1-2 days | 34.7 | 28.5 | 30.6 | |
| 3-5 days | 38.7 | 44.3 | 42.3 | |
| 6+ days | 12.7 | 18.9 | 16.9 | |

Past 7 days, how much of a problem with sleepiness during daytime activities:

| | <i>Percent (%)</i> | Male | Female | Total |
|----------------------------|--------------------|------|--------|-------|
| No problem | 16.2 | 11.2 | 12.8 | |
| A little problem | 41.9 | 47.8 | 45.9 | |
| More than a little problem | 25.7 | 24.1 | 24.5 | |
| A big problem | 12.7 | 9.9 | 11.0 | |
| A very big problem | 3.5 | 7.0 | 5.8 | |

Demographics and Student Characteristics

■ Age:

| | |
|----------------|-------------|
| Average age: | 26.82 years |
| Median: | 23.00 years |
| Std Dev: | 11.21 years |
| 18 - 20 years: | 34.3 % |
| 21 - 24 years: | 26.7 % |
| 25 - 29 years: | 15.8 % |
| 30+ years: | 23.2 % |

■ Gender*

| | |
|--------------|--------|
| Female: | 63.9 % |
| Male: | 34.2 % |
| Transgender: | 0.3 % |

■ Student status:

| | |
|---------------------------------|--------|
| 1st year undergraduate: | 27.9 % |
| 2nd year undergraduate: | 26.1 % |
| 3rd year undergraduate: | 14.2 % |
| 4th year undergraduate: | 3.8 % |
| 5th year or more undergraduate: | 5.1 % |
| Graduate or professional: | 7.0 % |
| Not seeking a degree: | 9.0 % |
| Other: | 6.7 % |
| Full-time student: | 60.8 % |
| Part-time student: | 35.9 % |
| Other student: | 3.3 % |

■ Relationship status:

| | |
|--|--------|
| Not in a relationship: | 43.9 % |
| In a relationship but not living together: | 29.2 % |
| In a relationship and living together: | 26.9 % |

■ Marital status:

| | |
|--------------------|--------|
| Single: | 77.7 % |
| Married/Partnered: | 17.5 % |
| Separated: | 1.0 % |
| Divorced: | 2.0 % |
| Other: | 1.8 % |

■ Students describe themselves as:

| | |
|---|--------|
| White: | 42.1 % |
| Black or African American: | 3.8 % |
| Hispanic or Latino/a: | 19.6 % |
| Asian or Pacific Islander: | 34.9 % |
| American Indian, Alaskan Native or Native Hawaiian: | 1.7 % |
| Biracial or Multiracial: | 6.3 % |
| Other: | 5.5 % |

■ International Student:

| | |
|----------------|--------|
| International: | 17.0 % |
|----------------|--------|

■ Students describe themselves as:

| | |
|---------------|--------|
| Heterosexual: | 87.7 % |
| Gay/Lesbian: | 3.2 % |
| Bisexual: | 4.6 % |
| Unsure: | 4.4 % |

■ Housing:

| | |
|-------------------------------|--------|
| Campus residence hall: | 0.1 % |
| Fraternity or sorority house: | 0.3 % |
| Other university housing: | 0.3 % |
| Parent/guardian home: | 47.4 % |
| Other off-campus housing: | 35.2 % |
| Other: | 16.8 % |

■ Participated in organized college athletics:

| | |
|--------------|-------|
| Varsity: | 4.8 % |
| Club sports: | 7.6 % |
| Intramurals: | 3.5 % |

■ Member of a social fraternity or sorority:

| | |
|---------------|-------|
| Greek member: | 3.3 % |
|---------------|-------|

■ Primary Source of Health Insurance:

| | |
|------------------------------------|--------|
| College/university sponsored plan: | 13.6 % |
| Parents' plan: | 33.6 % |
| Another plan: | 30.0 % |
| Don't have health insurance: | 18.5 % |
| Not sure if have plan: | 4.2 % |

* Cases where sex is missing are included in the calculation of percentages for this variable

Foothill College Visits

| | 2014 | 2013 | 2012 | 2011 | 2010 | 2009 | 2008 | 2007 |
|------------------|-------------|-------------|-------------|-------------|--------------|--------------|--------------|--------------|
| Family Planning | 905 | 921 | 1148 | 1471 | 1,435 | 1,161 | 1,170 | 1,348 |
| General Medicine | 879 | 2833 | 2940 | 4064 | 3189 | 2600 | 2348 | 1346 |
| Total | 1784 | 3754 | 4088 | 5535 | 4,624 | 3,761 | 3,518 | 2,694 |
| Tdap | 141 | 134 | 135 | 177 | | | 207 | 208 |
| HPV | 25 | 28 | 36 | 33 | | 33 | 39 | 8 |
| Varicella | 24 | 21 | 19 | 23 | | 15 | 12 | 11 |
| Td | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 9 |
| MMR | 299 | 418 | 226 | 0 | | 23 | | |
| Hep A | 17 | 13 | 9 | 13 | | | 189 | 194 |
| Hep B | 126 | 145 | 149 | 201 | | 100 | | 289 |
| Total | 632 | 759 | 574 | 447 | | | | |
| TST | | | | | | | | 1091 |
| Flu-Vax | 774 | 954 | 872 | 914 | 2200 | 0 | 2,000 | 2,500 |
| H1N1 | | | | | 2500 | 0 | | 0 |
| TOTAL | | | | | | 171 | 2447 | 4310 |

January 6, 2012

TO: FHDA Smoking Policy Committee

FROM: Andrew LaManque, Ph.D.
Executive Director of Institutional Research and Planning

SUBJECT: Fall 2011 Smoking Survey

Please find attached a tabulation of the Fall 2011 Smoking Survey compiled by our student assistant Nergal Issaie. An electronic survey of enrolled students and active employees at Foothill and De Anza Colleges was administered via email and portal message in December 2011. About 2,000 Foothill and about 3,700 De Anza students completed the survey online, resulting in a response rate of about 14 percent. About 600 employees also completed the survey. Almost 30% of respondents are current or former tobacco users.

Responses to the questions:

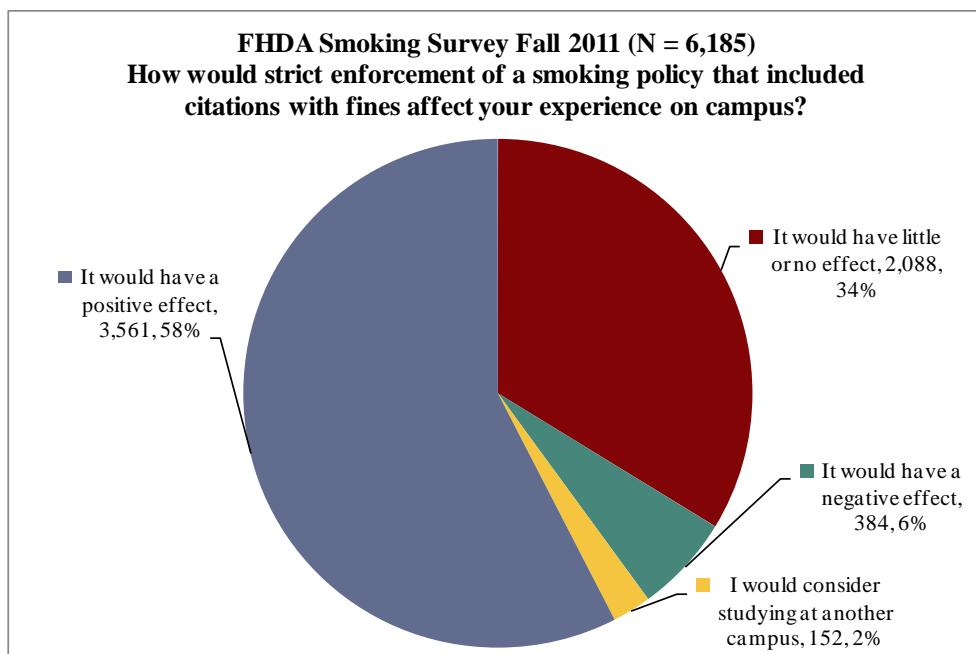
Would a 100% smoke-free environment (no smoking on campus or designated smoking areas) improve your learning/working environment?

Do you want the campus to be 100% smoke-free (no smoking on campus or designated smoking areas)?

are consistent between campuses and similar to the fall 2010 survey results, with more than 55% of respondents answering Yes; about 25% opposed; and about 20% indicating no opinion, in this current survey administration.

As depicted in Figure 1 below, 58% of respondents thought that a strict enforcement policy would have a positive effect, with about 2% responding that they might study elsewhere.

Figure 1



January 04, 2012

FROM: Nergal Issaie, Student Assistant

TO: Andrew LaManque, De Anza Research

SUBJECT: FHDA Smoking Policy Survey, Fall 2011

The Smoking Policy Survey was emailed to people who had an affiliation with Foothill College and/or De Anza College during Fall quarter 2011. A total of 6,232 people responded to the online survey.

Important highlights include:

- 91% of respondents were students, 6% faculties, and 3% Classified Employees/Supervisors.
- 74% of respondents had never used Cigarettes within the last 30 days; 4% used all 30 days; 3% used 1-2 days; 1% used each 3-5 days, 6-9 days, 10-19 days, 20-29 days; and 15% had used but not in last 30 days.
- 69% of respondents had never been smoker/tobacco user, 18% were a former smoker/tobacco user, 9% smoked/used tobacco including hookah cigars or pipes occasionally, 4% smoked/used tobacco daily, and 1% used only smokeless tobacco.
- 64% of respondents were from De Anza College, 35% from Foothill College, and 1% from Central Services.
- 62% of respondents reported second-hand smoke irritated their eyes or nose, 10% had asthma or other lung disease, 7% were allergic to smoke, and 21% reported that smoke does not bother them.
- 58% of respondents selected they want the campus to be 100% smoke-free (no smoking on campus or parking lots), 25% selected “No”, and 17% selected “No opinion.”
- 58% of respondents were female, 41% male, and 1% declined to state.
- 47% of respondents were at the age of 18-24, 32% 33 or older, 18% 25-32, and 3% 17 or younger.
- 33% of respondents occasionally encountered second-hand smoke on campus, 20% rarely, 20% 1-2 times daily, 11% never, 10% 3-4 times daily, and 6% more than 5 times daily.
- Only 32% of respondents knew that Health Services at Foothill College and De Anza College currently have a tobacco cessation program, which provides free nicotine replacement patches and nicotine gum along with one-on-one counseling.

Responses by Campus highlights include:

- 67% of Foothill respondents believe that a smoke-free campus policy reduces smoking on the campus, while this amount is 59% for De Anza respondents.
- 62% of Foothill respondents reported the campus needs better or clearer signs to assist smokers in knowing which parking lots are allowed to smoke, while this percentage is 66% for De Anza respondents.
- 25% of Foothill respondents think the smoke-free campus policy is "Not enforced at all" at college, while this percentage is 31% for De Anza respondents.
- 17% of Foothill respondents reported they never encounter, and 26% rarely encounter second-hand smoke on campus, while these percentages correspondingly are 8% and 16% for De Anza respondents.

Responses by Student/Employee highlights include:

- 29% of students reported they know that Health Services at Foothill College and De Anza College currently have a tobacco cessation program, while 60% of employees reported it.
- 27% of students reported that the smoke-free campus policy is not enforced at all, while 48% of employees reported the smoke-free campus policy is not enforced at all.
- 12% of students stated that they never encounter second-hand smoke on campus, while 4% of employees reported they never encounter second-hand smoke on campus.

Important highlights of Year on Year comparison (Fall 2010 to Fall 2011):

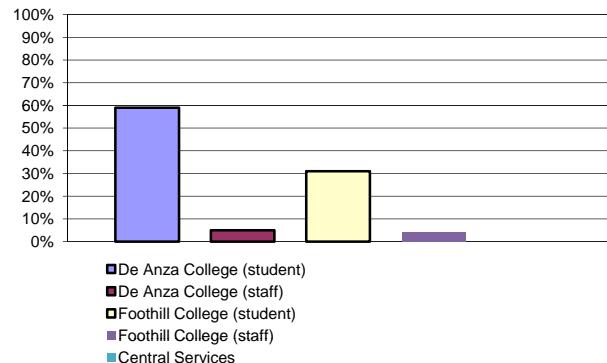
- In Fall 2010, 58% of respondents were from De Anza College, 41% from Foothill College, and 1% from Central Services, while in Fall 2011, the percentages are 64%, 35%, and 1% respectively.
- In Fall 2010, 44% of respondents were at the age of 18-24, 33% 33 or older, 19% 25-32, and 3% 17 or younger, while in Fall 2011, the percentages are 47%, 32%, 18%, and 3% respectively.
- In Fall 2010, 29% of respondents occasionally encountered second-hand smoke on campus, 21% rarely, 19% 1-2 times daily, 13% never, 10% 3-4 times daily, and 8% more than 5 times daily, while in Fall 2011, the percentages are 33%, 20%, 20%, 11%, 10%, and 6% respectively.
- In Fall 2010, 58% of respondents wanted the campus to be 100% smoke-free (no smoking on campus or designated smoking areas), 25% selected did not want a 100% smoke-free campus, and 17% selected "No opinion," while in Fall 2011, the percentages are 58%, 25%, and 17% respectively.

FHDA Smoking Policy Survey Results, Fall 2011

1. Please indicate the main campus you currently attend/work for:

| Response | N | % |
|----------------------------|--------------|-------------|
| De Anza College (student) | 3,682 | 59% |
| De Anza College (staff) | 331 | 5% |
| Foothill College (student) | 1,953 | 31% |
| Foothill College (staff) | 217 | 4% |
| Central Services | 42 | 0% |
| Total | 6,225 | 100% |

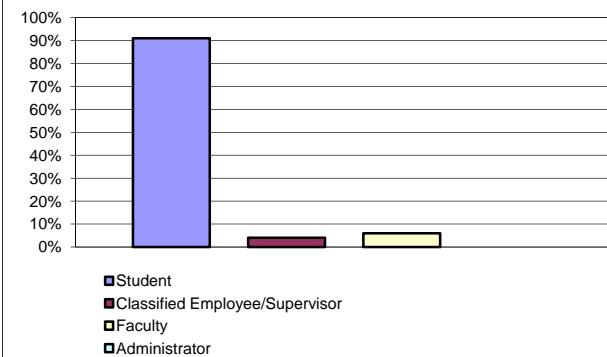
1. Please indicate the main campus you currently attend/work for:



2. What is your primary role on this campus?

| Response | N | % |
|--------------------------------|--------------|-------------|
| Student | 5,641 | 91% |
| Classified Employee/Supervisor | 219 | 4% |
| Faculty | 343 | 6% |
| Administrator | 20 | 0% |
| Total | 6,223 | 100% |

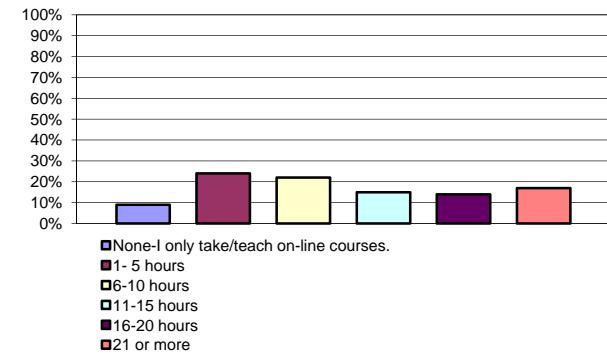
2. What is your primary role on this campus?



3. On average, how many hours per week do you spend on this campus?

| Response | N | % |
|---|--------------|-------------|
| None-I only take/teach on-line courses. | 550 | 9% |
| 1- 5 hours | 1,472 | 24% |
| 6-10 hours | 1,363 | 22% |
| 11-15 hours | 952 | 15% |
| 16-20 hours | 853 | 14% |
| 21 or more | 1,036 | 17% |
| Total | 6,226 | 100% |

3. On average, how many hours per week do you spend on this campus?

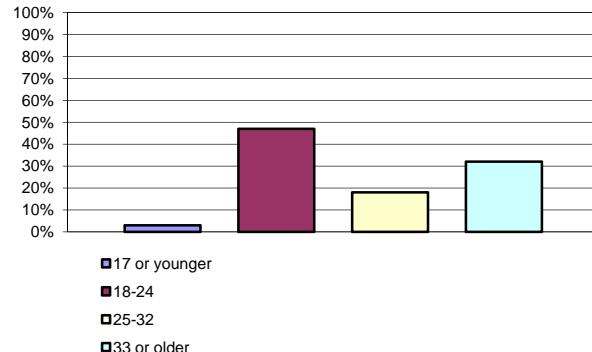


FHDA Smoking Policy Survey Results, Fall 2011

4. What is your age?

| Response | N | % |
|---------------|--------------|-------------|
| 17 or younger | 168 | 3% |
| 18-24 | 2,926 | 47% |
| 25-32 | 1,111 | 18% |
| 33 or older | 2,021 | 32% |
| Total | 6,226 | 100% |

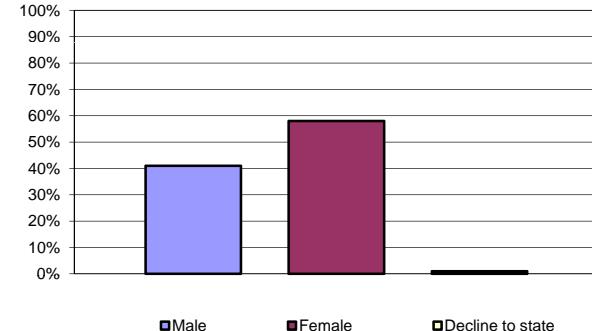
4. What is your age?



5. What is your gender?

| Response | N | % |
|------------------|--------------|-------------|
| Male | 2,541 | 41% |
| Female | 3,594 | 58% |
| Decline to state | 92 | 1% |
| Total | 6,227 | 100% |

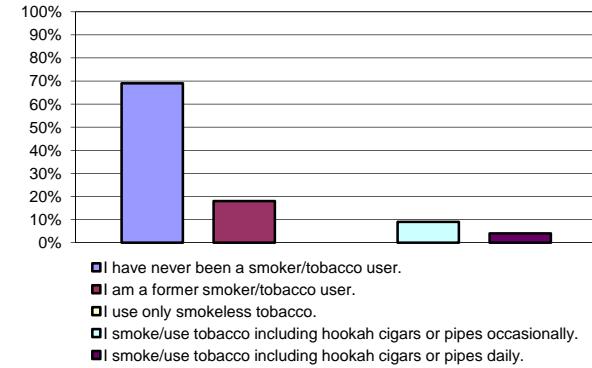
5. What is your gender?



6. Regarding tobacco use, which of the following best describes you?

| Response | N | % |
|--|--------------|-------------|
| I have never been a smoker/tobacco user. | 4,270 | 69% |
| I am a former smoker/tobacco user. | 1,094 | 18% |
| I use only smokeless tobacco. | 21 | 0% |
| I smoke/use tobacco including hookah cigars or pipes occasionally. | 583 | 9% |
| I smoke/use tobacco including hookah cigars or pipes daily. | 264 | 4% |
| Total | 6,232 | 100% |

6. Regarding tobacco use, which of the following best describes you?

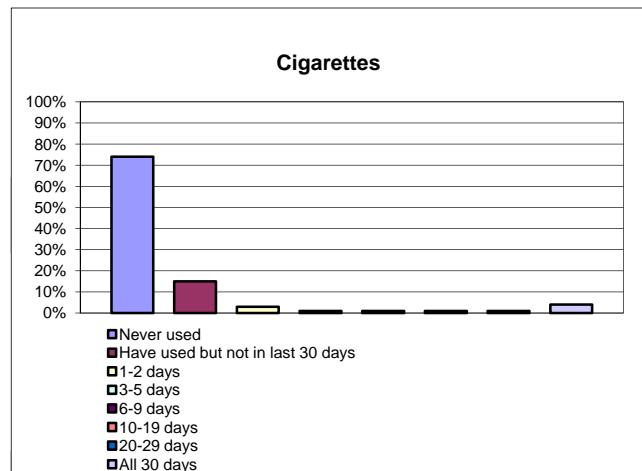


FHDA Smoking Policy Survey Results, Fall 2011

7. Within the last 30 days, on how many days did you use:

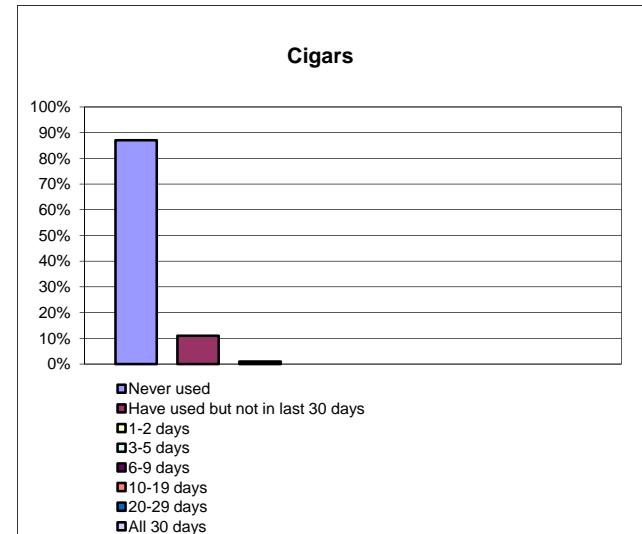
Cigarettes

| Response | N | % |
|-----------------------------------|--------------|-------------|
| Never used | 4,593 | 74% |
| Have used but not in last 30 days | 950 | 15% |
| 1-2 days | 156 | 3% |
| 3-5 days | 69 | 1% |
| 6-9 days | 45 | 1% |
| 10-19 days | 71 | 1% |
| 20-29 days | 72 | 1% |
| All 30 days | 220 | 4% |
| Total | 6,176 | 100% |



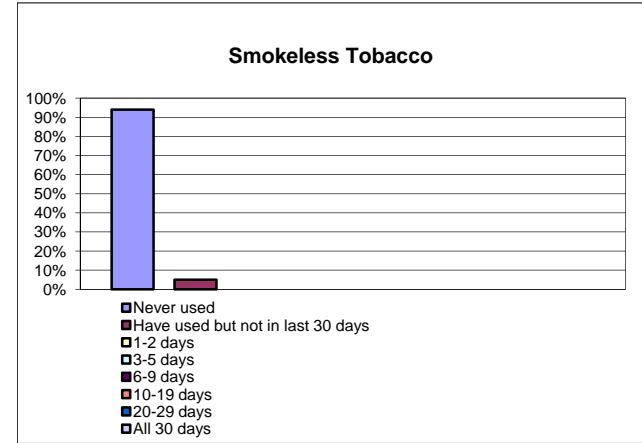
Cigars

| Response | N | % |
|-----------------------------------|--------------|-------------|
| Never used | 5,218 | 87% |
| Have used but not in last 30 days | 691 | 11% |
| 1-2 days | 70 | 1% |
| 3-5 days | 10 | 0% |
| 6-9 days | 11 | 0% |
| 10-19 days | 5 | 0% |
| 20-29 days | 4 | 0% |
| All 30 days | 11 | 0% |
| Total | 6,020 | 100% |



Smokeless Tobacco

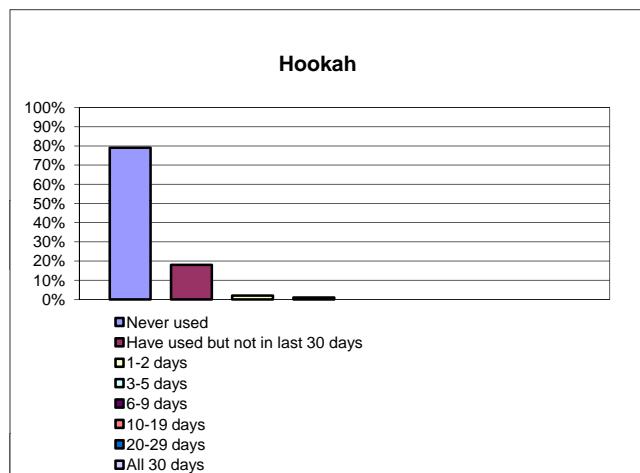
| Response | N | % |
|-----------------------------------|--------------|-------------|
| Never used | 5,682 | 94% |
| Have used but not in last 30 days | 296 | 5% |
| 1-2 days | 19 | 0% |
| 3-5 days | 8 | 0% |
| 6-9 days | 3 | 0% |
| 10-19 days | 6 | 0% |
| 20-29 days | 7 | 0% |
| All 30 days | 9 | 0% |
| Total | 6,030 | 100% |



FHDA Smoking Policy Survey Results, Fall 2011

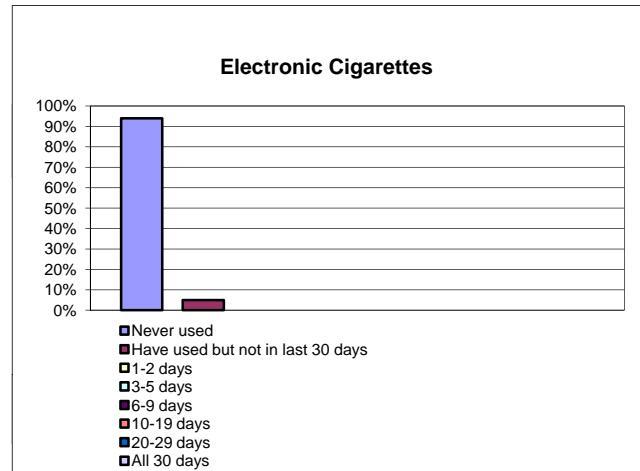
Hookah

| Response | N | % |
|-----------------------------------|--------------|-------------|
| Never used | 4,760 | 79% |
| Have used but not in last 30 days | 1,064 | 18% |
| 1-2 days | 140 | 2% |
| 3-5 days | 40 | 1% |
| 6-9 days | 20 | 0% |
| 10-19 days | 14 | 0% |
| 20-29 days | 5 | 0% |
| All 30 days | 3 | 0% |
| Total | 6,046 | 100% |



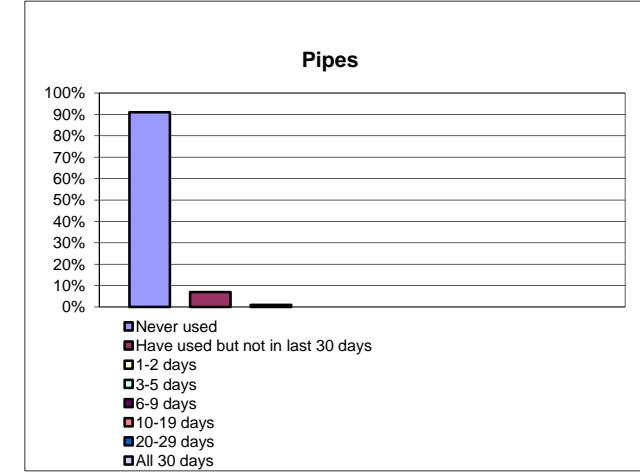
Electronic Cigarettes

| Response | N | % |
|-----------------------------------|--------------|-------------|
| Never used | 5,668 | 94% |
| Have used but not in last 30 days | 315 | 5% |
| 1-2 days | 20 | 0% |
| 3-5 days | 5 | 0% |
| 6-9 days | 5 | 0% |
| 10-19 days | 3 | 0% |
| 20-29 days | 1 | 0% |
| All 30 days | 5 | 0% |
| Total | 6,022 | 100% |



Pipes

| Response | N | % |
|-----------------------------------|--------------|-------------|
| Never used | 5,470 | 91% |
| Have used but not in last 30 days | 434 | 7% |
| 1-2 days | 36 | 1% |
| 3-5 days | 16 | 0% |
| 6-9 days | 14 | 0% |
| 10-19 days | 19 | 0% |
| 20-29 days | 10 | 0% |
| All 30 days | 12 | 0% |
| Total | 6,011 | 100% |

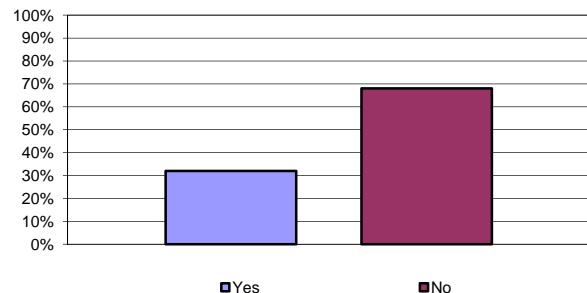


FHDA Smoking Policy Survey Results, Fall 2011

8. Do you know that Health Services at Foothill College and De Anza College currently have a tobacco cessation program, which provides free nicotine replacement patches and nicotine gum along with one-on-one counseling?

| Response | N | % |
|--------------|--------------|-------------|
| Yes | 1,963 | 32% |
| No | 4,241 | 68% |
| Total | 6,204 | 100% |

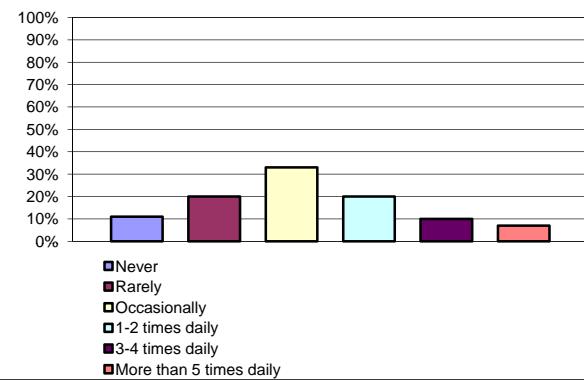
8. Do you know that Health Services at Foothill College and De Anza College currently have a tobacco cessation program?



9. How often do you encounter second-hand smoke on campus?

| Response | N | % |
|-------------------------|--------------|-------------|
| Never | 686 | 11% |
| Rarely | 1,219 | 20% |
| Occasionally | 2,049 | 33% |
| 1-2 times daily | 1,229 | 20% |
| 3-4 times daily | 638 | 10% |
| More than 5 times daily | 406 | 7% |
| Total | 6,227 | 100% |

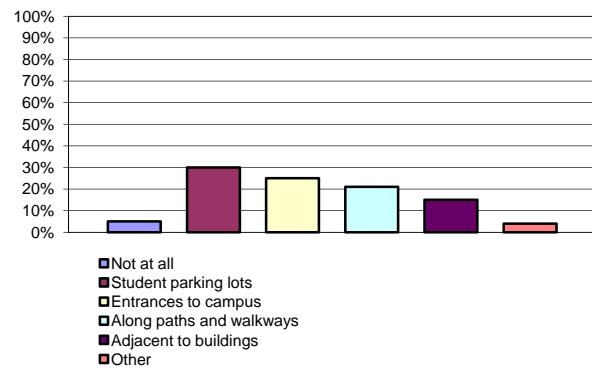
9. How often do you encounter second-hand smoke on campus?



* 10. Where do you encounter second-hand smoke on campus?

| Response | N | % |
|--------------------------|---------------|-------------|
| Not at all | 723 | 5% |
| Student parking lots | 3,986 | 30% |
| Entrances to campus | 3,388 | 25% |
| Along paths and walkways | 2,811 | 21% |
| Adjacent to buildings | 1,969 | 15% |
| Other | 564 | 4% |
| Total | 13,441 | 100% |

10. Where do you encounter second-hand smoke on campus?



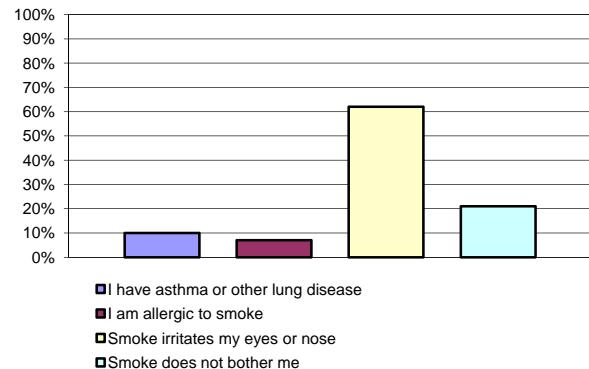
* The answers were distributed across groups.

FHDA Smoking Policy Survey Results, Fall 2011

11. How does second-hand smoke affect you?

| Response | N | % |
|-------------------------------------|--------------|-------------|
| I have asthma or other lung disease | 618 | 10% |
| I am allergic to smoke | 427 | 7% |
| Smoke irritates my eyes or nose | 3,878 | 62% |
| Smoke does not bother me | 1,294 | 21% |
| Total | 6,217 | 100% |

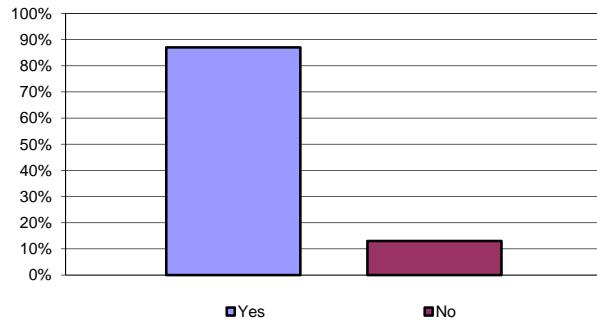
11. How does second-hand smoke affect you?



12. Do you know that the Foothill-De Anza smoke-free campus policy states that smoking is only allowed in designated areas?

| Response | N | % |
|--------------|--------------|-------------|
| Yes | 5,374 | 87% |
| No | 820 | 13% |
| Total | 6,194 | 100% |

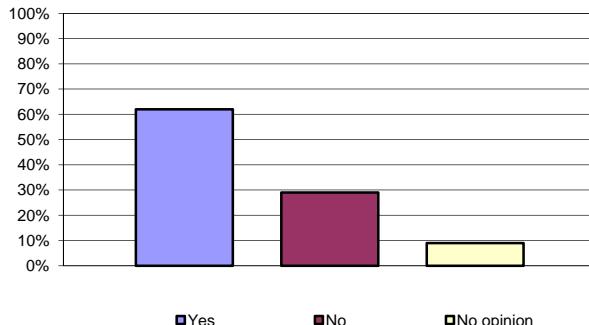
12. Do you know that the Foothill-De Anza smoke-free campus policy states that smoking is only allowed in designated areas?



13. In your opinion, does a smoke-free campus policy reduce smoking on campus?

| Response | N | % |
|--------------|--------------|-------------|
| Yes | 3,833 | 62% |
| No | 1,809 | 29% |
| No opinion | 574 | 9% |
| Total | 6,216 | 100% |

13. In your opinion, does a smoke-free campus policy reduce smoking on campus?

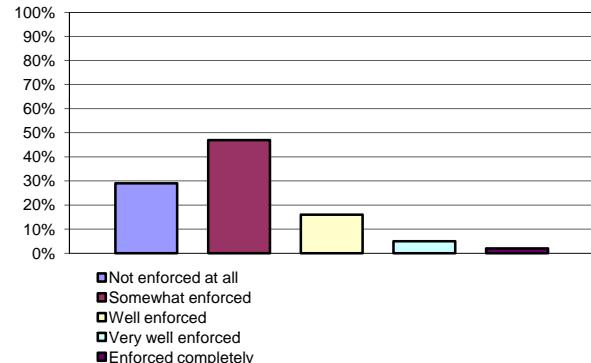


FHDA Smoking Policy Survey Results, Fall 2011

14. Do you think the smoke-free campus policy is well enforced?

| Response | N | % |
|---------------------|--------------|-------------|
| Not enforced at all | 1,778 | 29% |
| Somewhat enforced | 2,901 | 47% |
| Well enforced | 1,003 | 16% |
| Very well enforced | 308 | 5% |
| Enforced completely | 119 | 2% |
| Total | 6,109 | 100% |

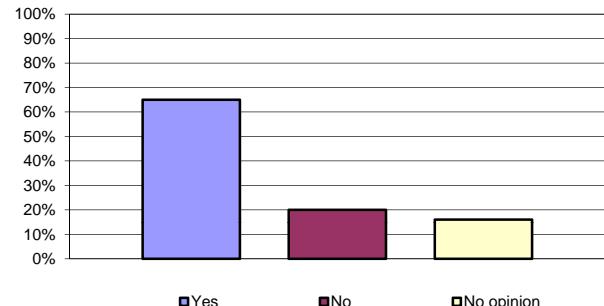
14. Do you think the smoke-free campus policy is well enforced?



15. Does the campus need better or clearer signs to assist smokers in knowing which parking lots are allowed to smoke?

| Response | N | % |
|--------------|--------------|-------------|
| Yes | 4,004 | 65% |
| No | 1,232 | 20% |
| No opinion | 968 | 16% |
| Total | 6,204 | 100% |

15. Does the campus need better or clearer signs to assist smokers in knowing which parking lots are allowed to smoke?

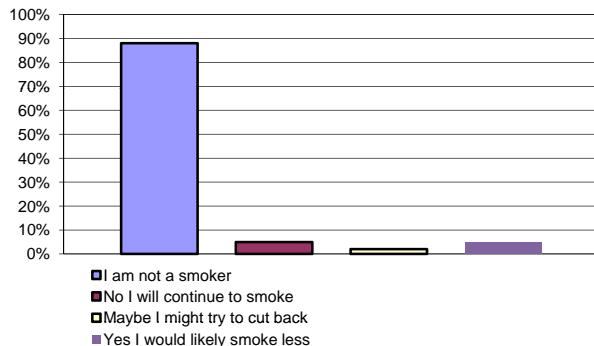


FHDA Smoking Policy Survey Results, Fall 2011

16. Would strict enforcement of smoking policy that included citations with fines lead you to reduce your smoking

| Response | N | % |
|-------------------------------|--------------|-------------|
| I am not a smoker | 5,493 | 88% |
| No I will continue to smoke | 311 | 5% |
| Maybe I might try to cut back | 124 | 2% |
| Yes I would likely smoke less | 290 | 5% |
| Total | 6,218 | 100% |

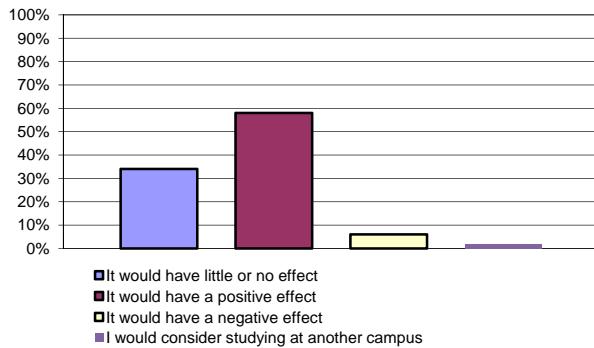
16. Would strict enforcement of smoking policy that included citations with fines lead you to reduce your smoking while on campus?



17. How would strict enforcement of smoking policy that included citations with fines affect your experience on campus?

| Response | N | % |
|---|--------------|-------------|
| It would have little or no effect | 2,088 | 34% |
| It would have a positive effect | 3,561 | 58% |
| It would have a negative effect | 384 | 6% |
| I would consider studying at another campus | 152 | 2% |
| Total | 6,185 | 100% |

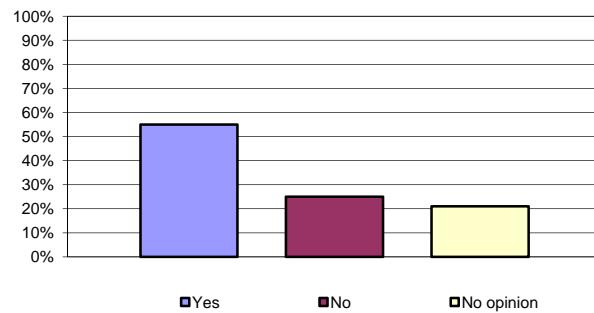
17. How would strict enforcement of smoking policy that included citations with fines affect your experience on campus?



18. Would a 100% smoke-free environment (no smoking on campus or designated smoking areas) improve your learning/working environment?

| Response | N | % |
|--------------|--------------|-------------|
| Yes | 3,399 | 55% |
| No | 1,525 | 25% |
| No opinion | 1,297 | 21% |
| Total | 6,221 | 100% |

18. Would a 100% smoke-free environment (no smoking on campus or designated smoking areas) improve your learning/working environment?

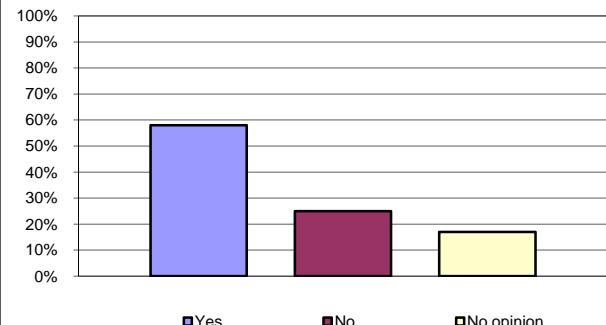


FHDA Smoking Policy Survey Results, Fall 2011

19. Do you want the campus to be 100% smoke-free (no smoking on campus or designated smoking areas)?

| Response | N | % |
|--------------|--------------|-------------|
| Yes | 3,630 | 58% |
| No | 1,539 | 25% |
| No opinion | 1,049 | 17% |
| Total | 6,218 | 100% |

19. Do you want the campus to be 100% smoke-free (no smoking on campus or designated smoking areas)?

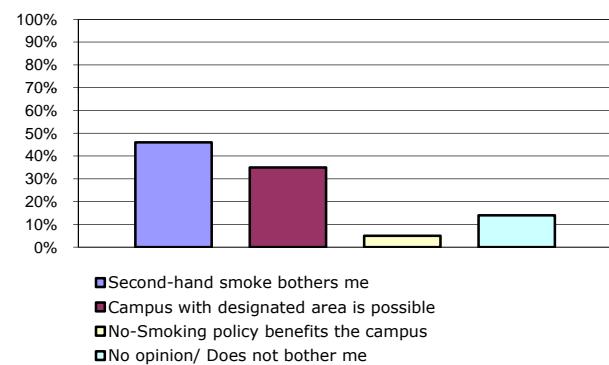


* 20. How do you feel about second-hand smoke and/or smoking issues on campus?

| Response | N | % |
|---|--------------|-------------|
| Second-hand smoke bothers me | 2,171 | 46% |
| Campus with designated area is possible | 1,650 | 35% |
| No-Smoking policy benefits the campus | 207 | 5% |
| No opinion/ Does not bother me | 666 | 14% |
| Total | 4,694 | 100% |

* Comments are grouped in categories

20. How do you feel about second-hand smoke and/or smoking issues on campus?



FHDA Smoking Policy Survey Results, by College, Fall 2011

1. Please indicate the main campus you currently attend/work for:

| Response | Total | |
|----------------------------|--------------|-------------|
| | N | % |
| De Anza College (student) | 3,682 | 59% |
| De Anza College (staff) | 331 | 5% |
| Foothill College (student) | 1,953 | 31% |
| Foothill College (staff) | 217 | 4% |
| Central Services | 42 | 1% |
| Total | 6,225 | 100% |

2. What is your primary role on this campus?

| Response | Foothill College | | De Anza College | | Total | |
|--------------------------------|------------------|-------------|-----------------|-------------|--------------|-------------|
| | N | % | N | % | N | % |
| Student | 1,952 | 90% | 3,666 | 92% | 5,618 | 91% |
| Classified Employee/Supervisor | 68 | 3% | 118 | 3% | 186 | 3% |
| Faculty | 132 | 6% | 210 | 5% | 342 | 6% |
| Administrator | 9 | 0% | 9 | 0% | 18 | 0% |
| Total | 2,161 | 100% | 4,003 | 100% | 6,164 | 100% |

3. On average, how many hours per week do you spend on this campus?

| Response | Foothill College | | De Anza College | | Total | |
|---|------------------|-------------|-----------------|-------------|--------------|-------------|
| | N | % | N | % | N | % |
| None-I only take/teach on-line courses. | 348 | 16% | 195 | 5% | 543 | 9% |
| 1- 5 hours | 516 | 24% | 944 | 24% | 1,460 | 24% |
| 6-10 hours | 444 | 20% | 916 | 23% | 1,360 | 22% |
| 11-15 hours | 312 | 14% | 639 | 16% | 951 | 15% |
| 16-20 hours | 248 | 11% | 603 | 15% | 851 | 14% |
| 21 or more | 299 | 14% | 704 | 18% | 1,003 | 16% |
| Total | 2,167 | 100% | 4,001 | 100% | 6,168 | 100% |

4. What is your age?

| Response | Foothill College | | De Anza College | | Total | |
|---------------|------------------|-------------|-----------------|-------------|--------------|-------------|
| | N | % | N | % | N | % |
| 17 or younger | 41 | 2% | 125 | 3% | 166 | 3% |
| 18-24 | 862 | 40% | 2,048 | 51% | 2,910 | 47% |
| 25-32 | 431 | 20% | 670 | 17% | 1,101 | 18% |
| 33 or older | 826 | 38% | 1,154 | 29% | 1,980 | 32% |
| Total | 2,160 | 100% | 3,997 | 100% | 6,157 | 100% |

FHDA Smoking Policy Survey Results, by College, Fall 2011

5. What is your gender?

| Response | Foothill College | | De Anza College | | Total | |
|------------------|------------------|-------------|-----------------|-------------|--------------|-------------|
| | N | % | N | % | N | % |
| Male | 864 | 40% | 1,650 | 41% | 2,514 | 41% |
| Female | 1,266 | 59% | 2,284 | 57% | 3,550 | 58% |
| Decline to state | 32 | 1% | 60 | 2% | 92 | 1% |
| Total | 2,162 | 100% | 3,994 | 100% | 6,156 | 100% |

6. Regarding tobacco use, which of the following best describes you?

| Response | Foothill College | | De Anza College | | Total | |
|--|------------------|-------------|-----------------|-------------|--------------|-------------|
| | N | % | N | % | N | % |
| I have never been a smoker/tobacco user. | 1,458 | 67% | 2,765 | 69% | 4,223 | 69% |
| I am a former smoker/tobacco user. | 425 | 20% | 653 | 16% | 1,078 | 18% |
| I use only smokeless tobacco. | 6 | 0% | 15 | 0% | 21 | 0% |
| I smoke/use tobacco including hookah cigars or pipes occasionally. | 200 | 9% | 378 | 9% | 578 | 9% |
| I smoke/use tobacco including hookah cigars or pipes daily. | 75 | 3% | 186 | 5% | 261 | 4% |
| Total | 2,164 | 100% | 3,997 | 100% | 6,161 | 100% |

7. Within the last 30 days, on how many days did you use:

Cigarettes

| Response | Foothill College | | De Anza College | | Total | |
|-----------------------------------|------------------|-------------|-----------------|-------------|--------------|-------------|
| | N | % | N | % | N | % |
| Never used | 1,573 | 73% | 2,969 | 75% | 4,542 | 74% |
| Have used but not in last 30 days | 368 | 17% | 570 | 14% | 938 | 15% |
| 1-2 days | 52 | 2% | 102 | 3% | 154 | 3% |
| 3-5 days | 26 | 1% | 43 | 1% | 69 | 1% |
| 6-9 days | 15 | 1% | 30 | 1% | 45 | 1% |
| 10-19 days | 24 | 1% | 47 | 1% | 71 | 1% |
| 20-29 days | 21 | 1% | 50 | 1% | 71 | 1% |
| All 30 days | 65 | 3% | 153 | 4% | 218 | 4% |
| Total | 2,144 | 100% | 3,964 | 100% | 6,108 | 100% |

FHDA Smoking Policy Survey Results, by College, Fall 2011

Cigars

| Response | Foothill College | | De Anza College | | Total | |
|-----------------------------------|------------------|-------------|-----------------|-------------|--------------|-------------|
| | N | % | N | % | N | % |
| Never used | 1,786 | 85% | 3,372 | 87% | 5,158 | 87% |
| Have used but not in last 30 days | 272 | 13% | 414 | 11% | 686 | 12% |
| 1-2 days | 18 | 1% | 51 | 1% | 69 | 1% |
| 3-5 days | 4 | 0% | 6 | 0% | 10 | 0% |
| 6-9 days | 5 | 0% | 5 | 0% | 10 | 0% |
| 10-19 days | 2 | 0% | 3 | 0% | 5 | 0% |
| 20-29 days | 1 | 0% | 3 | 0% | 4 | 0% |
| All 30 days | 2 | 0% | 9 | 0% | 11 | 0% |
| Total | 2,090 | 100% | 3,863 | 100% | 5,953 | 100% |

Smokeless Tobacco

| Response | Foothill College | | De Anza College | | Total | |
|-----------------------------------|------------------|-------------|-----------------|-------------|--------------|-------------|
| | N | % | N | % | N | % |
| Never used | 1,958 | 94% | 3,661 | 95% | 5,619 | 94% |
| Have used but not in last 30 days | 118 | 6% | 176 | 5% | 294 | 5% |
| 1-2 days | 10 | 0% | 9 | 0% | 19 | 0% |
| 3-5 days | 2 | 0% | 5 | 0% | 7 | 0% |
| 6-9 days | 1 | 0% | 2 | 0% | 3 | 0% |
| 10-19 days | 2 | 0% | 4 | 0% | 6 | 0% |
| 20-29 days | 1 | 0% | 6 | 0% | 7 | 0% |
| All 30 days | 2 | 0% | 7 | 0% | 9 | 0% |
| Total | 2,094 | 100% | 3,870 | 100% | 5,964 | 100% |

Hookah

| Response | Foothill College | | De Anza College | | Total | |
|-----------------------------------|------------------|-------------|-----------------|-------------|--------------|-------------|
| | N | % | N | % | N | % |
| Never used | 1,641 | 78% | 3,061 | 79% | 4,702 | 79% |
| Have used but not in last 30 days | 386 | 18% | 670 | 17% | 1,056 | 18% |
| 1-2 days | 46 | 2% | 94 | 2% | 140 | 2% |
| 3-5 days | 12 | 1% | 28 | 1% | 40 | 1% |
| 6-9 days | 2 | 0% | 18 | 0% | 20 | 0% |
| 10-19 days | 4 | 0% | 10 | 0% | 14 | 0% |
| 20-29 days | 2 | 0% | 3 | 0% | 5 | 0% |
| All 30 days | 1 | 0% | 2 | 0% | 3 | 0% |
| Total | 2,094 | 100% | 3,886 | 100% | 5,980 | 100% |

FHDA Smoking Policy Survey Results, by College, Fall 2011

Electronic Cigarettes

| Response | Foothill College | | De Anza College | | Total | |
|-----------------------------------|------------------|-------------|-----------------|-------------|--------------|-------------|
| | N | % | N | % | N | % |
| Never used | 1,946 | 93% | 3,659 | 95% | 5,605 | 94% |
| Have used but not in last 30 days | 123 | 6% | 189 | 5% | 312 | 5% |
| 1-2 days | 9 | 0% | 11 | 0% | 20 | 0% |
| 3-5 days | 3 | 0% | 2 | 0% | 5 | 0% |
| 6-9 days | 1 | 0% | 4 | 0% | 5 | 0% |
| 10-19 days | 2 | 0% | 1 | 0% | 3 | 0% |
| 20-29 days | 0 | 0% | 1 | 0% | 1 | 0% |
| All 30 days | 3 | 0% | 2 | 0% | 5 | 0% |
| Total | 2,087 | 100% | 3,869 | 100% | 5,956 | 100% |

Pipes

| Response | Foothill College | | De Anza College | | Total | |
|-----------------------------------|------------------|-------------|-----------------|-------------|--------------|-------------|
| | N | % | N | % | N | % |
| Never used | 1,871 | 90% | 3,538 | 92% | 5,409 | 91% |
| Have used but not in last 30 days | 173 | 8% | 257 | 7% | 430 | 7% |
| 1-2 days | 14 | 1% | 22 | 1% | 36 | 1% |
| 3-5 days | 5 | 0% | 11 | 0% | 16 | 0% |
| 6-9 days | 5 | 0% | 9 | 0% | 14 | 0% |
| 10-19 days | 6 | 0% | 12 | 0% | 18 | 0% |
| 20-29 days | 4 | 0% | 6 | 0% | 10 | 0% |
| All 30 days | 3 | 0% | 9 | 0% | 12 | 0% |
| Total | 2,081 | 100% | 3,864 | 100% | 5,945 | 100% |

8. Do you know that Health Services at Foothill College and De Anza College currently have a tobacco cessation program, which provides free nicotine replacement patches and nicotine gum along with one-on-one counseling?

| Response | Foothill College | | De Anza College | | Total | |
|--------------|------------------|-------------|-----------------|-------------|--------------|-------------|
| | N | % | N | % | N | % |
| Yes | 807 | 38% | 1,130 | 28% | 1,937 | 32% |
| No | 1,344 | 62% | 2,853 | 72% | 4,197 | 68% |
| Total | 2,151 | 100% | 3,983 | 100% | 6,134 | 100% |

FHDA Smoking Policy Survey Results, by College, Fall 2011

9. How often do you encounter second-hand smoke on campus?

| Response | Foothill College | | De Anza College | | Total | |
|-------------------------|------------------|-------------|-----------------|-------------|--------------|-------------|
| | N | % | N | % | N | % |
| Never | 368 | 17% | 307 | 8% | 675 | 11% |
| Rarely | 571 | 26% | 634 | 16% | 1,205 | 20% |
| Occasionally | 712 | 33% | 1,307 | 33% | 2,019 | 33% |
| 1-2 times daily | 329 | 15% | 895 | 22% | 1,224 | 20% |
| 3-4 times daily | 132 | 6% | 499 | 12% | 631 | 10% |
| More than 5 times daily | 48 | 2% | 356 | 9% | 404 | 7% |
| Total | 2,160 | 100% | 3,998 | 100% | 6,158 | 100% |

10. Where do you encounter second-hand smoke on campus?

| Response | Foothill College | | De Anza College | | Total | |
|--------------------------|------------------|-------------|-----------------|-------------|--------------|-------------|
| | N | % | N | % | N | % |
| Not at all | 396 | 18% | 306 | 8% | 702 | 11% |
| Student parking lots | 288 | 13% | 499 | 13% | 787 | 13% |
| Entrances to campus | 373 | 17% | 820 | 21% | 1,193 | 19% |
| Along paths and walkways | 414 | 19% | 933 | 23% | 1,347 | 22% |
| Adjacent to buildings | 599 | 28% | 1,347 | 34% | 1,946 | 32% |
| Other | 76 | 4% | 85 | 2% | 161 | 3% |
| Total | 2,146 | 100% | 3,990 | 100% | 6,136 | 100% |

11. How does second-hand smoke affect you?

| Response | Foothill College | | De Anza College | | Total | |
|-------------------------------------|------------------|-------------|-----------------|-------------|--------------|-------------|
| | N | % | N | % | N | % |
| I have asthma or other lung disease | 215 | 10% | 398 | 10% | 613 | 10% |
| I am allergic to smoke | 151 | 7% | 273 | 7% | 424 | 7% |
| Smoke irritates my eyes or nose | 1,349 | 63% | 2,478 | 62% | 3,827 | 62% |
| Smoke does not bother me | 439 | 20% | 843 | 21% | 1,282 | 21% |
| Total | 2,154 | 100% | 3,992 | 100% | 6,146 | 100% |

FHDA Smoking Policy Survey Results, by College, Fall 2011

12. Do you know that the Foothill-De Anza smoke-free campus policy states that smoking is only allowed in designated areas?

| Response | Foothill College | | De Anza College | | Total | |
|--------------|------------------|-------------|-----------------|-------------|--------------|-------------|
| | N | % | N | % | N | % |
| Yes | 1,773 | 82% | 3,548 | 89% | 5,321 | 87% |
| No | 377 | 18% | 426 | 11% | 803 | 13% |
| Total | 2,150 | 100% | 3,974 | 100% | 6,124 | 100% |

13. In your opinion, does a smoke-free campus policy reduce smoking on campus?

| Response | Foothill College | | De Anza College | | Total | |
|--------------|------------------|-------------|-----------------|-------------|--------------|-------------|
| | N | % | N | % | N | % |
| Yes | 1,447 | 67% | 2,338 | 59% | 3,785 | 62% |
| No | 502 | 23% | 1,292 | 32% | 1,794 | 29% |
| No opinion | 214 | 10% | 353 | 9% | 567 | 9% |
| Total | 2,163 | 100% | 3,983 | 100% | 6,146 | 100% |

14. Do you think the smoke-free campus policy is well enforced?

| Response | Foothill College | | De Anza College | | Total | |
|---------------------|------------------|-------------|-----------------|-------------|--------------|-------------|
| | N | % | N | % | N | % |
| Not enforced at all | 511 | 25% | 1,244 | 31% | 1,755 | 29% |
| Somewhat enforced | 955 | 46% | 1,913 | 48% | 2,868 | 47% |
| Well enforced | 437 | 21% | 561 | 14% | 998 | 17% |
| Very well enforced | 135 | 6% | 168 | 4% | 303 | 5% |
| Enforced completely | 47 | 2% | 71 | 2% | 118 | 2% |
| Total | 2,085 | 100% | 3,957 | 100% | 6,042 | 100% |

15. Does the campus need better or clearer signs to assist smokers in knowing which parking lots are allowed to smoke?

| Response | Foothill College | | De Anza College | | Total | |
|--------------|------------------|-------------|-----------------|-------------|--------------|-------------|
| | N | % | N | % | N | % |
| Yes | 1,334 | 62% | 2,627 | 66% | 3,961 | 65% |
| No | 379 | 18% | 839 | 21% | 1,218 | 20% |
| No opinion | 437 | 20% | 519 | 13% | 956 | 16% |
| Total | 2,150 | 100% | 3,985 | 100% | 6,135 | 100% |

FHDA Smoking Policy Survey Results, by College, Fall 2011

16. Would strict enforcement of smoking policy that included citations with fines lead you to reduce your smoking while on campus?

| Response | Foothill College | | De Anza College | | Total | |
|-------------------------------|------------------|-------------|-----------------|-------------|--------------|-------------|
| | N | % | N | % | N | % |
| I am not a smoker | 1,940 | 90% | 3,489 | 87% | 5,429 | 88% |
| No I will continue to smoke | 89 | 4% | 217 | 5% | 306 | 5% |
| Maybe I might try to cut back | 35 | 2% | 88 | 2% | 123 | 2% |
| Yes I would likely smoke less | 92 | 4% | 197 | 5% | 289 | 5% |
| Total | 2,156 | 100% | 3,991 | 100% | 6,147 | 100% |

17. How would strict enforcement of smoking policy that included citations with fines affect your experience on campus?

| Response | Foothill College | | De Anza College | | Total | |
|---|------------------|-------------|-----------------|-------------|--------------|-------------|
| | N | % | N | % | N | % |
| It would have little or no effect | 811 | 38% | 1,255 | 32% | 2,066 | 34% |
| It would have a positive effect | 1,169 | 55% | 2,349 | 59% | 3,518 | 58% |
| It would have a negative effect | 117 | 5% | 263 | 7% | 380 | 6% |
| I would consider studying at another campus | 46 | 2% | 105 | 3% | 151 | 2% |
| Total | 2,143 | 100% | 3,972 | 100% | 6,115 | 100% |

18. Would a 100% smoke-free environment (no smoking on campus or designated smoking areas) improve your learning/working environment?

| Response | Foothill College | | De Anza College | | Total | |
|--------------|------------------|-------------|-----------------|-------------|--------------|-------------|
| | N | % | N | % | N | % |
| Yes | 1,179 | 55% | 2,181 | 55% | 3,360 | 55% |
| No | 524 | 24% | 985 | 25% | 1,509 | 25% |
| No opinion | 458 | 21% | 824 | 21% | 1,282 | 21% |
| Total | 2,161 | 100% | 3,990 | 100% | 6,151 | 100% |

19. Do you want the campus to be 100% smoke-free (no smoking on campus or designated smoking

| Response | Foothill College | | De Anza College | | Total | |
|--------------|------------------|-------------|-----------------|-------------|--------------|-------------|
| | N | % | N | % | N | % |
| Yes | 1,274 | 59% | 2,314 | 58% | 3,588 | 58% |
| No | 513 | 24% | 1,007 | 25% | 1,520 | 25% |
| No opinion | 369 | 17% | 670 | 17% | 1,039 | 17% |
| Total | 2,156 | 100% | 3,991 | 100% | 6,147 | 100% |

FHDA Smoking Policy Survey Results by Student/Employee, Fall 2011

1. Please indicate the main campus you currently attend/work for:

| Response | Students | | Employees | | Total | |
|----------------------------|--------------|-------------|------------|-------------|--------------|-------------|
| | N | % | N | % | N | % |
| De Anza College (student) | 3,655 | 65% | 17 | 3% | 3,672 | 59% |
| De Anza College (staff) | 11 | 0% | 320 | 55% | 331 | 5% |
| Foothill College (student) | 1,937 | 34% | 8 | 1% | 1,945 | 31% |
| Foothill College (staff) | 15 | 0% | 201 | 35% | 216 | 3% |
| Central Services | 6 | 0% | 36 | 6% | 42 | 1% |
| Total | 5,624 | 100% | 582 | 100% | 6,206 | 100% |

2. What is your primary role on this campus?

| Response | Total | |
|---------------------|--------------|-------------|
| | N | % |
| Student | 5,641 | 91% |
| Classified | 219 | 4% |
| Employee/Supervisor | | |
| Faculty | 343 | 6% |
| Administrator | 20 | 0% |
| Total | 6,223 | 100% |

3. On average, how many hours per week do you spend on this campus?

| Response | Students | | Employees | | Total | |
|---|--------------|-------------|------------|-------------|--------------|-------------|
| | N | % | N | % | N | % |
| None-I only take/teach on-line courses. | 536 | 10% | 12 | 2% | 548 | 9% |
| 1- 5 hours | 1,426 | 25% | 40 | 7% | 1,466 | 24% |
| 6-10 hours | 1,268 | 23% | 92 | 16% | 1,360 | 22% |
| 11-15 hours | 905 | 16% | 44 | 8% | 949 | 15% |
| 16-20 hours | 798 | 14% | 55 | 9% | 853 | 14% |
| 21 or more | 694 | 12% | 337 | 58% | 1,031 | 17% |
| Total | 5,627 | 100% | 580 | 100% | 6,207 | 100% |

4. What is your age?

| Response | Students | | Employees | | Total | |
|---------------|--------------|-------------|------------|-------------|--------------|-------------|
| | N | % | N | % | N | % |
| 17 or younger | 168 | 3% | 0 | 0% | 168 | 3% |
| 18-24 | 2,907 | 52% | 7 | 1% | 2,914 | 47% |
| 25-32 | 1,061 | 19% | 44 | 8% | 1,105 | 18% |
| 33 or older | 1,484 | 26% | 529 | 91% | 2,013 | 32% |
| Total | 5,620 | 100% | 580 | 100% | 6,200 | 100% |

Note:

The Employees group includes Classified Employee/Supervisor, Faculty, and Administrator.

FHDA Smoking Policy Survey Results by Student/Employee, Fall 2011

5. What is your gender?

| Response | Students | | Employees | | Total | |
|------------------|--------------|-------------|------------|-------------|--------------|-------------|
| | N | % | N | % | N | % |
| Male | 2,314 | 41% | 213 | 37% | 2,527 | 41% |
| Female | 3,221 | 57% | 359 | 62% | 3,580 | 58% |
| Decline to state | 85 | 2% | 7 | 1% | 92 | 1% |
| Total | 5,620 | 100% | 579 | 100% | 6,199 | 100% |

6. Regarding tobacco use, which of the following best describes you?

| Response | Students | | Employees | | Total | |
|--|--------------|-------------|------------|-------------|--------------|-------------|
| | N | % | N | % | N | % |
| I have never been a smoker/tobacco user. | 3,855 | 69% | 398 | 69% | 4,253 | 69% |
| I am a former smoker/tobacco user. | 937 | 17% | 148 | 26% | 1,085 | 17% |
| I use only smokeless tobacco. | 20 | 0% | 1 | 0% | 21 | 0% |
| I smoke/use tobacco including hookah cigars or pipes occasionally. | 559 | 10% | 22 | 4% | 581 | 9% |
| I smoke/use tobacco including hookah cigars or pipes daily. | 255 | 5% | 9 | 2% | 264 | 4% |
| Total | 5,626 | 100% | 578 | 100% | 6,204 | 100% |

7. Within the last 30 days, on how many days did you use:

Cigarettes

| Response | Students | | Employees | | Total | |
|-----------------------------------|--------------|-------------|------------|-------------|--------------|-------------|
| | N | % | N | % | N | % |
| Never used | 4,098 | 73% | 478 | 84% | 4,576 | 74% |
| Have used but not in last 30 days | 864 | 15% | 77 | 13% | 941 | 15% |
| 1-2 days | 150 | 3% | 6 | 1% | 156 | 3% |
| 3-5 days | 67 | 1% | 2 | 0% | 69 | 1% |
| 6-9 days | 45 | 1% | 0 | 0% | 45 | 1% |
| 10-19 days | 71 | 1% | 0 | 0% | 71 | 1% |
| 20-29 days | 72 | 1% | 0 | 0% | 72 | 1% |
| All 30 days | 212 | 4% | 8 | 1% | 220 | 4% |
| Total | 5,579 | 100% | 571 | 100% | 6,150 | 100% |

Note:

The Employees group includes Classified Employee/Supervisor, Faculty, and Administrator.

FHDA Smoking Policy Survey Results by Student/Employee, Fall 2011

Cigars

| Response | Students | | Employees | | Total | |
|-----------------------------------|--------------|-------------|------------|-------------|--------------|-------------|
| | N | % | N | % | N | % |
| Never used | 4,684 | 86% | 512 | 92% | 5,196 | 87% |
| Have used but not in last 30 days | 647 | 12% | 40 | 7% | 687 | 11% |
| 1-2 days | 67 | 1% | 3 | 1% | 70 | 1% |
| 3-5 days | 10 | 0% | 0 | 0% | 10 | 0% |
| 6-9 days | 10 | 0% | 1 | 0% | 11 | 0% |
| 10-19 days | 4 | 0% | 1 | 0% | 5 | 0% |
| 20-29 days | 3 | 0% | 1 | 0% | 4 | 0% |
| All 30 days | 11 | 0% | 0 | 0% | 11 | 0% |
| Total | 5,436 | 100% | 558 | 100% | 5,994 | 100% |

Smokeless Tobacco

| Response | Students | | Employees | | Total | |
|-----------------------------------|--------------|-------------|------------|-------------|--------------|-------------|
| | N | % | N | % | N | % |
| Never used | 5,108 | 94% | 550 | 98% | 5,658 | 94% |
| Have used but not in last 30 days | 285 | 5% | 10 | 2% | 295 | 5% |
| 1-2 days | 19 | 0% | 0 | 0% | 19 | 0% |
| 3-5 days | 8 | 0% | 0 | 0% | 8 | 0% |
| 6-9 days | 3 | 0% | 0 | 0% | 3 | 0% |
| 10-19 days | 6 | 0% | 0 | 0% | 6 | 0% |
| 20-29 days | 7 | 0% | 0 | 0% | 7 | 0% |
| All 30 days | 9 | 0% | 0 | 0% | 9 | 0% |
| Total | 5,445 | 100% | 560 | 100% | 6,005 | 100% |

Hookah

| Response | Students | | Employees | | Total | |
|-----------------------------------|--------------|-------------|------------|-------------|--------------|-------------|
| | N | % | N | % | N | % |
| Never used | 4,209 | 77% | 532 | 95% | 4,741 | 79% |
| Have used but not in last 30 days | 1,029 | 19% | 29 | 5% | 1,058 | 18% |
| 1-2 days | 140 | 3% | 0 | 0% | 140 | 2% |
| 3-5 days | 40 | 1% | 0 | 0% | 40 | 1% |
| 6-9 days | 20 | 0% | 0 | 0% | 20 | 0% |
| 10-19 days | 13 | 0% | 1 | 0% | 14 | 0% |
| 20-29 days | 5 | 0% | 0 | 0% | 5 | 0% |
| All 30 days | 3 | 0% | 0 | 0% | 3 | 0% |
| Total | 5,459 | 100% | 562 | 100% | 6,021 | 100% |

Note:

The Employees group includes Classified Employee/Supervisor, Faculty, and Administrator.

FHDA Smoking Policy Survey Results by Student/Employee, Fall 2011

Electronic Cigarettes

| Response | Students | | Employees | | Total | |
|-----------------------------------|--------------|-------------|------------|-------------|--------------|-------------|
| | N | % | N | % | N | % |
| Never used | 5,091 | 94% | 551 | 99% | 5,642 | 94% |
| Have used but not in last 30 days | 310 | 6% | 5 | 1% | 315 | 5% |
| 1-2 days | 19 | 0% | 1 | 0% | 20 | 0% |
| 3-5 days | 5 | 0% | 0 | 0% | 5 | 0% |
| 6-9 days | 5 | 0% | 0 | 0% | 5 | 0% |
| 10-19 days | 3 | 0% | 0 | 0% | 3 | 0% |
| 20-29 days | 1 | 0% | 0 | 0% | 1 | 0% |
| All 30 days | 5 | 0% | 0 | 0% | 5 | 0% |
| Total | 5,439 | 100% | 557 | 100% | 5,996 | 100% |

Pipes

| Response | Students | | Employees | | Total | |
|-----------------------------------|--------------|-------------|------------|-------------|--------------|-------------|
| | N | % | N | % | N | % |
| Never used | 4,922 | 91% | 527 | 96% | 5,449 | 91% |
| Have used but not in last 30 days | 411 | 8% | 20 | 4% | 431 | 7% |
| 1-2 days | 35 | 1% | 1 | 0% | 36 | 1% |
| 3-5 days | 16 | 0% | 0 | 0% | 16 | 0% |
| 6-9 days | 14 | 0% | 0 | 0% | 14 | 0% |
| 10-19 days | 18 | 0% | 1 | 0% | 19 | 0% |
| 20-29 days | 9 | 0% | 1 | 0% | 10 | 0% |
| All 30 days | 12 | 0% | 0 | 0% | 12 | 0% |
| Total | 5,437 | 100% | 550 | 100% | 5,987 | 100% |

8. Do you know that Health Services at Foothill College and De Anza College currently have a tobacco cessation program, which provides free nicotine replacement patches and nicotine gum along with one-on-one counseling?

| Response | Students | | Employees | | Total | |
|--------------|--------------|-------------|------------|-------------|--------------|-------------|
| | N | % | N | % | N | % |
| Yes | 1,610 | 29% | 346 | 60% | 1,956 | 32% |
| No | 3,993 | 71% | 228 | 40% | 4,221 | 68% |
| Total | 5,603 | 100% | 574 | 100% | 6,177 | 100% |

Note:

The Employees group includes Classified Employee/Supervisor, Faculty, and Administrator.

FHDA Smoking Policy Survey Results by Student/Employee, Fall 2011

9. How often do you encounter second-hand smoke on campus?

| Response | Students | | Employees | | Total | |
|-------------------------|--------------|-------------|------------|-------------|--------------|-------------|
| | N | % | N | % | N | % |
| Never | 661 | 12% | 22 | 4% | 683 | 11% |
| Rarely | 1,108 | 20% | 103 | 18% | 1,211 | 20% |
| Occasionally | 1,825 | 32% | 217 | 37% | 2,042 | 33% |
| 1-2 times daily | 1,100 | 20% | 126 | 22% | 1,226 | 20% |
| 3-4 times daily | 569 | 10% | 66 | 11% | 635 | 10% |
| More than 5 times daily | 359 | 6% | 45 | 8% | 404 | 7% |
| Total | 5,622 | 100% | 579 | 100% | 6,201 | 100% |

10. Where do you encounter second-hand smoke on campus?

| Response | Students | | Employees | | Total | |
|--------------------------|--------------|-------------|------------|-------------|--------------|-------------|
| | N | % | N | % | N | % |
| Not at all | 686 | 12% | 25 | 4% | 711 | 12% |
| Student parking lots | 740 | 13% | 53 | 9% | 793 | 13% |
| Entrances to campus | 1,083 | 19% | 115 | 20% | 1,198 | 19% |
| Along paths and walkways | 1,259 | 22% | 95 | 16% | 1,354 | 22% |
| Adjacent to buildings | 1,677 | 30% | 285 | 49% | 1,962 | 32% |
| Other | 154 | 3% | 7 | 1% | 161 | 3% |
| Total | 5,599 | 100% | 580 | 100% | 6,179 | 100% |

11. How does second-hand smoke affect you?

| Response | Students | | Employees | | Total | |
|-------------------------------------|--------------|-------------|------------|-------------|--------------|-------------|
| | N | % | N | % | N | % |
| I have asthma or other lung disease | 555 | 10% | 60 | 10% | 615 | 10% |
| I am allergic to smoke | 353 | 6% | 72 | 12% | 425 | 7% |
| Smoke irritates my eyes or nose | 3,493 | 62% | 365 | 63% | 3,858 | 62% |
| Smoke does not bother me | 1,211 | 22% | 80 | 14% | 1,291 | 21% |
| Total | 5,612 | 100% | 577 | 100% | 6,189 | 100% |

Note:

The Employees group includes Classified Employee/Supervisor, Faculty, and Administrator.

FHDA Smoking Policy Survey Results by Student/Employee, Fall 2011

12. Do you know that the Foothill-De Anza smoke-free campus policy states that smoking is only allowed in designated areas?

| Response | Students | | Employees | | Total | |
|--------------|--------------|-------------|------------|-------------|--------------|-------------|
| | N | % | N | % | N | % |
| Yes | 4,806 | 86% | 550 | 96% | 5,356 | 87% |
| No | 792 | 14% | 20 | 4% | 812 | 13% |
| Total | 5,598 | 100% | 570 | 100% | 6,168 | 100% |

13. In your opinion, does a smoke-free campus policy reduce smoking on campus?

| Response | Students | | Employees | | Total | |
|--------------|--------------|-------------|------------|-------------|--------------|-------------|
| | N | % | N | % | N | % |
| Yes | 3,383 | 60% | 432 | 75% | 3,815 | 62% |
| No | 1,699 | 30% | 103 | 18% | 1,802 | 29% |
| No opinion | 532 | 9% | 38 | 7% | 570 | 9% |
| Total | 5,614 | 100% | 573 | 100% | 6,187 | 100% |

14. Do you think the smoke-free campus policy is well enforced?

| Response | Students | | Employees | | Total | |
|---------------------|--------------|-------------|------------|-------------|--------------|-------------|
| | N | % | N | % | N | % |
| Not enforced at all | 1,492 | 27% | 277 | 48% | 1,769 | 29% |
| Somewhat enforced | 2,662 | 48% | 227 | 40% | 2,889 | 47% |
| Well enforced | 949 | 17% | 49 | 9% | 998 | 16% |
| Very well enforced | 292 | 5% | 16 | 3% | 308 | 5% |
| Enforced completely | 115 | 2% | 4 | 1% | 119 | 2% |
| Total | 5,510 | 100% | 573 | 100% | 6,083 | 100% |

15. Does the campus need better or clearer signs to assist smokers in knowing which parking lots are allowed to smoke?

| Response | Students | | Employees | | Total | |
|--------------|--------------|-------------|------------|-------------|--------------|-------------|
| | N | % | N | % | N | % |
| Yes | 3,595 | 64% | 394 | 69% | 3,989 | 65% |
| No | 1,107 | 20% | 120 | 21% | 1,227 | 20% |
| No opinion | 903 | 16% | 59 | 10% | 962 | 16% |
| Total | 5,605 | 100% | 573 | 100% | 6,178 | 100% |

Note:

The Employees group includes Classified Employee/Supervisor, Faculty, and Administrator.

FHDA Smoking Policy Survey Results by Student/Employee, Fall 2011

16. Would strict enforcement of smoking policy that included citations with fines lead you to reduce your smoking while on campus?

| Response | Students | | Employees | | Total | |
|-------------------------------|--------------|-------------|------------|-------------|--------------|-------------|
| | N | % | N | % | N | % |
| I am not a smoker | 4,909 | 87% | 557 | 96% | 5,466 | 88% |
| No I will continue to smoke | 301 | 5% | 10 | 2% | 311 | 5% |
| Maybe I might try to cut back | 119 | 2% | 5 | 1% | 124 | 2% |
| Yes I would likely smoke less | 283 | 5% | 6 | 1% | 289 | 5% |
| Total | 5,612 | 100% | 578 | 100% | 6,190 | 100% |

17. How would strict enforcement of smoking policy that included citations with fines affect your experience on campus?

| Response | Students | | Employees | | Total | |
|---|--------------|-------------|------------|-------------|--------------|-------------|
| | N | % | N | % | N | % |
| It would have little or no effect | 1,930 | 35% | 152 | 27% | 2,082 | 34% |
| It would have a positive effect | 3,157 | 57% | 383 | 67% | 3,540 | 57% |
| It would have a negative effect | 350 | 6% | 33 | 6% | 383 | 6% |
| I would consider studying at another campus | 150 | 3% | 2 | 0% | 152 | 2% |
| Total | 5,587 | 100% | 570 | 100% | 6,157 | 100% |

18. Would a 100% smoke-free environment (no smoking on campus or parking lots) improve your learning/working environment?

| Response | Students | | Employees | | Total | |
|--------------|--------------|-------------|------------|-------------|--------------|-------------|
| | N | % | N | % | N | % |
| Yes | 3,017 | 54% | 366 | 63% | 3,383 | 55% |
| No | 1,414 | 25% | 105 | 18% | 1,519 | 25% |
| No opinion | 1,186 | 21% | 107 | 19% | 1,293 | 21% |
| Total | 5,617 | 100% | 578 | 100% | 6,195 | 100% |

19. Do you want the campus to be 100% smoke-free (no smoking on campus or parking lots)?

| Response | Students | | Employees | | Total | |
|--------------|--------------|-------------|------------|-------------|--------------|-------------|
| | N | % | N | % | N | % |
| Yes | 3,260 | 58% | 352 | 61% | 3,612 | 58% |
| No | 1,378 | 25% | 155 | 27% | 1,533 | 25% |
| No opinion | 975 | 17% | 70 | 12% | 1,045 | 17% |
| Total | 5,613 | 100% | 577 | 100% | 6,190 | 100% |

Note:

The Employees group includes Classified Employee/Supervisor, Faculty, and Administrator.

FHDA Smoking Policy Survey Results by Zip Code, Fall 2011

1. Please indicate the main campus you currently attend/work for:

| Response | Mountain View, | | Los Altos, Palo Alto | | Sunnyvale | | Cupertino | | Santa Clara | | San Jose | | Other | |
|----------------------------|---------------------------|-------------|-------------------------|-------------|------------|-------------|------------|-------------|--------------|-------------|--------------|-------------|-------|---|
| | N | % | N | % | N | % | N | % | N | % | N | % | N | % |
| | De Anza College (student) | 129 | 18% | 319 | 69% | 291 | 70% | 213 | 72% | 1,498 | 78% | 827 | 49% | |
| De Anza College (staff) | 18 | 2% | 13 | 3% | 72 | 17% | 13 | 4% | 59 | 3% | 128 | 8% | | |
| Foothill College (student) | 506 | 69% | 119 | 26% | 47 | 11% | 63 | 21% | 328 | 17% | 634 | 37% | | |
| Foothill College (staff) | 65 | 9% | 6 | 1% | 5 | 1% | 4 | 1% | 21 | 1% | 92 | 5% | | |
| Central Services | 18 | 2% | 3 | 1% | 0 | 0% | 1 | 0% | 6 | 0% | 10 | 1% | | |
| Total | 736 | 100% | 460 | 100% | 415 | 100% | 294 | 100% | 1,912 | 100% | 1,691 | 100% | | |

2. What is your primary role on this campus?

| Response | Mountain View, | | Los Altos, Palo Alto | | Sunnyvale | | Cupertino | | Santa Clara | | San Jose | | Other | |
|--------------------------------|----------------|-------------|-------------------------|-------------|------------|-------------|------------|-------------|--------------|-------------|--------------|-------------|-------|---|
| | N | % | N | % | N | % | N | % | N | % | N | % | N | % |
| | Student | 642 | 87% | 438 | 95% | 337 | 82% | 277 | 94% | 1,823 | 95% | 1,460 | 86% | |
| Classified Employee/Supervisor | 50 | 7% | 10 | 2% | 36 | 9% | 8 | 3% | 37 | 2% | 71 | 4% | | |
| Faculty | 42 | 6% | 11 | 2% | 38 | 9% | 9 | 3% | 50 | 3% | 149 | 9% | | |
| Administrator | 2 | 0% | 1 | 0% | 2 | 0% | 0 | 0% | 3 | 0% | 10 | 1% | | |
| Total | 736 | 100% | 460 | 100% | 413 | 100% | 294 | 100% | 1,913 | 100% | 1,690 | 100% | | |

3. On average, how many hours per week do you spend on this campus?

| Response | Mountain View, | | Los Altos, Palo Alto | | Sunnyvale | | Cupertino | | Santa Clara | | San Jose | | Other | |
|--------------|---|-------------|-------------------------|-------------|------------|-------------|------------|-------------|--------------|-------------|--------------|-------------|-------|---|
| | N | % | N | % | N | % | N | % | N | % | N | % | N | % |
| | None-I only take/teach on-line courses. | 61 | 8% | 31 | 7% | 24 | 6% | 15 | 5% | 97 | 5% | 232 | 14% | |
| 1- 5 hours | 170 | 23% | 123 | 27% | 97 | 24% | 68 | 23% | 420 | 22% | 443 | 26% | | |
| 6-10 hours | 162 | 22% | 97 | 21% | 83 | 20% | 73 | 25% | 460 | 24% | 328 | 19% | | |
| 11-15 hours | 115 | 16% | 76 | 17% | 55 | 13% | 46 | 16% | 342 | 18% | 210 | 12% | | |
| 16-20 hours | 96 | 13% | 61 | 13% | 46 | 11% | 42 | 14% | 289 | 15% | 215 | 13% | | |
| 21 or more | 134 | 18% | 72 | 16% | 107 | 26% | 51 | 17% | 303 | 16% | 265 | 16% | | |
| Total | 738 | 100% | 460 | 100% | 412 | 100% | 295 | 100% | 1,911 | 100% | 1,693 | 100% | | |

FHDA Smoking Policy Survey Results by Zip Code, Fall 2011

4. What is your age?

| Response | Mountain View, | | Los Altos, Palo Alto | | Sunnyvale | | Cupertino | | Santa Clara | | San Jose | | Other | |
|---------------|----------------|-------------|-------------------------|-------------|------------|-------------|------------|-------------|--------------|-------------|--------------|-------------|-------|---|
| | N | % | N | % | N | % | N | % | N | % | N | % | N | % |
| 17 or younger | 17 | 2% | 14 | 3% | 44 | 11% | 7 | 2% | 25 | 1% | 51 | 3% | | |
| 18-24 | 290 | 39% | 216 | 47% | 148 | 36% | 151 | 51% | 1,126 | 59% | 643 | 38% | | |
| 25-32 | 119 | 16% | 84 | 18% | 44 | 11% | 66 | 22% | 383 | 20% | 272 | 16% | | |
| 33 or older | 311 | 42% | 146 | 32% | 176 | 43% | 71 | 24% | 380 | 20% | 724 | 43% | | |
| Total | 737 | 100% | 460 | 100% | 412 | 100% | 295 | 100% | 1,914 | 100% | 1,690 | 100% | | |

5. What is your gender?

| Response | Mountain View, | | Los Altos, Palo Alto | | Sunnyvale | | Cupertino | | Santa Clara | | San Jose | | Other | |
|------------------|----------------|-------------|-------------------------|-------------|------------|-------------|------------|-------------|--------------|-------------|--------------|-------------|-------|---|
| | N | % | N | % | N | % | N | % | N | % | N | % | N | % |
| Male | 286 | 39% | 186 | 40% | 190 | 46% | 126 | 43% | 779 | 41% | 683 | 40% | | |
| Female | 444 | 60% | 270 | 59% | 218 | 53% | 162 | 55% | 1,120 | 58% | 962 | 57% | | |
| Decline to state | 6 | 1% | 4 | 1% | 4 | 1% | 6 | 2% | 16 | 1% | 46 | 3% | | |
| Total | 736 | 100% | 460 | 100% | 412 | 100% | 294 | 100% | 1,915 | 100% | 1,691 | 100% | | |

6. Regarding tobacco use, which of the following best describes you?

| Response | Mountain View, | | Los Altos, Palo Alto | | Sunnyvale | | Cupertino | | Santa Clara | | San Jose | | Other | |
|--|----------------|-------------|-------------------------|-------------|------------|-------------|------------|-------------|--------------|-------------|--------------|-------------|-------|---|
| | N | % | N | % | N | % | N | % | N | % | N | % | N | % |
| I have never been a smoker/tobacco user. | 512 | 69% | 323 | 70% | 320 | 78% | 185 | 63% | 1,326 | 69% | 1,132 | 67% | | |
| I am a former smoker/tobacco user. | 147 | 20% | 89 | 19% | 53 | 13% | 54 | 18% | 304 | 16% | 307 | 18% | | |
| I use only smokeless tobacco. | 1 | 0% | 1 | 0% | 1 | 0% | 2 | 1% | 8 | 0% | 5 | 0% | | |
| I smoke/use tobacco including hookah cigars or pipes occasionally. | 52 | 7% | 35 | 8% | 26 | 6% | 36 | 12% | 204 | 11% | 155 | 9% | | |
| I smoke/use tobacco including hookah cigars or pipes daily. | 26 | 4% | 13 | 3% | 11 | 3% | 16 | 5% | 74 | 4% | 94 | 6% | | |
| Total | 738 | 100% | 461 | 100% | 411 | 100% | 293 | 100% | 1,916 | 100% | 1,693 | 100% | | |

FHDA Smoking Policy Survey Results by Zip Code, Fall 2011

7. Within the last 30 days, on how many days did you use:

Cigarettes

| Response | Mountain View, | | Los Altos, Palo Alto | | Sunnyvale | | Cupertino | | Santa Clara | | San Jose | | Other | |
|-----------------------------------|----------------|-------------|-------------------------|-------------|------------|-------------|------------|-------------|--------------|-------------|--------------|-------------|-------|---|
| | N | % | N | % | N | % | N | % | N | % | N | % | N | % |
| | Never used | 540 | 74% | 358 | 78% | 333 | 81% | 199 | 68% | 1,414 | 74% | 1,236 | 74% | |
| Have used but not in last 30 days | 124 | 17% | 62 | 14% | 50 | 12% | 51 | 17% | 298 | 16% | 241 | 14% | | |
| 1-2 days | 20 | 3% | 13 | 3% | 10 | 2% | 12 | 4% | 48 | 3% | 35 | 2% | | |
| 3-5 days | 9 | 1% | 3 | 1% | 2 | 0% | 3 | 1% | 23 | 1% | 18 | 1% | | |
| 6-9 days | 4 | 1% | 1 | 0% | 4 | 1% | 3 | 1% | 13 | 1% | 14 | 1% | | |
| 10-19 days | 5 | 1% | 3 | 1% | 0 | 0% | 5 | 2% | 20 | 1% | 26 | 2% | | |
| 20-29 days | 6 | 1% | 6 | 1% | 2 | 0% | 8 | 3% | 21 | 1% | 23 | 1% | | |
| All 30 days | 21 | 3% | 12 | 3% | 8 | 2% | 12 | 4% | 65 | 3% | 79 | 5% | | |
| Total | 729 | 100% | 458 | 100% | 409 | 100% | 293 | 100% | 1,902 | 100% | 1,672 | 100% | | |

Cigars

| Response | Mountain View, | | Los Altos, Palo Alto | | Sunnyvale | | Cupertino | | Santa Clara | | San Jose | | Other | |
|-----------------------------------|----------------|-------------|-------------------------|-------------|------------|-------------|------------|-------------|--------------|-------------|--------------|-------------|-------|---|
| | N | % | N | % | N | % | N | % | N | % | N | % | N | % |
| | Never used | 619 | 87% | 391 | 87% | 366 | 91% | 237 | 83% | 1,623 | 88% | 1,383 | 85% | |
| Have used but not in last 30 days | 86 | 12% | 49 | 11% | 31 | 8% | 37 | 13% | 199 | 11% | 201 | 13% | | |
| 1-2 days | 2 | 0% | 5 | 1% | 4 | 1% | 7 | 2% | 19 | 1% | 26 | 2% | | |
| 3-5 days | 2 | 0% | 1 | 0% | 0 | 0% | 0 | 0% | 4 | 0% | 2 | 0% | | |
| 6-9 days | 1 | 0% | 2 | 0% | 0 | 0% | 1 | 0% | 2 | 0% | 5 | 0% | | |
| 10-19 days | 0 | 0% | 0 | 0% | 0 | 0% | 1 | 0% | 1 | 0% | 3 | 0% | | |
| 20-29 days | 0 | 0% | 0 | 0% | 1 | 0% | 1 | 0% | 1 | 0% | 0 | 0% | | |
| All 30 days | 1 | 0% | 1 | 0% | 2 | 0% | 0 | 0% | 4 | 0% | 2 | 0% | | |
| Total | 711 | 100% | 449 | 100% | 404 | 100% | 284 | 100% | 1,853 | 100% | 1,622 | 100% | | |

FHDA Smoking Policy Survey Results by Zip Code, Fall 2011

Smokeless Tobacco

| Response | Mountain View, | | Los Altos, Palo Alto | | Sunnyvale | | Cupertino | | Santa Clara | | San Jose | | Other | |
|-----------------------------------|----------------|-------------|-------------------------|-------------|------------|-------------|------------|-------------|--------------|-------------|--------------|-------------|-------|---|
| | N | % | N | % | N | % | N | % | N | % | N | % | N | % |
| | Never used | 673 | 94% | 430 | 96% | 387 | 97% | 265 | 93% | 1,764 | 95% | 1,508 | 93% | |
| Have used but not in last 30 days | 37 | 5% | 16 | 4% | 10 | 3% | 18 | 6% | 83 | 4% | 93 | 6% | | |
| 1-2 days | 3 | 0% | 1 | 0% | 0 | 0% | 0 | 0% | 4 | 0% | 8 | 1% | | |
| 3-5 days | 2 | 0% | 0 | 0% | 1 | 0% | 1 | 0% | 0 | 0% | 3 | 0% | | |
| 6-9 days | 0 | 0% | 0 | 0% | 0 | 0% | 0 | 0% | 1 | 0% | 2 | 0% | | |
| 10-19 days | 0 | 0% | 0 | 0% | 0 | 0% | 0 | 0% | 3 | 0% | 3 | 0% | | |
| 20-29 days | 0 | 0% | 0 | 0% | 1 | 0% | 0 | 0% | 3 | 0% | 2 | 0% | | |
| All 30 days | 0 | 0% | 1 | 0% | 0 | 0% | 1 | 0% | 2 | 0% | 5 | 0% | | |
| Total | 715 | 100% | 448 | 100% | 399 | 100% | 285 | 100% | 1,860 | 100% | 1,624 | 100% | | |

Hookah

| Response | Mountain View, | | Los Altos, Palo Alto | | Sunnyvale | | Cupertino | | Santa Clara | | San Jose | | Other | |
|-----------------------------------|----------------|-------------|-------------------------|-------------|------------|-------------|------------|-------------|--------------|-------------|--------------|-------------|-------|---|
| | N | % | N | % | N | % | N | % | N | % | N | % | N | % |
| | Never used | 582 | 81% | 370 | 83% | 345 | 86% | 211 | 74% | 1,424 | 76% | 1,313 | 81% | |
| Have used but not in last 30 days | 123 | 17% | 60 | 13% | 47 | 12% | 60 | 21% | 369 | 20% | 249 | 15% | | |
| 1-2 days | 10 | 1% | 8 | 2% | 6 | 1% | 8 | 3% | 47 | 3% | 38 | 2% | | |
| 3-5 days | 3 | 0% | 3 | 1% | 3 | 1% | 6 | 2% | 11 | 1% | 12 | 1% | | |
| 6-9 days | 0 | 0% | 3 | 1% | 1 | 0% | 1 | 0% | 7 | 0% | 7 | 1% | | |
| 10-19 days | 0 | 0% | 1 | 0% | 0 | 0% | 0 | 0% | 9 | 0% | 3 | 0% | | |
| 20-29 days | 1 | 0% | 0 | 0% | 0 | 0% | 0 | 0% | 2 | 0% | 2 | 0% | | |
| All 30 days | 0 | 0% | 0 | 0% | 0 | 0% | 0 | 0% | 1 | 0% | 2 | 0% | | |
| Total | 719 | 100% | 445 | 100% | 402 | 100% | 286 | 100% | 1,870 | 100% | 1,626 | 100% | | |

FHDA Smoking Policy Survey Results by Zip Code, Fall 2011

Electronic Cigarettes

| Response | Mountain View, | | Los Altos, Palo Alto | | Sunnyvale | | Cupertino | | Santa Clara | | San Jose | | Other | |
|-----------------------------------|----------------|-------------|-------------------------|-------------|------------|-------------|------------|-------------|--------------|-------------|--------------|-------------|-------|---|
| | N | % | N | % | N | % | N | % | N | % | N | % | N | % |
| Never used | 669 | 94% | 424 | 95% | 388 | 97% | 265 | 93% | 1,755 | 95% | 1,515 | 93% | | |
| Have used but not in last 30 days | 38 | 5% | 21 | 5% | 10 | 3% | 19 | 7% | 90 | 5% | 96 | 6% | | |
| 1-2 days | 4 | 1% | 0 | 0% | 1 | 0% | 0 | 0% | 8 | 0% | 5 | 1% | | |
| 3-5 days | 1 | 0% | 0 | 0% | 0 | 0% | 0 | 0% | 0 | 0% | 2 | 0% | | |
| 6-9 days | 0 | 0% | 0 | 0% | 1 | 0% | 1 | 0% | 1 | 0% | 2 | 0% | | |
| 10-19 days | 0 | 0% | 0 | 0% | 0 | 0% | 0 | 0% | 0 | 0% | 1 | 0% | | |
| 20-29 days | 0 | 0% | 0 | 0% | 0 | 0% | 0 | 0% | 1 | 0% | 0 | 0% | | |
| All 30 days | 0 | 0% | 1 | 0% | 0 | 0% | 0 | 0% | 1 | 0% | 3 | 0% | | |
| Total | 712 | 100% | 446 | 100% | 400 | 100% | 285 | 100% | 1,856 | 100% | 1,624 | 100% | | |

Pipes

| Response | Mountain View, | | Los Altos, Palo Alto | | Sunnyvale | | Cupertino | | Santa Clara | | San Jose | | Other | |
|-----------------------------------|----------------|-------------|-------------------------|-------------|------------|-------------|------------|-------------|--------------|-------------|--------------|-------------|-------|---|
| | N | % | N | % | N | % | N | % | N | % | N | % | N | % |
| Never used | 645 | 91% | 411 | 92% | 381 | 95% | 256 | 89% | 1,703 | 92% | 1,460 | 90% | | |
| Have used but not in last 30 days | 55 | 8% | 21 | 5% | 19 | 5% | 23 | 8% | 122 | 7% | 133 | 8% | | |
| 1-2 days | 0 | 0% | 4 | 1% | 0 | 0% | 3 | 1% | 15 | 1% | 9 | 1% | | |
| 3-5 days | 3 | 0% | 3 | 1% | 1 | 0% | 0 | 0% | 2 | 0% | 6 | 1% | | |
| 6-9 days | 2 | 0% | 2 | 0% | 1 | 0% | 2 | 1% | 4 | 0% | 1 | 0% | | |
| 10-19 days | 3 | 0% | 3 | 1% | 0 | 0% | 0 | 0% | 4 | 0% | 6 | 0% | | |
| 20-29 days | 1 | 0% | 1 | 0% | 0 | 0% | 1 | 0% | 3 | 0% | 3 | 0% | | |
| All 30 days | 3 | 0% | 0 | 0% | 0 | 0% | 2 | 1% | 2 | 0% | 4 | 0% | | |
| Total | 712 | 100% | 445 | 100% | 402 | 100% | 287 | 100% | 1,855 | 100% | 1,622 | 100% | | |

8. Do you know that Health Services at Foothill College and De Anza College currently have a tobacco cessation program, which provides free nicotine replacement patches and nicotine gum along with one-on-one counseling?

| Response | Mountain View, | | Los Altos, Palo Alto | | Sunnyvale | | Cupertino | | Santa Clara | | San Jose | | Other | |
|--------------|----------------|-------------|-------------------------|-------------|------------|-------------|------------|-------------|--------------|-------------|--------------|-------------|-------|---|
| | N | % | N | % | N | % | N | % | N | % | N | % | N | % |
| Yes | 314 | 43% | 139 | 30% | 122 | 30% | 94 | 32% | 559 | 29% | 518 | 31% | | |
| No | 423 | 57% | 320 | 70% | 288 | 70% | 198 | 68% | 1,350 | 71% | 1,162 | 69% | | |
| Total | 737 | 100% | 459 | 100% | 410 | 100% | 292 | 100% | 1,909 | 100% | 1,680 | 100% | | |

FHDA Smoking Policy Survey Results by Zip Code, Fall 2011

9. How often do you encounter second-hand smoke on campus?

| Response | Mountain View, | | Los Altos, Palo Alto | | Sunnyvale | | Cupertino | | Santa Clara | | San Jose | | Other | |
|-------------------------|----------------|-------------|-------------------------|-------------|------------|-------------|------------|-------------|--------------|-------------|--------------|-------------|-------|---|
| | N | % | N | % | N | % | N | % | N | % | N | % | N | % |
| Never | 106 | 14% | 43 | 9% | 34 | 8% | 27 | 9% | 156 | 8% | 258 | 15% | | |
| Rarely | 185 | 25% | 79 | 17% | 78 | 19% | 59 | 20% | 326 | 17% | 342 | 20% | | |
| Occasionally | 256 | 35% | 160 | 35% | 145 | 35% | 92 | 31% | 646 | 34% | 510 | 30% | | |
| 1-2 times daily | 122 | 16% | 90 | 19% | 83 | 20% | 55 | 19% | 421 | 22% | 303 | 18% | | |
| 3-4 times daily | 48 | 6% | 60 | 13% | 38 | 9% | 36 | 12% | 196 | 10% | 184 | 11% | | |
| More than 5 times daily | 23 | 3% | 30 | 6% | 36 | 9% | 24 | 8% | 168 | 9% | 91 | 5% | | |
| Total | 740 | 100% | 462 | 100% | 414 | 100% | 293 | 100% | 1,913 | 100% | 1,688 | 100% | | |

10. Where do you encounter second-hand smoke on campus?

| Response | Mountain View, | | Los Altos, Palo Alto | | Sunnyvale | | Cupertino | | Santa Clara | | San Jose | | Other | |
|--------------------------|----------------|-------------|-------------------------|-------------|------------|-------------|------------|-------------|--------------|-------------|--------------|-------------|-------|---|
| | N | % | N | % | N | % | N | % | N | % | N | % | N | % |
| Not at all | 110 | 15% | 48 | 10% | 29 | 7% | 27 | 9% | 165 | 9% | 267 | 16% | | |
| Student parking lots | 99 | 13% | 57 | 12% | 49 | 12% | 43 | 15% | 257 | 13% | 190 | 11% | | |
| Entrances to campus | 136 | 19% | 84 | 18% | 73 | 18% | 60 | 20% | 423 | 22% | 279 | 17% | | |
| Along paths and walkways | 141 | 19% | 119 | 26% | 94 | 23% | 53 | 18% | 429 | 22% | 370 | 22% | | |
| Adjacent to buildings | 221 | 30% | 144 | 31% | 157 | 38% | 101 | 34% | 601 | 31% | 519 | 31% | | |
| Other | 28 | 4% | 9 | 2% | 8 | 2% | 11 | 4% | 40 | 2% | 50 | 3% | | |
| Total | 735 | 100% | 461 | 100% | 410 | 100% | 295 | 100% | 1,915 | 100% | 1,675 | 100% | | |

11. How does second-hand smoke affect you?

| Response | Mountain View, | | Los Altos, Palo Alto | | Sunnyvale | | Cupertino | | Santa Clara | | San Jose | | Other | |
|-------------------------------------|----------------|-------------|-------------------------|-------------|------------|-------------|------------|-------------|--------------|-------------|--------------|-------------|-------|---|
| | N | % | N | % | N | % | N | % | N | % | N | % | N | % |
| I have asthma or other lung disease | 61 | 8% | 36 | 8% | 34 | 8% | 30 | 10% | 195 | 10% | 172 | 10% | | |
| I am allergic to smoke | 49 | 7% | 32 | 7% | 39 | 9% | 16 | 5% | 125 | 7% | 120 | 7% | | |
| Smoke irritates my eyes or nose | 463 | 63% | 305 | 66% | 263 | 64% | 185 | 63% | 1,204 | 63% | 1,009 | 60% | | |
| Smoke does not bother me | 164 | 22% | 87 | 19% | 78 | 19% | 64 | 22% | 385 | 20% | 382 | 23% | | |
| Total | 737 | 100% | 460 | 100% | 414 | 100% | 295 | 100% | 1,909 | 100% | 1,683 | 100% | | |

FHDA Smoking Policy Survey Results by Zip Code, Fall 2011

12. Do you know that the Foothill-De Anza smoke-free campus policy states that smoking is only allowed in designated areas?

| Response | Mountain View, | | Los Altos, Palo Alto | | Sunnyvale | | Cupertino | | Santa Clara | | San Jose | | Other | |
|--------------|----------------|-------------|-------------------------|-------------|------------|-------------|------------|-------------|--------------|-------------|--------------|-------------|-------|---|
| | N | % | N | % | N | % | N | % | N | % | N | % | N | % |
| Yes | 620 | 85% | 397 | 87% | 348 | 86% | 266 | 91% | 1,710 | 90% | 1,412 | 84% | | |
| No | 110 | 15% | 60 | 13% | 59 | 14% | 25 | 9% | 196 | 10% | 274 | 16% | | |
| Total | 730 | 100% | 457 | 100% | 407 | 100% | 291 | 100% | 1,906 | 100% | 1,686 | 100% | | |

13. In your opinion, does a smoke-free campus policy reduce smoking on campus?

| Response | Mountain View, | | Los Altos, Palo Alto | | Sunnyvale | | Cupertino | | Santa Clara | | San Jose | | Other | |
|--------------|----------------|-------------|-------------------------|-------------|------------|-------------|------------|-------------|--------------|-------------|--------------|-------------|-------|---|
| | N | % | N | % | N | % | N | % | N | % | N | % | N | % |
| Yes | 484 | 66% | 282 | 61% | 281 | 69% | 185 | 63% | 1,145 | 60% | 1,005 | 60% | | |
| No | 184 | 25% | 137 | 30% | 101 | 25% | 90 | 31% | 595 | 31% | 498 | 30% | | |
| No opinion | 69 | 9% | 41 | 9% | 28 | 7% | 20 | 7% | 169 | 9% | 183 | 11% | | |
| Total | 737 | 100% | 460 | 100% | 410 | 100% | 295 | 100% | 1,909 | 100% | 1,686 | 100% | | |

14. Do you think the smoke-free campus policy is well enforced?

| Response | Mountain View, | | Los Altos, Palo Alto | | Sunnyvale | | Cupertino | | Santa Clara | | San Jose | | Other | |
|---------------------|----------------|-------------|-------------------------|-------------|------------|-------------|------------|-------------|--------------|-------------|--------------|-------------|-------|---|
| | N | % | N | % | N | % | N | % | N | % | N | % | N | % |
| Not enforced at all | 197 | 27% | 135 | 29% | 117 | 29% | 73 | 25% | 551 | 29% | 509 | 31% | | |
| Somewhat enforced | 326 | 45% | 216 | 47% | 212 | 52% | 138 | 47% | 955 | 50% | 707 | 44% | | |
| Well enforced | 138 | 19% | 80 | 17% | 54 | 13% | 59 | 20% | 278 | 15% | 284 | 18% | | |
| Very well enforced | 39 | 5% | 21 | 5% | 14 | 3% | 12 | 4% | 92 | 5% | 89 | 5% | | |
| Enforced completely | 19 | 3% | 7 | 2% | 12 | 3% | 10 | 3% | 25 | 1% | 30 | 2% | | |
| Total | 719 | 100% | 459 | 100% | 409 | 100% | 292 | 100% | 1,901 | 100% | 1,619 | 100% | | |

FHDA Smoking Policy Survey Results by Zip Code, Fall 2011

15. Does the campus need better or clearer signs to assist smokers in knowing which parking lots are allowed to smoke?

| | Mountain View, Los Altos, Palo Alto | | Sunnyvale | | Cupertino | | Santa Clara | | San Jose | | Other | |
|--------------|---|-------------|------------|-------------|------------|-------------|-------------|-------------|--------------|-------------|--------------|-------------|
| Response | N | % | N | % | N | % | N | % | N | % | N | % |
| Yes | 448 | 61% | 307 | 67% | 272 | 66% | 209 | 72% | 1,320 | 69% | 995 | 59% |
| No | 138 | 19% | 82 | 18% | 76 | 18% | 56 | 19% | 364 | 19% | 367 | 22% |
| No opinion | 147 | 20% | 70 | 15% | 64 | 16% | 27 | 9% | 226 | 12% | 319 | 19% |
| Total | 733 | 100% | 459 | 100% | 412 | 100% | 292 | 100% | 1,910 | 100% | 1,681 | 100% |

16. Would strict enforcement of smoking policy that included citations with fines lead you to reduce your smoking while on campus?

| | Mountain View, Los Altos, Palo Alto | | Sunnyvale | | Cupertino | | Santa Clara | | San Jose | | Other | |
|-------------------------------|---|-------------|------------|-------------|------------|-------------|-------------|-------------|--------------|-------------|--------------|-------------|
| Response | N | % | N | % | N | % | N | % | N | % | N | % |
| I am not a smoker | 672 | 91% | 417 | 90% | 382 | 93% | 242 | 83% | 1,694 | 88% | 1,462 | 87% |
| No, I will continue to smoke | 34 | 5% | 20 | 4% | 12 | 3% | 21 | 7% | 81 | 4% | 110 | 7% |
| Maybe I might try to cut back | 12 | 2% | 8 | 2% | 5 | 1% | 9 | 3% | 36 | 2% | 38 | 2% |
| Yes I would likely smoke less | 20 | 3% | 16 | 3% | 11 | 3% | 18 | 6% | 105 | 5% | 77 | 5% |
| Total | 738 | 100% | 461 | 100% | 410 | 100% | 290 | 100% | 1,916 | 100% | 1,687 | 100% |

17. How would strict enforcement of smoking policy that included citations with fines affect your experience on campus?

| | Mountain View, Los Altos, Palo Alto | | Sunnyvale | | Cupertino | | Santa Clara | | San Jose | | Other | |
|---|---|-------------|------------|-------------|------------|-------------|-------------|-------------|--------------|-------------|--------------|-------------|
| Response | N | % | N | % | N | % | N | % | N | % | N | % |
| It would have little or no effect | 273 | 37% | 147 | 32% | 126 | 31% | 88 | 30% | 631 | 33% | 589 | 35% |
| It would have a positive effect | 399 | 54% | 274 | 60% | 251 | 61% | 175 | 60% | 1,139 | 60% | 895 | 54% |
| It would have a negative effect | 50 | 7% | 31 | 7% | 25 | 6% | 22 | 8% | 102 | 5% | 118 | 7% |
| I would consider studying at another campus | 16 | 2% | 7 | 2% | 9 | 2% | 7 | 2% | 38 | 2% | 60 | 4% |
| Total | 738 | 100% | 459 | 100% | 411 | 100% | 292 | 100% | 1,910 | 100% | 1,662 | 100% |

FHDA Smoking Policy Survey Results by Zip Code, Fall 2011

18. Would a 100% smoke-free environment (no smoking on campus or parking lots) improve your learning/working environment?

| Response | Mountain View, | | Los Altos, | | Sunnyvale | | Cupertino | | Santa Clara | | San Jose | | Other | |
|--------------|----------------|-------------|------------|-------------|------------|-------------|------------|-------------|--------------|-------------|--------------|-------------|-------|---|
| | N | % | N | % | N | % | N | % | N | % | N | % | N | % |
| Yes | 392 | 53% | 257 | 56% | 255 | 62% | 159 | 54% | 1,048 | 55% | 899 | 53% | | |
| No | 193 | 26% | 113 | 25% | 72 | 18% | 75 | 26% | 443 | 23% | 456 | 27% | | |
| No opinion | 151 | 21% | 91 | 20% | 83 | 20% | 59 | 20% | 419 | 22% | 335 | 20% | | |
| Total | 736 | 100% | 461 | 100% | 410 | 100% | 293 | 100% | 1,910 | 100% | 1,690 | 100% | | |

19. Do you want the campus to be 100% smoke-free (no smoking on campus or parking lots)?

| Response | Mountain View, | | Los Altos, | | Sunnyvale | | Cupertino | | Santa Clara | | San Jose | | Other | |
|--------------|----------------|-------------|------------|-------------|------------|-------------|------------|-------------|--------------|-------------|--------------|-------------|-------|---|
| | N | % | N | % | N | % | N | % | N | % | N | % | N | % |
| Yes | 411 | 56% | 272 | 59% | 257 | 62% | 172 | 59% | 1,141 | 60% | 967 | 57% | | |
| No | 200 | 27% | 104 | 23% | 85 | 21% | 70 | 24% | 422 | 22% | 468 | 28% | | |
| No opinion | 126 | 17% | 84 | 18% | 70 | 17% | 52 | 18% | 349 | 18% | 247 | 15% | | |
| Total | 737 | 100% | 460 | 100% | 412 | 100% | 294 | 100% | 1,912 | 100% | 1,682 | 100% | | |

FHDA Smoking Policy Survey Results by East San Jose, Fall 2011

1. Please indicate the main campus you currently attend/work for:

| Response | East San Jose Zip Codes ¹ | | All other Zip Codes | |
|----------------------------|--|-------------|---------------------------|-------------|
| | N | % | N | % |
| De Anza College (student) | 1,194 | 79% | 2,488 | 53% |
| De Anza College (staff) | 45 | 3% | 286 | 6% |
| Foothill College (student) | 260 | 17% | 1,693 | 36% |
| Foothill College (staff) | 17 | 1% | 200 | 4% |
| Central Services | 5 | 0% | 37 | 1% |
| Total | 1,521 | 100% | 4,704 | 100% |

2. What is your primary role on this campus?

| Response | Foothill | | De Anza | |
|------------------------------------|--|---------------------------|--|---------------------------|
| | East San Jose Zip Codes ¹ | All other Zip Codes | East San Jose Zip Codes ¹ | All other Zip Codes |
| | N | % | N | % |
| Student | 260 | 94% | 1,692 | 90% |
| Classified Employee/ Supervisor | 4 | 1% | 64 | 3% |
| Faculty | 13 | 5% | 119 | 6% |
| Administrator | 0 | 0% | 9 | 0% |
| Total | 277 | 100% | 1,884 | 100% |
| | | | 1,238 | 100% |
| | | | 2,765 | 100% |

3. On average, how many hours per week do you spend on this campus?

| Response | Foothill | | De Anza | |
|---|--|---------------------------|--|---------------------------|
| | East San Jose Zip Codes ¹ | All other Zip Codes | East San Jose Zip Codes ¹ | All other Zip Codes |
| | N | % | N | % |
| None-I only take/teach on-line courses. | 35 | 13% | 313 | 17% |
| 1- 5 hours | 56 | 20% | 460 | 24% |
| 6-10 hours | 66 | 24% | 378 | 20% |
| 11-15 hours | 56 | 20% | 256 | 14% |
| 16-20 hours | 33 | 12% | 215 | 11% |
| 21 or more | 31 | 11% | 268 | 14% |
| Total | 277 | 100% | 1,890 | 100% |
| | | | 1,235 | 100% |
| | | | 2,766 | 100% |

FHDA Smoking Policy Survey Results by East San Jose, Fall 2011

4. What is your age?

| Response | Foothill | | | | De Anza | | | |
|---------------|--|-------------|---------------------------|-------------|--|-------------|---------------------------|-------------|
| | East San Jose Zip Codes ¹ | | All other Zip Codes | | East San Jose Zip Codes ¹ | | All other Zip Codes | |
| | N | % | N | % | | N | % | |
| 17 or younger | 1 | 0% | 40 | 2% | 11 | 1% | 114 | 4% |
| 18-24 | 126 | 45% | 736 | 39% | 790 | 64% | 1,258 | 46% |
| 25-32 | 78 | 28% | 353 | 19% | 225 | 18% | 445 | 16% |
| 33 or older | 72 | 26% | 754 | 40% | 211 | 17% | 943 | 34% |
| Total | 277 | 100% | 1,883 | 100% | 1,237 | 100% | 2,760 | 100% |

5. What is your gender?

| Response | Foothill | | | | De Anza | | | |
|------------------|--|-------------|---------------------------|-------------|--|-------------|---------------------------|-------------|
| | East San Jose Zip Codes ¹ | | All other Zip Codes | | East San Jose Zip Codes ¹ | | All other Zip Codes | |
| | N | % | N | % | | N | % | |
| Male | 110 | 40% | 754 | 40% | 508 | 41% | 1,142 | 41% |
| Female | 165 | 60% | 1,101 | 58% | 717 | 58% | 1,567 | 57% |
| Decline to state | 2 | 1% | 30 | 2% | 12 | 1% | 48 | 2% |
| Total | 277 | 100% | 1,885 | 100% | 1,237 | 100% | 2,757 | 100% |

6. Regarding tobacco use, which of the following best describes you?

| Response | Foothill | | | | De Anza | | | |
|--|--|-------------|---------------------------|-------------|--|-------------|---------------------------|-------------|
| | East San Jose Zip Codes ¹ | | All other Zip Codes | | East San Jose Zip Codes ¹ | | All other Zip Codes | |
| | N | % | N | % | | N | % | |
| I have never been a smoker/tobacco user. | 198 | 71% | 1,260 | 67% | 853 | 69% | 1,912 | 69% |
| I am a former smoker/tobacco user. | 43 | 16% | 382 | 20% | 196 | 16% | 457 | 17% |
| I use only smokeless tobacco. | 2 | 1% | 4 | 0% | 2 | 0% | 13 | 0% |
| I smoke/use tobacco including hookah cigars or pipes occasionally. | 27 | 10% | 173 | 9% | 141 | 11% | 237 | 9% |
| I smoke/use tobacco including hookah cigars or pipes daily. | 7 | 3% | 68 | 4% | 46 | 4% | 140 | 5% |
| Total | 277 | 100% | 1,887 | 100% | 1,238 | 100% | 2,759 | 100% |

FHDA Smoking Policy Survey Results by East San Jose, Fall 2011

7. Within the last 30 days, on how many days did you use:

Cigarettes

| Response | Foothill | | | | De Anza | | | |
|-----------------------------------|--|-------------|---------------------------|-------------|--|-------------|---------------------------|-------------|
| | East San Jose Zip Codes ¹ | | All other Zip Codes | | East San Jose Zip Codes ¹ | | All other Zip Codes | |
| | N | % | N | % | | N | % | |
| Never used | 203 | 73% | 1,370 | 73% | 912 | 74% | 2,057 | 75% |
| Have used but not in last 30 days | 52 | 19% | 316 | 17% | 190 | 15% | 380 | 14% |
| 1-2 days | 7 | 3% | 45 | 2% | 35 | 3% | 67 | 2% |
| 3-5 days | 3 | 1% | 23 | 1% | 12 | 1% | 31 | 1% |
| 6-9 days | 1 | 0% | 14 | 1% | 10 | 1% | 20 | 1% |
| 10-19 days | 3 | 1% | 21 | 1% | 14 | 1% | 33 | 1% |
| 20-29 days | 1 | 0% | 20 | 1% | 14 | 1% | 36 | 1% |
| All 30 days | 7 | 3% | 58 | 3% | 40 | 3% | 113 | 4% |
| Total | 277 | 100% | 1,867 | 100% | 1,227 | 100% | 2,737 | 100% |

Cigars

| Response | Foothill | | | | De Anza | | | |
|-----------------------------------|--|-------------|---------------------------|-------------|--|-------------|---------------------------|-------------|
| | East San Jose Zip Codes ¹ | | All other Zip Codes | | East San Jose Zip Codes ¹ | | All other Zip Codes | |
| | N | % | N | % | | N | % | |
| Never used | 230 | 85% | 1,556 | 85% | 1,045 | 88% | 2,327 | 87% |
| Have used but not in last 30 days | 36 | 13% | 236 | 13% | 129 | 11% | 285 | 11% |
| 1-2 days | 3 | 1% | 15 | 1% | 13 | 1% | 38 | 1% |
| 3-5 days | 0 | 0% | 4 | 0% | 3 | 0% | 3 | 0% |
| 6-9 days | 1 | 0% | 4 | 0% | 1 | 0% | 4 | 0% |
| 10-19 days | 0 | 0% | 2 | 0% | 1 | 0% | 2 | 0% |
| 20-29 days | 0 | 0% | 1 | 0% | 1 | 0% | 2 | 0% |
| All 30 days | 0 | 0% | 2 | 0% | 1 | 0% | 8 | 0% |
| Total | 270 | 100% | 1,820 | 100% | 1,194 | 100% | 2,669 | 100% |

FHDA Smoking Policy Survey Results by East San Jose, Fall 2011

Smokeless Tobacco

| Response | Foothill | | | | De Anza | | | |
|-----------------------------------|--|-------------|---------------------------|-------------|--|-------------|---------------------------|-------------|
| | East San Jose Zip Codes ¹ | | All other Zip Codes | | East San Jose Zip Codes ¹ | | All other Zip Codes | |
| | N | % | N | % | N | % | N | % |
| Never used | 254 | 93% | 1,704 | 94% | 1,136 | 95% | 2,525 | 95% |
| Have used but not in last 30 days | 17 | 6% | 101 | 6% | 56 | 5% | 120 | 4% |
| 1-2 days | 0 | 0% | 10 | 1% | 3 | 0% | 6 | 0% |
| 3-5 days | 0 | 0% | 2 | 0% | 0 | 0% | 5 | 0% |
| 6-9 days | 0 | 0% | 1 | 0% | 0 | 0% | 2 | 0% |
| 10-19 days | 0 | 0% | 2 | 0% | 3 | 0% | 1 | 0% |
| 20-29 days | 0 | 0% | 1 | 0% | 2 | 0% | 4 | 0% |
| All 30 days | 1 | 0% | 1 | 0% | 0 | 0% | 7 | 0% |
| Total | 272 | 100% | 1,822 | 100% | 1,200 | 100% | 2,670 | 100% |

Hookah

| Response | Foothill | | | | De Anza | | | |
|-----------------------------------|--|-------------|---------------------------|-------------|--|-------------|---------------------------|-------------|
| | East San Jose Zip Codes ¹ | | All other Zip Codes | | East San Jose Zip Codes ¹ | | All other Zip Codes | |
| | N | % | N | % | N | % | N | % |
| Never used | 203 | 75% | 1,438 | 79% | 916 | 76% | 2,145 | 80% |
| Have used but not in last 30 days | 56 | 21% | 330 | 18% | 238 | 20% | 432 | 16% |
| 1-2 days | 8 | 3% | 38 | 2% | 35 | 3% | 59 | 2% |
| 3-5 days | 2 | 1% | 10 | 1% | 6 | 0% | 22 | 1% |
| 6-9 days | 0 | 0% | 2 | 0% | 7 | 1% | 11 | 0% |
| 10-19 days | 1 | 0% | 3 | 0% | 8 | 1% | 2 | 0% |
| 20-29 days | 0 | 0% | 2 | 0% | 1 | 0% | 2 | 0% |
| All 30 days | 0 | 0% | 1 | 0% | 1 | 0% | 1 | 0% |
| Total | 270 | 100% | 1,824 | 100% | 1,212 | 100% | 2,674 | 100% |

FHDA Smoking Policy Survey Results by East San Jose, Fall 2011

Electronic Cigarettes

| Response | Foothill | | | | De Anza | | | |
|-----------------------------------|--|-------------|---------------------------|-------------|--|-------------|---------------------------|-------------|
| | East San Jose Zip Codes ¹ | | All other Zip Codes | | East San Jose Zip Codes ¹ | | All other Zip Codes | |
| | N | % | N | % | N | % | N | % |
| Never used | 252 | 93% | 1,694 | 93% | 1,133 | 95% | 2,526 | 95% |
| Have used but not in last 30 days | 17 | 6% | 106 | 6% | 60 | 5% | 129 | 5% |
| 1-2 days | 2 | 1% | 7 | 0% | 4 | 0% | 7 | 0% |
| 3-5 days | 0 | 0% | 3 | 0% | 0 | 0% | 2 | 0% |
| 6-9 days | 0 | 0% | 1 | 0% | 1 | 0% | 3 | 0% |
| 10-19 days | 0 | 0% | 2 | 0% | 0 | 0% | 1 | 0% |
| 20-29 days | 0 | 0% | 0 | 0% | 0 | 0% | 1 | 0% |
| All 30 days | 0 | 0% | 3 | 0% | 0 | 0% | 2 | 0% |
| Total | 271 | 100% | 1,816 | 100% | 1,198 | 100% | 2,671 | 100% |

Pipes

| Response | Foothill | | | | De Anza | | | |
|-----------------------------------|--|-------------|---------------------------|-------------|--|-------------|---------------------------|-------------|
| | East San Jose Zip Codes ¹ | | All other Zip Codes | | East San Jose Zip Codes ¹ | | All other Zip Codes | |
| | N | % | N | % | N | % | N | % |
| Never used | 243 | 89% | 1,628 | 90% | 1,100 | 92% | 2,438 | 92% |
| Have used but not in last 30 days | 22 | 8% | 151 | 8% | 80 | 7% | 177 | 7% |
| 1-2 days | 5 | 2% | 9 | 0% | 10 | 1% | 12 | 0% |
| 3-5 days | 0 | 0% | 5 | 0% | 1 | 0% | 10 | 0% |
| 6-9 days | 1 | 0% | 4 | 0% | 3 | 0% | 6 | 0% |
| 10-19 days | 0 | 0% | 6 | 0% | 4 | 0% | 8 | 0% |
| 20-29 days | 1 | 0% | 3 | 0% | 1 | 0% | 5 | 0% |
| All 30 days | 0 | 0% | 3 | 0% | 1 | 0% | 8 | 0% |
| Total | 272 | 100% | 1,809 | 100% | 1,200 | 100% | 2,664 | 100% |

FHDA Smoking Policy Survey Results by East San Jose, Fall 2011

8. Do you know that Health Services at Foothill College and De Anza College currently have a tobacco cessation program, which provides free nicotine replacement patches and nicotine gum along with one-on-one counseling?

| Response | Foothill | | | | De Anza | | | |
|--------------|--------------------------------------|-------------|---------------------|-------------|--------------------------------------|-------------|---------------------|-------------|
| | East San Jose Zip Codes ¹ | | All other Zip Codes | | East San Jose Zip Codes ¹ | | All other Zip Codes | |
| | N | % | N | % | N | % | N | % |
| Yes | 104 | 38% | 703 | 37% | 330 | 27% | 800 | 29% |
| No | 172 | 62% | 1,172 | 63% | 902 | 73% | 1,951 | 71% |
| Total | 276 | 100% | 1,875 | 100% | 1,232 | 100% | 2,751 | 100% |

9. How often do you encounter second-hand smoke on campus?

| Response | Foothill | | | | De Anza | | | |
|-------------------------|--------------------------------------|-------------|---------------------|-------------|--------------------------------------|-------------|---------------------|-------------|
| | East San Jose Zip Codes ¹ | | All other Zip Codes | | East San Jose Zip Codes ¹ | | All other Zip Codes | |
| | N | % | N | % | N | % | N | % |
| Never | 37 | 13% | 331 | 18% | 85 | 7% | 222 | 8% |
| Rarely | 61 | 22% | 510 | 27% | 184 | 15% | 450 | 16% |
| Occasionally | 102 | 37% | 610 | 32% | 420 | 34% | 887 | 32% |
| 1-2 times daily | 50 | 18% | 279 | 15% | 292 | 24% | 603 | 22% |
| 3-4 times daily | 20 | 7% | 112 | 6% | 132 | 11% | 367 | 13% |
| More than 5 times daily | 6 | 2% | 42 | 2% | 123 | 10% | 233 | 8% |
| Total | 276 | 100% | 1,884 | 100% | 1,236 | 100% | 2,762 | 100% |

10. Where do you encounter second-hand smoke on campus?

| Response | Foothill | | | | De Anza | | | |
|--------------------------|--------------------------------------|-------------|---------------------|-------------|--------------------------------------|-------------|---------------------|-------------|
| | East San Jose Zip Codes ¹ | | All other Zip Codes | | East San Jose Zip Codes ¹ | | All other Zip Codes | |
| | N | % | N | % | N | % | N | % |
| Not at all | 43 | 16% | 353 | 19% | 86 | 7% | 220 | 8% |
| Student parking lots | 38 | 14% | 250 | 13% | 167 | 13% | 332 | 12% |
| Entrances to campus | 58 | 21% | 315 | 17% | 276 | 22% | 544 | 20% |
| Along paths and walkways | 54 | 20% | 360 | 19% | 288 | 23% | 645 | 23% |
| Adjacent to buildings | 73 | 26% | 526 | 28% | 396 | 32% | 951 | 35% |
| Other | 10 | 4% | 66 | 4% | 25 | 2% | 60 | 2% |
| Total | 276 | 100% | 1,870 | 100% | 1,238 | 100% | 2,752 | 100% |

FHDA Smoking Policy Survey Results by East San Jose, Fall 2011

11. How does second-hand smoke affect you?

| Response | Foothill | | | | De Anza | | | |
|-------------------------------------|--|-------------|---------------------------|-------------|--|-------------|---------------------------|-------------|
| | East San Jose Zip Codes ¹ | | All other Zip Codes | | East San Jose Zip Codes ¹ | | All other Zip Codes | |
| | N | % | N | % | | N | % | |
| I have asthma or other lung disease | 23 | 8% | 192 | 10% | 131 | 11% | 267 | 10% |
| I am allergic to smoke | 11 | 4% | 140 | 7% | 82 | 7% | 191 | 7% |
| Smoke irritates my eyes or nose | 198 | 72% | 1,151 | 61% | 752 | 61% | 1,726 | 63% |
| Smoke does not bother me | 43 | 16% | 396 | 21% | 266 | 22% | 577 | 21% |
| Total | 275 | 100% | 1,879 | 100% | 1,231 | 100% | 2,761 | 100% |

12. Do you know that the Foothill-De Anza smoke-free campus policy states that smoking is only allowed in designated areas?

| Response | Foothill | | | | De Anza | | | |
|--------------|--|-------------|---------------------------|-------------|--|-------------|---------------------------|-------------|
| | East San Jose Zip Codes ¹ | | All other Zip Codes | | East San Jose Zip Codes ¹ | | All other Zip Codes | |
| | N | % | N | % | | N | % | |
| Yes | 232 | 84% | 1,541 | 82% | 1,125 | 91% | 2,423 | 88% |
| No | 43 | 16% | 334 | 18% | 105 | 9% | 321 | 12% |
| Total | 275 | 100% | 1,875 | 100% | 1,230 | 100% | 2,744 | 100% |

13. In your opinion, does a smoke-free campus policy reduce smoking on campus?

| Response | Foothill | | | | De Anza | | | |
|--------------|--|-------------|---------------------------|-------------|--|-------------|---------------------------|-------------|
| | East San Jose Zip Codes ¹ | | All other Zip Codes | | East San Jose Zip Codes ¹ | | All other Zip Codes | |
| | N | % | N | % | | N | % | |
| Yes | 182 | 66% | 1,265 | 67% | 712 | 58% | 1,626 | 59% |
| No | 65 | 24% | 437 | 23% | 413 | 34% | 879 | 32% |
| No opinion | 29 | 11% | 185 | 10% | 106 | 9% | 247 | 9% |
| Total | 276 | 100% | 1,887 | 100% | 1,231 | 100% | 2,752 | 100% |

FHDA Smoking Policy Survey Results by East San Jose, Fall 2011

14. Do you think the smoke-free campus policy is well enforced?

| Response | Foothill | | | | De Anza | | | |
|---------------------|--------------------------------------|-------------|---------------------|-------------|--------------------------------------|-------------|---------------------|-------------|
| | East San Jose Zip Codes ¹ | | All other Zip Codes | | East San Jose Zip Codes ¹ | | All other Zip Codes | |
| | N | % | N | % | | N | % | |
| Not enforced at all | 62 | 23% | 449 | 25% | 372 | 30% | 872 | 32% |
| Somewhat enforced | 141 | 52% | 814 | 45% | 624 | 51% | 1,289 | 47% |
| Well enforced | 48 | 18% | 389 | 21% | 165 | 13% | 396 | 15% |
| Very well enforced | 15 | 6% | 120 | 7% | 56 | 5% | 112 | 4% |
| Enforced completely | 6 | 2% | 41 | 2% | 13 | 1% | 58 | 2% |
| Total | 272 | 100% | 1,813 | 100% | 1,230 | 100% | 2,727 | 100% |

15. Does the campus need better or clearer signs to assist smokers in knowing which parking lots are allowed to smoke?

| Response | Foothill | | | | De Anza | | | |
|--------------|--------------------------------------|-------------|---------------------|-------------|--------------------------------------|-------------|---------------------|-------------|
| | East San Jose Zip Codes ¹ | | All other Zip Codes | | East San Jose Zip Codes ¹ | | All other Zip Codes | |
| | N | % | N | % | | N | % | |
| Yes | 185 | 67% | 1,149 | 61% | 863 | 70% | 1,764 | 64% |
| No | 47 | 17% | 332 | 18% | 236 | 19% | 603 | 22% |
| No opinion | 45 | 16% | 392 | 21% | 135 | 11% | 384 | 14% |
| Total | 277 | 100% | 1,873 | 100% | 1,234 | 100% | 2,751 | 100% |

16. Would strict enforcement of smoking policy that included citations with fines lead you to reduce your smoking while on campus?

| Response | Foothill | | | | De Anza | | | |
|-------------------------------|--------------------------------------|-------------|---------------------|-------------|--------------------------------------|-------------|---------------------|-------------|
| | East San Jose Zip Codes ¹ | | All other Zip Codes | | East San Jose Zip Codes ¹ | | All other Zip Codes | |
| | N | % | N | % | | N | % | |
| I am not a smoker | 252 | 91% | 1,688 | 90% | 1,092 | 88% | 2,397 | 87% |
| No, I will continue to smoke | 8 | 3% | 81 | 4% | 50 | 4% | 167 | 6% |
| Maybe I might try to cut back | 3 | 1% | 32 | 2% | 26 | 2% | 62 | 2% |
| Yes I would likely smoke less | 14 | 5% | 78 | 4% | 69 | 6% | 128 | 5% |
| Total | 277 | 100% | 1,879 | 100% | 1,237 | 100% | 2,754 | 100% |

FHDA Smoking Policy Survey Results by East San Jose, Fall 2011

17. How would strict enforcement of smoking policy that included citations with fines affect your experience on campus?

| Response | Foothill | | | | De Anza | | | |
|---|--------------------------------------|-------------|---------------------|-------------|--------------------------------------|-------------|---------------------|-------------|
| | East San Jose Zip Codes ¹ | | All other Zip Codes | | East San Jose Zip Codes ¹ | | All other Zip Codes | |
| | N | % | N | % | N | % | N | % |
| It would have little or no effect | 93 | 34% | 718 | 38% | 407 | 33% | 848 | 31% |
| It would have a positive effect | 165 | 60% | 1,004 | 54% | 726 | 59% | 1,623 | 59% |
| It would have a negative effect | 14 | 5% | 103 | 6% | 73 | 6% | 190 | 7% |
| I would consider studying at another campus | 5 | 2% | 41 | 2% | 27 | 2% | 78 | 3% |
| Total | 277 | 100% | 1,866 | 100% | 1,233 | 100% | 2,739 | 100% |

18. Would a 100% smoke-free environment (no smoking on campus or parking lots) improve your learning/working environment?

| Response | Foothill | | | | De Anza | | | |
|--------------|--------------------------------------|-------------|---------------------|-------------|--------------------------------------|-------------|---------------------|-------------|
| | East San Jose Zip Codes ¹ | | All other Zip Codes | | East San Jose Zip Codes ¹ | | All other Zip Codes | |
| | N | % | N | % | N | % | N | % |
| Yes | 156 | 56% | 1,023 | 54% | 647 | 53% | 1,534 | 56% |
| No | 64 | 23% | 460 | 24% | 298 | 24% | 687 | 25% |
| No opinion | 57 | 21% | 401 | 21% | 287 | 23% | 537 | 19% |
| Total | 277 | 100% | 1,884 | 100% | 1,232 | 100% | 2,758 | 100% |

FHDA Smoking Policy Survey Results by East San Jose, Fall 2011

19. Do you want the campus to be 100% smoke-free (no smoking on campus or parking lots)?

| Response | Foothill | | | | De Anza | | | |
|--------------|--|-------------|---------------------------|-------------|--|-------------|---------------------------|-------------|
| | East San Jose Zip Codes ¹ | | All other Zip Codes | | East San Jose Zip Codes ¹ | | All other Zip Codes | |
| | N | % | N | % | N | % | N | % |
| Yes | 178 | 65% | 1,096 | 58% | 714 | 58% | 1,600 | 58% |
| No | 45 | 16% | 468 | 25% | 285 | 23% | 722 | 26% |
| No opinion | 52 | 19% | 317 | 17% | 235 | 19% | 435 | 16% |
| Total | 275 | 100% | 1,881 | 100% | 1,234 | 100% | 2,757 | 100% |

¹ East San Jose Zip Codes includes the following Zip Codes:

95110, 95111, 95112, 95113, 95116, 95118, 95119, 95120, 95121, 95122, 95123, 95124, 95125, 95126, 95127, 95131, 95132, 95133, 95135, 95136, 95138, 95139, 95140, 95141, 95148, 95192.

Foothill-De Anza Community College District

Smoking Policy Survey

This survey will be used for research purposes only.

All information will be held confidential.

You may choose not to answer any of the questions.

Thank you for participating in the FHDA Smoking Survey

1. Please indicate the main campus you currently attend/work for:

- De Anza College (student)
- De Anza College (staff)
- Foothill College (student)
- Foothill College (staff)
- Central Services

2. What is your primary role on this campus?

- Student
- Classified Employee/Supervisor
- Faculty
- Administrator

3. On average, how many hours per week do you spend on this campus?

- None-I only take/teach on-line courses.
- 1- 5 hours
- 6-10 hours
- 11-15 hours
- 16-20 hours
- 21 or more

4. What is your age?

- 17 or younger
- 18-24
- 25-32
- 33 or older

5. What is your gender?

- Male
- Female
- Decline to state

6. Regarding tobacco use, which of the following best describes you?

- I have never been a smoker/tobacco user.
- I am a former smoker/tobacco user.
- I use only smokeless tobacco.
- I smoke/use tobacco including hookah, cigars, or pipes occasionally.
- I smoke/use tobacco including hookah, cigars, or pipes daily.

7. Within the last 30 days, on how many days did you use:

| | Never used | Have used, but not in last 30 days | 1-2 days | 3-5 days | 6-9 days | 10-19 days | 20-29 days | All 30 days |
|-----------------------|-----------------------|------------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| Cigarettes | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Cigars | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Smokeless Tobacco | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Hookah | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Electronic Cigarettes | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Pipes | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

8. Do you know that Health Services at Foothill College and De Anza College currently have a tobacco cessation program, which provides free nicotine replacement patches and nicotine gum along with one-on-one counseling?

- Yes
- No

9. How often do you encounter second-hand smoke on campus?

- Never
- Rarely
- Occasionally
- 1-2 times daily
- 3-4 times daily
- More than 5 times daily

10. Where do you encounter second-hand smoke on campus?

Check all that apply.

- Not at all
- Student parking lots
- Entrances to campus
- Along paths and walkways
- Adjacent to buildings
- Other

11. How does second-hand smoke affect you?

- I have asthma or other lung disease
- I am allergic to smoke
- Smoke just bothers me
- Smoke does not bother me

12. Do you know that the Foothill-De Anza smoke-free campus policy states that smoking is only allowed in designated areas?

- Yes
- No

13. In your opinion, does a smoke-free campus policy reduce smoking on campus?

- Yes
- No
- No opinion

14. Do you think the smoke-free campus policy is well enforced?

- Not enforced at all
- Somewhat enforced
- Well enforced
- Very well enforced
- Enforced completely

15. Does the campus need better or clearer signs to assist smokers in knowing which parking lots are allowed to smoke?

- Yes
- No
- No opinion

[Beginning in January 2012, AB795 will allow California Community Colleges to issue citations with fines for infractions of District Smoking Policies.](#)

16. Would strict enforcement of smoking policy that included citations with fines lead you to reduce your smoking while on campus?

- I am not a smoker
- No, I will continue to smoke
- Maybe, I might try to cut back
- Yes, I would likely smoke less

17. How would strict enforcement of smoking policy that included citations with fines affect your experience on campus?

- It would have little or no effect
- It would have a positive effect
- It would have a negative effect
- I would consider studying at another campus

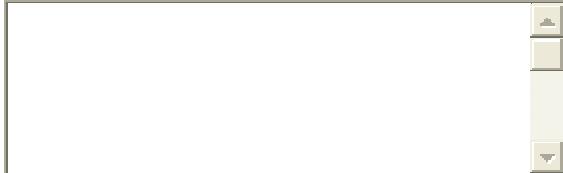
18. Would a 100% smoke-free environment (no smoking on campus or designated smoking areas) improve your learning/working environment?

- Yes
- No
- No opinion

19. Do you want the campus to be 100% smoke-free (no smoking on campus or designated smoking areas)?

- Yes
- No
- No opinion

20. How do you feel about second hand smoke and/or smoking issues on campus?



If you would like to enter into the drawing for a free gift please enter your name, email, telephone number, and zip code here:

First name:

Last name:

Email Address:

Phone Number:
(###-###-####)

Zip Code: