Foothill College NextUp - Fall 2025 Calendar

Fall 2025 Commitments

- Meet with the NextUp Student Success Specialist 2 times a month
- Meet with an EOPS Counselor 2 times a quarter
- Submit your Progress Report
- Complete an MRC Check-In (if you are in NextUp and EOPS)

NextUp Staff Contact Information



Melvishia Gaines - Student Success Specialist



(650) 949-7227



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Michelle Tham - Administrative Assistant



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NextUp Events



Facing Fear Workshop



Wednesday, October 29



1:00 - 2:30 p.m.

Explore how to face our fears with a plant crafting activity

Friendsgiving



Wednesday, November 19

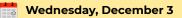


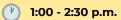
(V) 6:00 - 8:00 p.m.

Build a gratitude tree and enjoy food & games with the NextUp, CARE, and EOPS community



Stress Less Workshop





Learn how to manage stress during the holidays









November 2025 (1) 💢









1	Monday	Tuesday	Wednesday	Thursday	Friday			
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<u>Scheduling 2 Counseling Appointments for Fall Quarter is required</u>

Counseling Appointments fill up fast! To schedule a counseling appointment, please ask the EOPS Front Desk, NextUp Staff, or the EOPS Student Connect Virtual Front Desk at https://foothill.edu/eops/

PRIORITY **REGISTRATION for** WINTER '26

VETERANS DAY (CAMPUS CLOSED) 12

19

26

13

20

Last day to drop with a "W"

21

17

24

18

25

Friendsgiving (6-8p.m.)

THANKSGIVING HOLIDAY RECESS

(CAMPUS CLOSED)

THANKSGIVING HOLIDAY RECESS (CAMPUS CLOSED)

Remember to check if you are in good standing with the NextUp Program

Check with the NextUp Student Success Specialist that you have met the **NextUp Commitments for Fall Quarter**

Wecember 2025

*	Monday	Tuesday	Wednesday	Thursday	Friday	
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	8	9	10	11	12	
Ľ.		Last day to request pass/no pass grade				
**************************************	START OF WINTER RECESS	16	17	18	19 **	
Ř.	22	23	CAMPUS CLOSED FOR HOLIDAYS	25 CAMPUS CLOSED FOR HOLIDAYS	26 CAMPUS CLOSED FOR HOLIDAYS	
)))(30	31	Jan. 1	Jan. 2	40.44
	CAMPUS CLOSED FOR HOLIDAYS	CAMPUS CLOSED FOR HOLIDAYS	CAMPUS CLOSED FOR HOLIDAYS	CAMPUS CLOSED FOR HOLIDAYS	LAST DAY OF WINTER RECESS	***