

# 5 Tips To Reduce Your Carbon Footprint





#### Bike or Walk

Biking or walking instead of driving cars for at least 1/2 of all the short trips we take could save \* \$900 million dollars in driving costs per year \* 2 million metric tons of CO2 per year





#### Less Meat, More Veggies

Studies find that with smart substitution of meat-based products it's possible to reduce food-related CO2 emissions by up to 19% while maintaining a healthy diet!





### Reduce, Reuse, Recycle

Allow products to be used to their fullest extent & reduce the amount of waste that will need to be recycled or sent to landfills and incinerators. Reuse by donating your stuff! Purchase new products made from recycled

materials!



#### Save Energy

Energy conservation is important and beneficial for many reasons. You can save money, increase your property value, and protect the environment all through simple energy-saving measures:

Turn off your lights / Close your windows / Unplug all eletronics / Turn your heat and AC to the lowest level / Clean filters in heating&cooling equipments / turn off all taps fully ...



## Shop Locally

Up to 83% of CO2 emissions come from food production, which mainly consist of growing and storing food.

You can reduce the carbon footprint of your food by up to 7% by eating locally.

Source: www.epa.gov