

The  
Steve  
Fund

Promoting the mental health  
and emotional well-being of  
students of color.



**Monday, January 27th, 2025**

**Time: 9:00–10:30 AM**

Join Us:

- In Person: The BIPOC Center, 2149  
(Light refreshments will be served)  
or Via Zoom.

The event is presented by Foothill's Mental  
Health and Equity Committee in  
collaboration with the Steve Fund.

## Promoting the Mental Health of Students of Color: Considerations and Strategies for the Classroom and Beyond

Promoting an academic environment that is supportive of students' mental health can alleviate stress and reframe how we define student success. There are academic and classroom stressors that are particularly salient among students of color who may experience daily microaggressions, harassment, and racial discrimination. Participants will gain a deeper understanding of the unique experiences of undergraduate and graduate students of color in the classroom, taking into account disciplinary cultures and the broader campus climate. This seminar will also offer practical guidance for how instructors can promote well-being in campus learning environments and support the mental health of students of color.

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